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## LONG-RANGE TEMPORAL CORRELATIONS IN THE AMPLITUDE OF ALPHA OSCILLATIONS PREDICT AND REFLECT STRENGTH OF INTRACORTICAL FACILITATION: COMBINED TMS AND EEG STUDY

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non-regular stimuli might have considerable long-lasting effects on the cortical activity. © 2016 Published by Elsevier Ltd on behalf of IBRO.

**Key words:** EEG, TMS, variability, neuronal oscillations, neuronal dynamics, motor cortex.

**Abstract**—While variability of the motor responses to transcranial magnetic stimulation (TMS) is widely acknowledged, little is known about its central origin. One plausible explanation for such variability may relate to different neuronal states defining the reactivity of the cortex to TMS. In this study intrinsic spatio-temporal neuronal dynamics were estimated with Long-Range Temporal Correlations (LRTC) in order to predict the inter-individual differences in the strength of intra-cortical facilitation (ICF) and short-interval intracortical inhibition (SICI) produced by paired-pulse TMS (ppTMS) of the left primary motor cortex. LRTC in the alpha frequency range were assessed from multichannel electroencephalography (EEG) obtained at rest before and after the application of ppTMS protocols. For the EEG session, preceding TMS application, we showed a positive correlation across subjects between the strength of ICF and LRTC in the fronto-central and parietal areas. This in turn attests to the existence of subject-specific neuronal phenotypes defining the reactivity of the brain to ppTMS. In addition, we also showed that ICF was associated with the changes in neuronal dynamics in the EEG session after the application of the stimulation. This result provides a complementary evidence for the recent findings demonstrating that the cortical stimulation with sparse

### INTRODUCTION

A high variability of motor-evoked potentials (MEPs) to transcranial magnetic stimulation (TMS) is a widely recognized phenomenon and it is a subject of extensive research (Kiers et al., 1993; Ellaway et al., 1998; Livingston and Ingersoll, 2008; Rösler et al., 2008). One of the most likely explanations for this variability relates to changes in cortical excitability (Sauseng et al., 2009; Takemi et al., 2013; Keil et al., 2014; Kundu et al., 2014). A combination of TMS and electroencephalography (EEG) (Ilmoniemi et al., 1997; Nikulin et al., 2003; Lioumis et al., 2009) represents a particularly attractive approach for studying excitability since it directly relates cortical activity to motor responses. A quantification of the cortical activity on the basis of alpha oscillations (8–13 Hz) has a number of advantages given their presence in many individuals, susceptibility to experimental manipulations and high signal-to-noise ratio (SNR) (Palva et al., 2005; Palva and Palva, 2007; Klimesch, 2012; Frey et al., 2015). In line with these observations, previous TMS–EEG studies have shown that changes in cortical neuronal oscillations are indicative of the changes in cortical excitability reflected in MEPs (Sauseng et al., 2009; Takemi et al., 2013; Keil et al., 2014; Kundu et al., 2014) or in phosphenes (Romei et al., 2009; Dugué et al., 2011).

While abovementioned studies primarily used single-pulse TMS (spTMS) paradigms, in order to further elucidate the origin of TMS-responses variability across participants, we focused on the association of alpha oscillations at rest with the effects of paired-pulse TMS (ppTMS) phenomena including short-interval intracortical inhibition (SICI) and intra-cortical facilitation (ICF). We used relatively long time intervals of EEG recordings (~10 min) at rest, which allowed a quantification of subject-specific neuronal dynamics. The interest in the inter-individual analysis stems from the neuro-genetic studies showing high heritability of the amplitude of

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**Abbreviations:** APB, abductor pollicis brevis; DFA, detrended fluctuation analysis; EEG, electroencephalography; ICC, Intra-Class Correlation; ICF, intra-cortical facilitation; ISI, inter-stimulus-interval; LRTC, Long-Range Temporal Correlations; MEPs, motor-evoked potentials; ppTMS, paired-pulse TMS; RMT, resting motor threshold; SICI, short-interval intracortical inhibition; SNR, signal-to-noise ratio; spTMS, single-pulse TMS; TMS, transcranial magnetic stimulation.

alpha oscillations (van Beijsterveldt and van Baal, 2002; Smit et al., 2006). Such heritability should also be manifested in high test–retest reproducibility of alpha oscillations' amplitude as has been shown previously (Gasser et al., 1985; Salinsky et al., 1991; Nikulin and Brismar, 2004). Interestingly, ppTMS phenomena are also subject-specific and demonstrate significant test–retest reliability, especially for SICI (Orth et al., 2003; Fleming et al., 2012; Hermesen et al., 2016). Moreover, ICF and SICI are known to depend on the ongoing status of the cortical excitability as demonstrated in pharmacological (Jung et al., 2004; Ziemann et al., 2015) and movement-related (Liepert et al., 1998; Muellbacher et al., 2000; Beck and Hallett, 2010) experiments. Therefore, given that the amplitude of alpha oscillations reflects cortical excitability, we hypothesized that it can also relate to subject-specific strength of ICF or SICI phenomena.

In addition to the commonly investigated amplitude of neuronal oscillations, we were particularly interested in the predictive value of their temporal dynamics for the effects of ppTMS. The dynamics of alpha oscillations were studied here with LRTC, which describe the decay of autocorrelation function (Kantelhardt et al., 2001; Blythe et al., 2014) and thus show how the neuronal activation at a given point in time depends on the history of the preceding neuronal events. Previous EEG/MEG research in humans has shown that LRTC are present in the amplitude dynamics of many neuronal oscillations including theta, alpha and beta frequency bands and may extend for tens of seconds (Linkenkaer-Hansen et al., 2001, 2004, 2007; Nikulin and Brismar, 2005; Montez et al., 2009; Palva et al., 2013; Smit et al., 2013). Moreover, the ubiquity of LRTC is also manifested through their presence in both cortical and subcortical structures (Hohlefeld et al., 2012).

Given the results presented above, we investigated the association of alpha oscillations with the strength of ICF and SICI and formulated the following two hypotheses. (1) Resting-state alpha oscillations before TMS sessions can predict the strength of ICF and SICI phenomena. (2) Prolonged TMS sessions with ppTMS protocols can affect the generation of alpha oscillations for a time period extending beyond the termination of stimulation. This second hypothesis was motivated by the fact that during the last few years long-lasting effect of the prolonged sessions with spTMS were reported (Julkunen et al., 2012; Pellicciari et al., 2015). Consequently we conjectured that by combining multichannel EEG with a novel sensitive method for the assessment of temporal neuronal dynamics (LRTC) we may detect changes in the neuronal activation due to ppTMS.

## EXPERIMENTAL PROCEDURES

### Participants

Seventeen healthy volunteers, 19–34 years of age (mean age  $24.2 \pm 4.4$ , six females) participated in the experiment after giving a written informed consent. All subjects were right-handed according to self-report. Subjects were screened for contraindications to TMS (Rossi et al., 2009) before the consenting process.

Experiments were approved by the local Ethics Committee of the HSE, Moscow.

### Coil positioning and threshold determination

A MagPro X100 (MagVenture) stimulator with MCF-B65 induction coil (75-mm wing radius) was used to produce biphasic TMS pulses. A frameless TMS navigation system (Localite TMS Navigator, Localite GmbH) was used for MRI-guided navigation allowing optimization and recording of the identified “hot spot” and ensuring consistent cortical target through the sequence of stimulations. The individual MR scans (T1 weighted; 1 mm thickness; sagittal orientation; acquisition matrix  $256 \times 256$ ) were obtained with 1.5 T MRI scanner (Siemens Magnetom Avanto). Stimulation targeted the left primary motor cortex – the region of so-called “motor knob” (Yousry et al., 1997) at the motor representation of the right abductor pollicis brevis (APB) muscle. The final stimulation point was determined as the coil position with the strongest MEPs recorded from the APB. The resting motor threshold (RMT) for the given “hot spot” was determined as the minimal stimulator output evoking contralateral APB MEPs of minimum  $50 \mu\text{V}$  in a resting muscle, in five out of 10 given stimuli (Rossini et al., 1999).

### Protocol

After RMT determination, the first recording session was always 10-min rest EEG recording (Pre-TMS). During this and all other sessions, the subjects were sitting comfortably in a chair with elbows flexed at  $\sim 90^\circ$ , prone hands. Participants were instructed to relax, keep eyes open while fixating on a small dot on the wall in front of them. Then three 10-min sessions of TMS of the APB “hotspot” in the left precentral gyrus followed. These sessions included: spTMS, ppTMS with an inter-stimulus-interval (ISI) of 2 ms for SICI and ppTMS with 12 ms ISI for ICF. ppTMS protocols, consisting of two stimuli, delivered sequentially on the same cortical area (Kujirai et al., 1993), are widely used to evaluate inhibitory/facilitatory processes (Bütefisch et al., 2008; Byblow et al., 2012; Lioumis et al., 2012; Du et al., 2014). In these paradigms the first conditioning stimulus (CS) modifies the response to the second test stimulus (TS). The effect of ppTMS depends on the intensity of both stimuli and on their ISI. Thus, ISIs of 1–5 ms lead to inhibitory effect - SICI, which involves GABA-A-ergic neurotransmission (Chen, 2004; Ziemann, 2004; Ziemann et al., 2015). Longer ISIs of 7–20 ms result in facilitatory phenomenon – ICF, which is believed to be distinct from SICI (Di Lazzaro et al., 2006; Rossini et al., 2015) and was shown to be mediated by glutamatergic drugs (Liepert et al., 1997; Ziemann et al., 2015).

The intensity of the spTMS pulses and test stimulus for SICI and ICF was 110% of RMT, the intensity of the conditioning stimulus for ICF and SICI was 90% of RMT. The interval between the consecutive pairs of TMS stimuli varied randomly between 4 and 10 s to prevent habituation (Ferreri et al., 2011). During each 10-min TMS sessions 100–120 trials were applied. Such

design with separate spTMS, SICI and ICF TMS sessions was chosen because it is similar to what is often used for ppTMS investigation in healthy subjects (Ferreri et al., 2011) and patients (Lioumis et al., 2012; Mäkelä et al., 2015). After these three TMS sessions a second 10-min rest EEG session (Post-TMS) was recorded. Between all sessions there were 2–5 min breaks allowing subjects to relax.

### EEG and EMG acquisition

The EEG/EMG data were recorded with BrainAmp amplifiers and BrainVision Recorder software (Brain Products GmbH, Munich, Germany). During the data acquisition the signals were band-pass filtered between 0.016 and 1000 Hz and digitized at a rate of 5000 Hz. For the EEG recordings we used 91-channel EEG cap (Ag/AgCl electrodes, EasyCap GmbH, Herrsching, Germany). During the acquisition, EEG electrodes were referenced to the nasion, and the ground electrode was placed on the left cheekbone. Three electrooculographic (EOG) electrodes were placed above the nasion and below the outer canthi of the eyes (Schlögl et al., 2007).

MEPs during the three TMS protocols (SP, SICI, ICF) were obtained from the right APB using surface bipolar EMG, with Ag-AgCl electrodes in a belly–tendon montage.

### Data analysis

**MEP.** For the offline processing, EMG signals were high-pass filtered at 10 Hz and additional notch filter was applied for the removal of 50-Hz power-line noise. Bad epochs, contaminated by the background EMG activity or electromechanical artifacts were removed (approximately 5%). We measured peak-to-peak amplitude of MEPs in the period of 20–50 ms after the TMS stimulus for three conditions (SP, SICI, ICF). The average amplitude across all epochs for a given subject and condition were used for the following statistical analysis. MEPs in SICI and ICF conditions were normalized by the MEPs in SP condition, thus providing a ratio between MEPs describing the strength of ppTMS. A statistical comparison for MEPs was performed with the *t*-tests.

**EEG.** EEG signals from the two resting sessions (before and after the application of TMS protocols) were band-pass filtered between 1 and 45 Hz (4th-order Butterworth filters (roll-off 80 dB/decade), and downsampled to 100-Hz sampling frequency. Visual inspection was performed in order to reject noisy channels (on average five channels were removed in each subject). Blink artifacts were removed with Fast ICA (Hyvarinen, 1999). The EEG data was re-referenced to a common average electrode.

### Amplitude envelopes and detrended fluctuation analysis (DFA)

We used LRTC in order to quantify neuronal dynamics in the amplitude of alpha oscillations. Temporal correlation

can be expressed in terms of the attenuation of autocorrelation function (Peng et al., 1995; Kantelhardt et al., 2001). While short-range temporal correlations are characterized by an exponential decay, LRTC follow a power law attenuation (Gisiger, 2001; Kantelhardt et al., 2001; Kello et al., 2010), implying that very remote parts of a process relate to the upcoming ones. In this study, we measure LRTC in the amplitude envelope of neuronal oscillations extracted around the individually determined peak frequency of alpha rhythm  $\pm 2$  Hz. The peak frequency of the alpha oscillations was determined from a spectrum obtained through the averaging of spectra from all channels in a given subject. We specifically focused rather on alpha oscillations because: (1) they are known to reflect cortical excitability (Romei et al., 2008; Sauseng et al., 2009) and (2) they have high SNR thus making it less likely that the oscillations can be contaminated by scalp, neck and shoulder EMG. The amplitude of oscillations (obtained with Butterworth filter, 4th order) was extracted using analytic signal approach based on the Hilbert transform. For each subject, channel and rest session, we calculated corresponding mean amplitude envelope and LRTC scaling exponent.

In order to quantify LRTC, we use DFA (Peng et al., 1995; Kantelhardt et al., 2001). Note that LRTC refer to the correlation between different time points in EEG activity, not across different spatial locations.

Let  $a(t)$  be an instantaneous amplitude of oscillations extracted with the Hilbert transform for a given EEG channel and subject at time  $t$ . Next we calculate a cumulative sum of the signal:

$$Y(t) = \sum_{t=1}^N a(t)$$

The integrated signal  $Y(t)$ , was then divided into non-overlapping windows of size  $\tau$  with the window length varying from 5 to 50 s distributed equidistantly on a logarithmic scale. Altogether there were 30 window sizes in this time range. For each window size  $\tau$ , the least-squares fitted line was computed and the ordinate of this line is denoted  $Y_{\tau}(t)$ . The integrated signal  $Y(t)$  was then detrended in each window by subtracting  $Y_{\tau}(t)$  and the variance was calculated as:

$$F^2(\tau) = \frac{1}{N} \sum_{t=1}^N [Y(t) - Y_{\tau}(t)]^2$$

where  $N$  is the number of samples in the window size  $\tau$ . All  $F^2(\tau)$  values for a given  $\tau$  were then averaged and the square root was obtained leading to  $F(\tau)$  value. The procedure of calculating  $F(\tau)$  was repeated for all windows sizes  $\tau$ . Usually the relationship between  $F(\tau)$  and  $\tau$  has a linear form in a double logarithmic coordinate system across many window-sizes  $\tau$ . The slope of the least-squares line in this graph is called a scaling exponent and it quantifies LRTC. Scaling exponents in the 0.5–1 range indicate a presence of persistent temporal correlations, where larger fluctuations are likely to be followed by larger fluctuations. Uncorrelated signals (e.g. for white noise) have a scaling exponent 0.5.

291 Further technical details on the use of DFA for the  
292 estimation of LRTC in EEG/MEG signals can be found  
293 in [Hardstone et al. \(2012\)](#). Apart from the calculation of  
294 LRTC, we also calculated a mean of the amplitude envel-  
295 opes separately in Pre- and Post-TMS sessions. A calcu-  
296 lation of the mean amplitude over long time interval is  
297 frequently used as a contrast to the dynamic measures  
298 capturing a temporal propagation of the signal.

299 **Statistical analysis.** Scaling exponents  $\nu$  and mean  
300 amplitude envelopes  $a$  between the two rest conditions  
301 (Pre-TMS and Post-TMS) were compared for each  
302 channel across subjects with non-parametric Wilcoxon  
303 signed-rank test correcting for multiple comparison with  
304 cluster statistics based on the permutation approaches  
305 ([Maris and Oostenveld, 2007](#)). In addition, in order to esti-  
306 mate reproducibility of LRTC and amplitude of oscillations  
307 between the two rest sessions in each EEG channel,  
308 Intra-Class Correlation (ICC) was calculated ([McGraw  
309 and Wong, 1996](#)). ICC is used for the assessment of  
310 reproducibility (test–retest reliability), which is relevant  
311 for us since we aimed at analyzing the reproducibility of  
312 amplitude and LRTC of neuronal oscillations in Pre- and  
313 Post-TMS sessions. Values of 1 and 0 would indicate  
314 complete and entirely absent reproducibility, respectively.

315 **Correlation between LRTC, amplitude and strength of**  
316 **ICF and SICI.** For each EEG channel we computed  
317 Spearman correlation across subjects between the  
318 scaling exponent  $\nu$  (or amplitude  $a$ ) obtained from the  
319 rest EEG sessions and ICF and SICI strength.

320 In order to compensate for the multiple statistical  
321 estimation of the correlations in different EEG channels,  
322 we used cluster statistics ([Maris and Oostenveld, 2007](#)).

323 All analysis steps were performed with scripts  
324 implemented in Matlab (The MathWorks Inc., Natick,  
325 Massachusetts, USA).

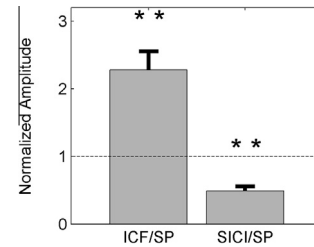
## 326 RESULTS

### 327 ICF and SICI effects

328 ppTMS with the ICF protocol resulted in the enhancement  
329 of MEPs amplitudes compared to MEPs amplitudes from  
330 SP session. This was statistically verified with the  $t$ -test  
331 comparing normalized MEPs against the unitary mean  
332 (ICF/SP mean ratio  $2.28 \pm 0.27$ ;  $P < 0.001$ , [Fig. 1](#)).  
333 Likewise, SICI protocol resulted in the significant  
334 attenuation of MEPs compared to the SP session  
335 (SICI/SP mean ratio:  $0.49 \pm 0.07$ ;  $P < 0.001$ , [Fig. 1](#)).

### 336 The amplitude of alpha oscillations

337 [Fig. 2](#) shows a time course of the amplitude envelopes of  
338 alpha oscillations (8–13 Hz) in the electrode P3 in one  
339 representative subject in both rest sessions. Note the  
340 amplitude fluctuations at different time scales. Such  
341 intermittent patterns of amplitude fluctuations, varying in  
342 duration, represent a typical temporal structure of the  
343 signals with persistent LRTC. The overall strength of the  
344 signal was captured with the mean amplitude. On



**Fig. 1.** Grand-average of normalized MEPs across subjects. The values are represented as mean + standard error of the mean (ICF = intra-cortical facilitation, SICI = short-interval cortical inhibition, SP = Single Pulse) \*\* indicates  $P < 0.001$ .

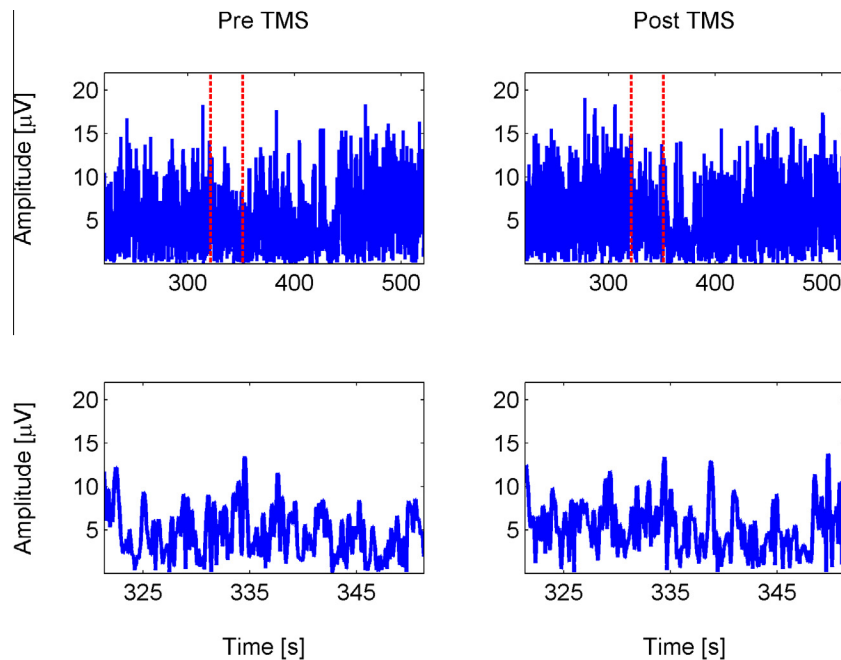
average the peak frequency of alpha oscillations was  $9.8 \pm 1.3$  Hz.

[Fig. 3A](#) shows an example of a spatial distribution of alpha-oscillations' amplitude in the representative subject in two rest sessions. The largest values were observed over occipito-parietal areas. In addition the figure shows in panel B spectra from all channels clearly displaying a prominent peak in the alpha frequency range. [Fig. 3C](#) demonstrates a grand average of the amplitudes across all subjects revealing again a spatial maximum over the posterior areas of the head. The topographies of the alpha oscillations were similar in the two resting sessions. This topographic similarity was further confirmed with the intra-class correlation, calculated across subjects ([Fig. 3D](#)), showing high and significant values for all electrodes, being particularly pronounced over the fronto-central and parietal areas. Importantly, we have not observed any significant differences in the amplitude of alpha oscillations between the two rest sessions.

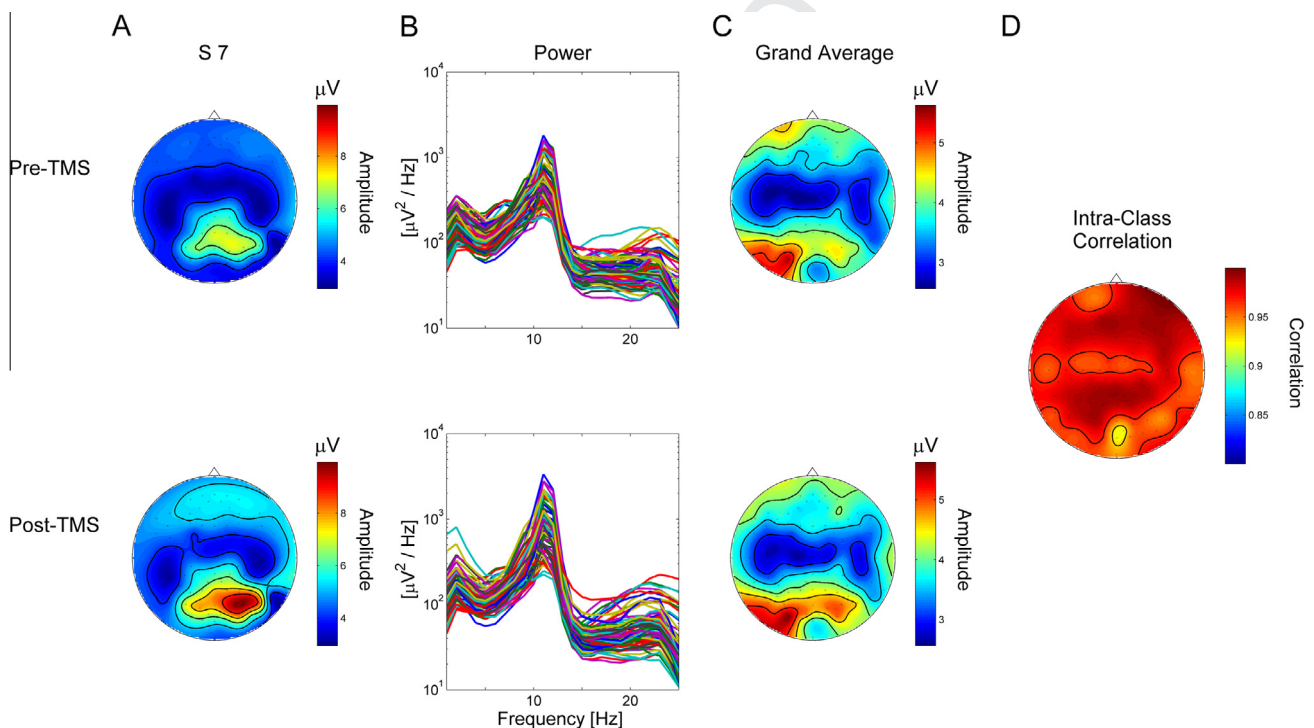
### 365 LRTC in the amplitude dynamics of alpha oscillations

366 Amplitude dynamics of alpha oscillations have been  
367 reliably captured with DFA revealing a linear relationship  
368 between different time scales and corresponding  
369 fluctuations extending up to 50 s with the scaling  
370 exponents being on average  $0.69 \pm 0.01$  (mean  
371  $\pm$  SEM). An example of the scaling behavior is  
372 presented in [Fig. 4](#).

373 A topography of the scaling exponents in two rest  
374 sessions for a representative subject is presented in  
375 [Fig. 5A](#). A grand-average topography across all subjects  
376 is presented in [Fig. 5B](#). The topographic maxima of the  
377 scaling exponents were mostly over the frontal and  
378 centro-parietal areas. Compared to the amplitude of  
379 alpha oscillations, topographies of the scaling exponents  
380 were less reproducible across the two rest sessions,  
381 this being indicated by smaller values of ICC ([Fig. 5C](#)).  
382 Yet in many electrodes ICC values were significant thus  
383 suggesting a moderate reproducibility. Significant ICC  
384 values were absent in the occipital and left central areas  
385 ([Fig. 5C](#)). However, as in the case of the amplitude of  
386 alpha oscillations, the scaling exponents were not  
387 significantly different between the two rest sessions.



**Fig. 2.** An example of amplitude envelope dynamics. The amplitude envelope in the individual alpha frequency range (in this case: 9–13 Hz) for a representative subject (S7, channel P3) is presented for both rest sessions and different time scales. In the upper panels a larger interval of 300 s is displayed, and a shorter 30-s segment, marked by the red dotted lines, is extended in the lower panels. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)



**Fig. 3.** The amplitude of alpha oscillations. (A) The topographies of the amplitude of alpha oscillations (9–13 Hz) for a representative subject (S7). (B) Corresponding spectra from all channels. (C) The grand-average of the amplitude topographies (across all subjects). The Pre-TMS and Post-TMS sessions are shown in the upper and lower panels, respectively. (D) The similarity between the two rest sessions across subjects is shown in terms of ICC (ICC values were significant for all channels,  $P < 0.05$ ).

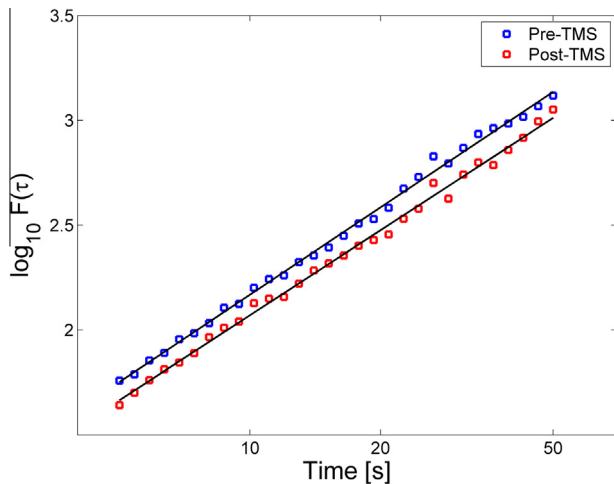
388 **Prediction of ICF and SICI strength on the basis of**  
389 **amplitude and LRTC of alpha oscillations in Pre-TMS**  
390 **rest session**

391 A prediction of ICF and SICI strength can in principle be  
392 achieved only with the Pre-TMS rest condition, before

the application of TMS, since the parameters of the  
neural oscillations in the Post-TMS rest session might  
also reflect an effect of TMS.

The amplitude of alpha oscillations in the individually  
determined alpha range did not correlate significantly

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**Fig. 4.** An example of the DFA analysis for the amplitude envelope of alpha oscillations. Detrended fluctuations (S11, channel C6) are shown for both Pre-TMS (blue) and Post-TMS (red) sessions. Axes are in the logarithmic scale. The slope of the least-squares fitted lines (black) corresponds to the scaling exponent,  $\nu = 0.69$  in Pre-TMS session to  $\nu = 0.67$  in Post-TMS session. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

398 with the size of the normalized MEPs from the SICI or ICF  
399 protocols. At the same time, scaling exponents,  
400 characterizing LRTC of the alpha oscillations were  
401 positively correlated with the enhancement of MEPs

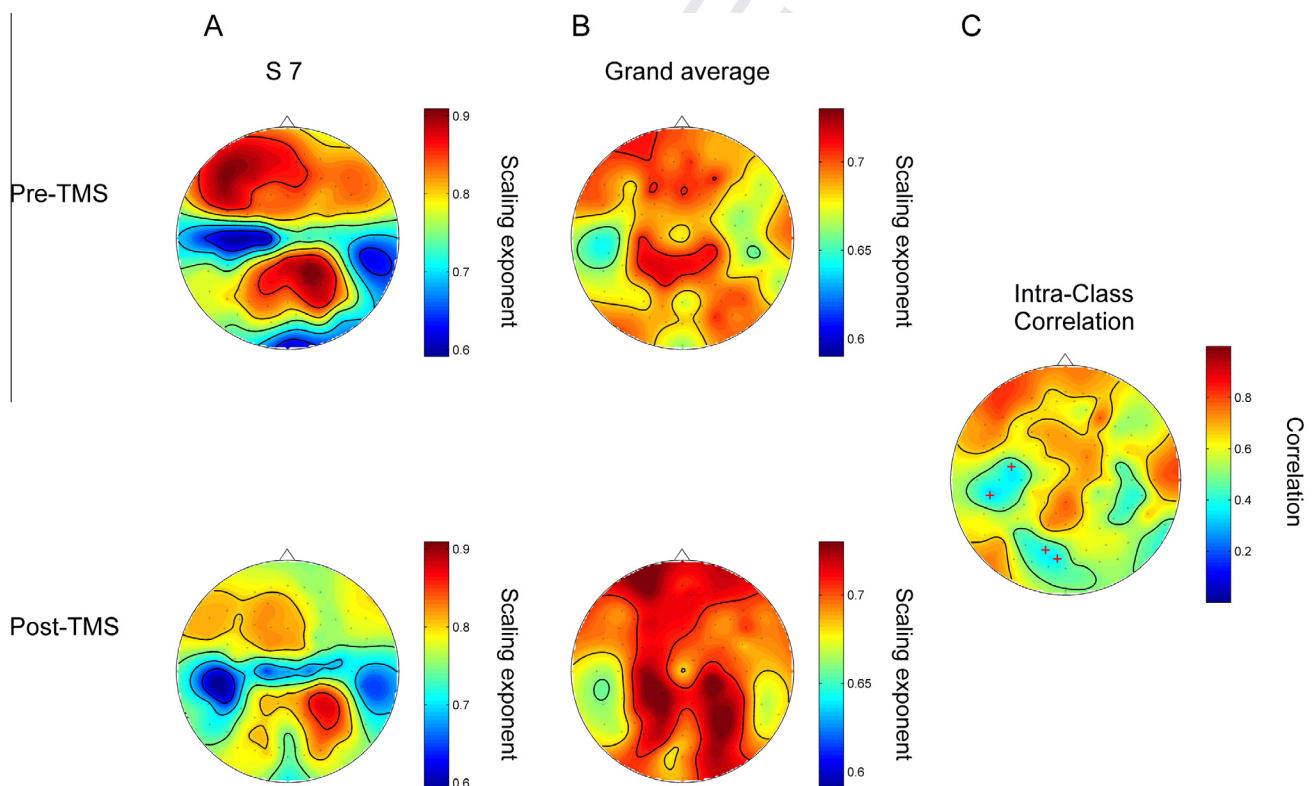
during ICF. This correlation was observed in electrodes  
over fronto-central and parietal areas, as shown in  
Fig. 6, panel A. The cluster statistic indicated a  
significant Spearman correlation at the level  $P < 0.05$ .  
No significant correlation was found between the scaling  
exponents and SICI strength.

#### Effect of ppTMS on the neuronal dynamics in Post-TMS rest session

Although there were no significant differences in the  
strength of LRTC between Pre-TMS and Post-TMS  
sessions, we found that the strength of ICF was  
positively correlated with the scaling exponents of alpha  
oscillations in the Post-TMS session (Fig. 6B).  
Topographically this correlation, largely overlapping with  
the cluster identified in the Pre-TMS session, extended  
to the sensorimotor areas of both hemispheres. For  
SICI we did not find a significant correlation between the  
MEPs and the scaling exponents. Moreover, no  
significant correlations were found between the  
amplitude of alpha and the strength of ICF or SICI  
phenomena.

#### DISCUSSION

We showed that the temporal neuronal dynamics,  
manifested in the LRTC of alpha oscillations at rest, can  
predict the strength of ICF. Moreover, the application of  
ppTMS also changed LRTC in alpha oscillations at rest.



**Fig. 5.** LRTC of the amplitude envelopes of alpha oscillations. (A) The topographies of the scaling exponents of alpha oscillations for a representative subject (S11). (B) The grand-average of the scaling-exponent topographies (across all subjects). The Pre-TMS and Post-TMS sessions are shown in the upper and lower panels, respectively. (C) The similarity between the two rest sessions is shown in terms of ICC. ICC in all channels were significant ( $P < 0.05$ ) apart from the channels highlighted with a red cross. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

428 In contrast, the amplitude of oscillations frequently used in  
429 many EEG studies had no association with the strength of  
430 ICF or SICI phenomena. Below we discuss the  
431 implications of these findings for the understanding of  
432 the cortical excitability in the context of TMS–EEG  
433 research.

#### 434 **Strength of SICI and ICF**

435 On average MEPs were decreased by about 49% and  
436 increased by 120% during SICI and ICF protocols,  
437 respectively, in agreement with the values reported in  
438 the previous studies (Kujirai et al., 1993; Classen et al.,  
439 1998; Cohen et al., 1998; Du et al., 2014; Ito et al.,  
440 2015). There was a considerable variability in the strength  
441 of ICF and SICI phenomena across subjects. This vari-  
442 ability is important for the present study since it provides  
443 a basis for determining its possible neural correlates  
444 associated with the amplitude or LRTC of the neuronal  
445 oscillations. Inter-subject variability in the strength of  
446 ppTMS phenomena was a topic of the previous research  
447 (Maeda et al., 2002; Orth et al., 2003; Fleming et al.,  
448 2012; Hermsen et al., 2016) investigating the reproducibil-  
449 ity of subject-specific ICF and SICI strength. In these  
450 studies SICI showed the largest intra-subjects repro-  
451 ducibility. ICF/SICI ratio, so-called inhibition/facilitation  
452 profile, also demonstrated a high intra-subject repro-  
453 ducibility (Du et al., 2014). A reproducibility of ICF and  
454 SICI strength indicates that there might exist a relatively  
455 stable configuration of neural networks in each individual  
456 determining the reactivity to ppTMS, most likely reflecting  
457 complex cortical network interactions between interneu-  
458 rons and pyramidal cells (Lackmy-Vallee et al., 2012; Zie-  
459 mann et al., 2014; Murase et al., 2015). Such intra-subject  
460 reproducibility is in a good agreement with the findings of  
461 ppTMS phenomena having genetic predisposition (Yi  
462 et al., 2013; Menzler et al., 2014). In the present study  
463 we showed that oscillatory dynamics, captured with  
464 LRTC, might serve as a correlate for the characterization  
465 of such subject-specific inhibition/facilitation profiles.

#### 466 **LRTC in the amplitude dynamics of alpha oscillations**

467 We have primarily studied alpha oscillations as they  
468 allowed the most reliable estimation of the neuronal  
469 dynamics because of the high SNR. Our results provide  
470 an important outlook into the characterization of cortical  
471 excitability investigated by TMS–EEG.

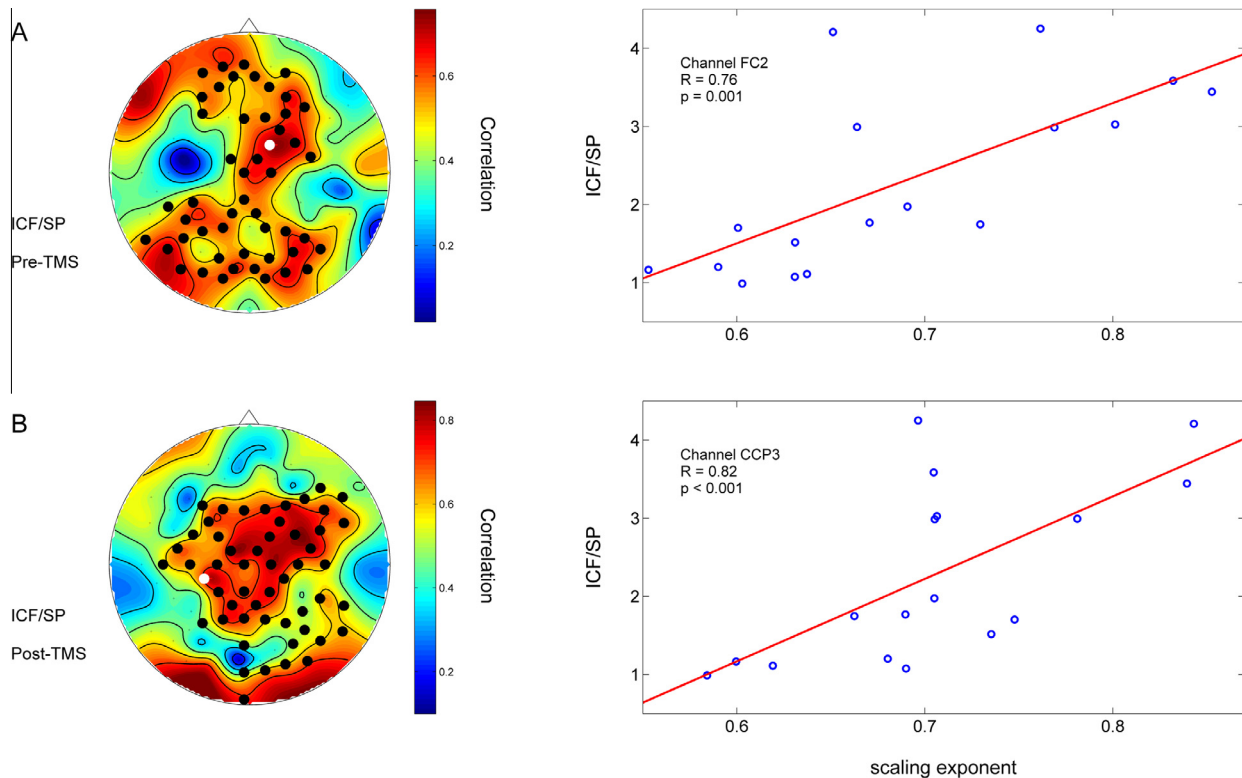
472 The scaling exponents for alpha oscillations were on  
473 average  $\nu = 0.69 \pm 0.1$ , in agreement with the previous  
474 studies investigating LRTC in rest conditions with EEG/  
475 MEG (Nikulin and Brismar, 2004; Nikulin et al., 2012;  
476 Blythe et al., 2014). In the present study we could inves-  
477 tigate LRTC only for the time intervals extending up to  
478 50 s this being due to the limit imposed by the duration  
479 of the rest recordings. The presence of LRTC indicates  
480 that the remote parts the amplitude envelope of alpha  
481 oscillations are correlated and that this correlation attenu-  
482 ates slowly, according to a power-law. The presence of  
483 LRTC has been linked to the criticality phenomenon in  
484 neuronal networks (Linkenkaer-Hansen et al., 2001; Poil  
485 et al., 2012). The criticality implies that the system is at

486 a metastable state which for the neuronal networks  
487 defines a delicate balance between excitation and inhibi-  
488 tion (Beggs and Plenz, 2003; Poil et al., 2012; Shew  
489 and Plenz, 2013). Such balance is important for the  
490 proper functioning of the neuronal networks as demon-  
491 strated by the previous studies showing that the critical  
492 states are associated with the maximization of a dynamic  
493 range (Kinouchi and Copelli, 2006; Shew et al., 2009),  
494 information transfer and capacity in the brain (Shew  
495 et al., 2011).

#### 496 **LRTC of the Pre-TMS session predict strength of ICF**

497 Scaling exponents of individual alpha oscillations were  
498 significantly and positively correlated with the strength of  
499 ICF (Fig. 6) in the Pre-TMS rest session. Since this  
500 session preceded application of ppTMS protocols, this  
501 result indicates that LRTC may define a subject-specific  
502 strength of ICF phenomenon. Given that LRTC in the  
503 alpha range show significant test–retest reliability across  
504 different days (Nikulin and Brismar, 2004) as well as high  
505 genetic heritability (Linkenkaer-Hansen et al., 2007) one  
506 can conclude that temporal correlations reflect a certain  
507 neuronal phenotype which is most likely shaped by the  
508 persistent individual anatomical and synaptic organization  
509 of the brain. The prediction of ICF strength was most pro-  
510 nounced for the cluster of electrodes covering fronto-  
511 central to occipito-parietal cortex. Although no definite  
512 conclusions can be made about the exact neuronal  
513 sources responsible for this prediction on the basis of  
514 the sensor-space data, a broad distribution of the elec-  
515 trodes, showing significant predictions, might indicate  
516 involvement of multiple cortical areas whose temporal  
517 dynamics at rest predict strength of ICF. In the present  
518 study we stimulated motor cortex, which is known to be  
519 tightly integrated in a larger sensorimotor network includ-  
520 ing SMA, pre-motor cortex and contralateral motor cortex  
521 (Bestmann et al., 2010; Kroeger et al., 2010; Rothwell,  
522 2011). Therefore neuronal dynamics in these networks  
523 are likely to relate to the susceptibility of the motor cortex  
524 to TMS. A posterior part of the electrode cluster might  
525 reflect neuronal activity originating in the parietal cortical  
526 areas known to be associated with the alertness and  
527 arousal levels (Posner and Petersen, 1990; Petersen  
528 and Posner, 2012; Greene et al., 2014), the latter were  
529 also shown to affect susceptibility to TMS (Löfberg  
530 et al., 2014; Herring et al., 2015). ICF protocol includes  
531 a relatively long interval (12 ms) between conditioning  
532 and testing pulse and therefore ICF is likely to be based  
533 on many synaptic connections (Di Lazzaro et al., 2006;  
534 Di Lazzaro and Ziemann, 2013; Ziemann et al., 2015).  
535 Therefore ICF might reflect dynamics of larger neuronal  
536 networks than in the case of SICI. Such spatially dis-  
537 tributed networks are also important for the generation  
538 of LRTC (Linkenkaer-Hansen et al., 2001; Poil et al.,  
539 2012). Consequently, ICF might be more prone to a  
540 long-range synaptic modulation than SICI. In line with this  
541 observation we indeed found predictive value of LRTC  
542 only for the strength of ICF.

543 While ICF relates to glutamatergic activity, it may  
544 reflect at the same time tales of GABA-A processes  
545 triggered by the conditioning stimulus (Cohen et al.,



**Fig. 6.** Correlation between the scaling exponents and ICF/SP. The correlation between the strength of ICF and LRTC in pre-TMS session (A) and post-TMS session (B). Topographies show the strength of Spearman correlation for all channels. Black dots indicate channels belonging to a significant cluster ( $P < 0.05$ ). The white dot indicates the channel from which the exemplified scatterplot is shown on the right side for the relationship between the scaling exponents and normalized MEPs in ICF. A correction for multiple comparisons was performed with the cluster statistics (see Methods).

546 1998; Chen, 2004; Ziemann et al., 2015). Such a complex  
547 combination of neurotransmitter effects along with the  
548 long latency of the testing pulse might provide an ample  
549 basis for ICF strength to reflect modulatory effects of  
550 other spatially distributed cortical areas.

### 551 Effects of ppTMS on LRTC

552 Surprisingly, despite the lack of a difference in the scaling  
553 exponents between the two rest sessions, we  
554 nonetheless found significant correlations between the  
555 scaling exponents and the strength of ICF phenomena.  
556 Naturally, the fact that the scaling exponents were not  
557 significantly different between the Pre- and Post-TMS  
558 conditions, does not mathematically preclude a  
559 correlation between the scaling exponents and the  
560 strength of ICF and SICl. Without the Pre-TMS rest  
561 session it would be difficult to conclude whether such  
562 correlations are due to the already existing correlation of  
563 Pre-TMS LRTC and the strength of ICF or whether  
564 LRTC indeed were affected by ppTMS.

565 The correlation of LRTC obtained in Post-TMS  
566 session with the strength of ICF showed considerably  
567 larger central distribution (Fig. 6B) compared to the  
568 topography obtained with pre-TMS LRTC (Fig. 6A).  
569 This difference in the correlation topographies thus  
570 clearly indicates that the effect of ICF on LRTC in the

571 Post-TMS session cannot be reduced to the correlation  
572 of Pre-TMS LRTC and ICF strength. It is important  
573 to note that since we assessed neuronal dynamics  
574 directly with EEG, our findings most likely reflect  
575 cortical processes rather than the changes in the spinal  
576 cord, which might occur when the cortical excitability is  
577 assessed only with MEPs.

578 For many years repetitive TMS (Pascual-Leone et al.,  
579 1998; Tsuji and Rothwell, 2002; Wolters et al., 2005;  
580 Huber et al., 2008; Thut and Pascual-Leone, 2010),  
581 including patterned TMS like theta-burst (Huang and  
582 Rothwell, 2004) and some other TMS protocols with a  
583 regular order of stimuli (Cash et al., 2010, 2014) have  
584 been shown to have long-lasting neuromodulatory effects.  
585 However, recently some studies demonstrated cumulative  
586 effects of the prolonged protocols with spTMS both  
587 on the MEPs amplitudes (Julkunen et al., 2012;  
588 Pellicciari et al., 2015) and EEG dynamics (Stamoulis  
589 et al., 2011). These results thus echo our findings on  
590 long-lasting offline effect of the prolonged sessions of  
591 spTMS and ppTMS. Our results also agree with a recent  
592 study (Pellicciari et al., 2015), where a similar effect of the  
593 prolonged single-pulse TMS session on MEPs amplitudes  
594 was shown both for random and fixed intervals between  
595 the TMS pulses. However, the present work is the first  
596 demonstrating the long-lasting changes in the neuronal  
597 dynamics after prolonged ppTMS sessions.



598 It might be that the long-lasting offline effect of ppTMS  
599 on LRTC was not due to the stimuli being paired but  
600 rather due to the fact that there was low-frequency (4–  
601 10 s) magnetic stimulation of the brain. Low-frequency  
602 stimulation at 0.2 Hz was shown to produce a reduction  
603 of cortical excitability (Ikeguchi et al., 2005) which in gen-  
604 eral agrees with the idea of low-frequency TMS (< 1 Hz)  
605 having inhibitory effects (for a review see Fitzgerald  
606 et al., 2006). Although the stimulation in the present study  
607 was not repetitive, its low-frequency nature might have  
608 reduced cortical excitability. A decrease in cortical  
609 excitability might prevent a rapid switching between the  
610 neuronal states thus leading to stronger LRTC. In addi-  
611 tion, ppTMS with ICF protocol should lead to stronger  
612 activation of the cortex. Assuming that in our protocol  
613 stronger stimulation leads to stronger reduction of  
614 excitability, a positive correlation between the strength  
615 of ICF and LRTC would be expected (Fig. 6B).

#### 616 Limitations of the study and future directions

617 One of the main limitations of the study was that TMS  
618 protocol was primarily designed to investigate a  
619 predictive value of neuronal dynamics for ppTMS effects  
620 and therefore, the protocols of ppTMS were used  
621 sequentially on the same day. This prediction is based  
622 on EEG being recorded before any TMS and thus does  
623 not reflect a combination of different stimulations. For  
624 Post-TMS effect, however, further research will be  
625 necessary to disentangle the influence of each TMS  
626 protocol on the neuronal dynamics. Given the presence  
627 of long-lasting effects on the intrinsic neuronal  
628 dynamics, it would be important to assess the role of  
629 the stimulation parameters and the duration of the post-  
630 stimulation effect in addition to the studied 10-min  
631 interval in the Post-TMS session.

#### 632 CONCLUSIONS

633 We investigated cortical neuronal dynamics associated  
634 with ppTMS paradigms. In contrast to many previous  
635 TMS–EEG studies, using evoked responses or the  
636 mean amplitude of oscillations, we rather used a  
637 complex description of spatio-temporal neuronal  
638 dynamics captured with LRTC. With this measure, we  
639 showed that the strength of ICF can be predicted inter-  
640 individually from the rest recordings, which in turn  
641 attests to the existence of subject-specific neuronal  
642 phenotypes defining the reactivity of the brain to  
643 ppTMS. In addition, we showed that a combination of  
644 ppTMS and spTMS might affect neuronal dynamics  
645 recorded after the cessation of stimulation, this finding  
646 being in agreement with the emerging notion that not  
647 only repetitive TMS protocols but also the stimulation  
648 with sparse non-regular pulses might have considerable  
649 effect on the cortical dynamics.

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