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Global, regional, and national burden of traumatic brain injury and spinal cord injury, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016



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Summary

Background Traumatic brain injury (TBI) and spinal cord injury (SCI) are increasingly recognised as global health priorities in view of the preventability of most injuries and the complex and expensive medical care they necessitate. We aimed to measure the incidence, prevalence, and years of life lived with disability (YLDs) for TBI and SCI from all causes of injury in every country, to describe how these measures have changed between 1990 and 2016, and to estimate the proportion of TBI and SCI cases caused by different types of injury.

Methods We used results from the Global Burden of Diseases, Injuries, and Risk Factors (GBD) Study 2016 to measure the global, regional, and national burden of TBI and SCI by age and sex. We measured the incidence and prevalence of all causes of injury requiring medical care in inpatient and outpatient records, literature studies, and survey data. By use of clinical record data, we estimated the proportion of each cause of injury that required medical care that would result in TBI or SCI being considered as the nature of injury. We used literature studies to establish standardised mortality ratios and applied differential equations to convert incidence to prevalence of long-term disability. Finally, we applied GBD disability weights to calculate YLDs. We used a Bayesian meta-regression tool for epidemiological modelling, used causespecific mortality rates for non-fatal estimation, and adjusted our results for disability experienced with comorbid conditions. We also analysed results on the basis of the Socio-demographic Index, a compound measure of income per capita, education, and fertility.

Findings In 2016, there were 27.08 million (95% uncertainty interval [UI] 24.30-30.30 million) new cases of TBI and 0.93 million (0.78–1.16 million) new cases of SCI, with age-standardised incidence rates of 369 (331–412) per 100000 population for TBI and 13 (11–16) per 100000 for SCI. In 2016, the number of prevalent cases of TBI was 55.50 million (53.40-57.62 million) and of SCI was 27.04 million (24.98-30.15 million). From 1990 to 2016, the age-standardised prevalence of TBI increased by 8.4% (95% UI 7.7 to 9.2), whereas that of SCI did not change significantly (-0.2% [-2.1 to 2.7]). Age-standardised incidence rates increased by 3.6% (1.8 to 5.5) for TBI, but did not change significantly for SCI (-3.6% [-7.4 to 4.0]). TBI caused 8.1 million (95% UI 6.0-10.4 million) YLDs and SCI caused 9.5 million (6.7-12.4 million) YLDs in 2016, corresponding to age-standardised rates of 111 (82-141) per 100000 for TBI and 130 (90-170) per 100000 for SCI. Falls and road injuries were the leading causes of new cases of TBI and SCI in most regions.

Interpretation TBI and SCI constitute a considerable portion of the global injury burden and are caused primarily by falls and road injuries. The increase in incidence of TBI over time might continue in view of increases in population density, population ageing, and increasing use of motor vehicles, motorcycles, and bicycles. The number of individuals living with SCI is expected to increase in view of population growth, which is concerning because of the specialised care that people with SCI can require. Our study was limited by data sparsity in some regions, and it will be important to invest greater resources in collection of data for TBI and SCI to improve the accuracy of future assessments.

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Introduction

Traumatic brain injury (TBI) and spinal cord injury (SCI) are increasingly considered to be important global health priorities.¹ These injuries not only cause health loss and disability for individuals and their families, but also represent a burden to health-care systems and economies through lost productivity and high health-care costs.² Given that the injuries that lead to TBI and SCI are

frequently preventable, there is also value in measuring the extent to which different causes of injury lead to TBI or SCI to help to understand the effect that injuryprevention programmes could have.

Many epidemiological studies have been limited by difficulties in comprehensively measuring the incidence of cross-injury sequelae such as TBI and SCI, and have instead focused on the incidence of the causes of injury,

Research in context

Evidence before this study

Previous epidemiological studies of the incidence and outcomes of traumatic brain injury (TBI) and spinal cord injury (SCI) have been limited by focusing on certain subpopulations, including only select injuries, or by providing estimates only for areas of the world with accessible data. Previous Global Burden of Diseases, Injuries, and Risk Factors (GBD) studies have reported the burden of injury by cause of injury, such as self-harm, road injuries, and falls, but have not reported results by nature of injury sustained as a result of those causes, including TBI and SCI. To date, no studies have systematically measured the burden of TBI and SCI globally for all countries, ages, and sexes through recent years and from all causes of injury. To identify sources of injury data that could inform an assessment of non-fatal burden from TBI and SCI, we used results from the GBD 2016 injuries estimation process, which included systematic reviews of injury incidence data for all causes of injury that were initially done for GBD 2010 and updated as new data and literature studies became available in GBD 2013, GBD 2015, and GBD 2016. Inclusion criteria for the systematic reviews were representative, population-based surveys; reporting of injuries incidence; and clinical records from general hospitals, outpatient primary care facilities, and health insurance claims when such data were available with injury diagnosis codes. In this study, we updated a previous review of injuries data done for the World Bank that contributed to GBD 2010, GBD 2013, and GBD 2015 by searching the Global Health Data Exchange for surveys, hospital datasets, and literature studies in any language that were tagged as having injury-related data up to Dec 31, 2016.

Added value of this study

In this study, we used for the first time the GBD 2016 framework to report estimates of the global, regional, and national burden in terms of incidence, prevalence, and years of life lived with disability of TBI and SCI for 195 countries and territories. We have provided these estimates globally, by region, and by Socio-demographic Index quintiles in 2016,

such as falls, road injuries, and interpersonal violence.3 As a result, few comprehensive epidemiological assessments have been done across all sources of injury, despite increasing dialogue about the long-term neuropsychological consequences of concussions in young people and professional athletes playing sports and about the risk of TBI from head trauma in bicycle crashes and other causes of injury.45 Epidemiological studies that have focused specifically on TBI and SCI without estimation of all potential causes of injury have identified substantial burdens, but are often limited by relying on locations where incidence data were available without adopting modelling strategies for estimation of the burden in locations where data were sparse.6-12 Epidemiological assessments have been done in low-income and lowmiddle-income countries but typically have been limited as well as the percentage change since 1990. We also provide estimates of the proportions of TBI and SCI caused by different causes of injury for each geographical region in 2016. Although epidemiological assessments that focus on particular populations have been done, no other studies of TBI or SCI have provided estimates in this level of detail for all countries derived from a standardised, systematic approach. We were able to measure uncertainty in our estimates by using the uncertainty propogation methods used throughout the GBD study.

Implications of all the available evidence

Our estimates suggest that TBI and SCI are severely disabling injuries. The global burden of TBI increased significantly between 1990 and 2016, whereas that of SCI has not changed significantly over time in terms of age-standardised incidence and prevalence. Age-standardised incidence and prevalence of TBI and SCI were high in central Europe, eastern Europe, and central Asia; the incidence and prevalence of SCI were high in North America and western Europe. Addressing the global burden of these conditions requires improved efforts to decrease the causes of SCI and TBI (eg, fall-prevention strategies, reducing alcohol overuse, and improving road safety, all of which could help to prevent injuries or decrease injury severity) and improved access to, and quality of, medical and social care (which could improve survival and reduce morbidity). People with TBI or SCI can have other medical conditions that require close supervision and might benefit from rehabilitation and medical care to reduce disability. Hence, although injury prevention efforts are key, health-care systems should also anticipate a growing burden from caring for people with TBI and SCI. These conditions could necessitate special focus within health-care systems, because they can be medically complex and burdensome for patients, clinicians, and families. In the future, development of improved methods for surveillance of TBI and SCI will be important, particularly in low-income settings, as will development of methods to identify patients with TBI who do not seek medical care.

by poor availability of data.^{7,12,13} Few studies have reported age-standardised incidence rates, which would enable comparison between countries with different populations, and the studies that have reported such data showed that the incidence rates of TBI and SCI vary substantially between countries.^{7,12} These studies have not measured the relative disability caused by different injuries over time; such data are important because, whereas injuries such as fractures might be disabling only in the short term, conditions such as cognitive impairment from TBI or paraplegia from SCI can leave patients with lifelong health loss. In general, measurement of the burden of TBI and SCI in greater geographical and demographic detail—and over time—is of substantial value.

The Global Burden of Diseases, Injuries, and Risk Factors (GBD) study is the product of a global research

For the **Global Health Data Exchange** see http://ghdx. healthdata.org

	Incidence			Prevalence		
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990-2016
Global	27 082 033 (24 302 091 to 30 298 710)	369 (331 to 412)	3·6 (1·8 to 5·5)	55 495 674 (53 400 547 to 57 626 214)	759 (731 to 788)	8·4 (7·7 to 9·2)
High SDI	3 682 268 (3 112 645 to 4 394 060)	343 (293 to 403)	-9·4 (-12·2 to -6·2)	8 463 137 (8 121 296 to 8 818 355)	647 (619 to 675)	-7·9 (-8·7 to -7·1)
High-middle SDI	5550132 (4977125 to 6205225)	468 (419 to 523)	-10·7 (-13·3 to -8·4)	13 458 443 (12 951 567 to 13 973 353)	1032 (993 to 1 074)	-5·4 (-6·3 to -4·5)
Middle SDI	7 279 905 (6 580 600 to 8 046 104)	318 (287 to 351)	21·8 (18·8 to 24·9)	16 745 178 (16 127 494 to 17 364 295)	699 (674 to 725)	32·4 (31·0 to 33·9)
Low-middle SDI	8 074 189 (7 244 954 to 8 969 510)	397 (356 to 441)	11·1 (7·6 to 16·5)	13 524 272 (12 971 769 to 14 124 365)	747 (717 to 778)	18·7 (17·7 to 20·0)
Low SDI	2 607 230 (2 291 622 to 2 997 764)	366 (323 to 416)	-9·3 (-14·7 to -6·0)	3 506 690 (3 308 885 to 3 760 344)	669 (633 to 719)	3·3 (1·9 to 4·8)
High income	3 274 760 (2 736 209 to 3 975 372)	298 (251 to 354)	-9·6 (-13·0 to -6·1)	7330041 (7013363 to 7655518)	544 (520 to 569)	-10·2 (-11·0 to -9·2)
High-income North America	1221494 (1019814 to 1475250)	329 (277 to 392)	-4·1 (-8·8 to 1·2)	2 603 351 (2 488 042 to 2 726 560)	600 (573 to 630)	-6·3 (-7·9 to -4·6)
Canada	110 332	302	–10·4	253 144	558	–11·2
	(92 166 to 133 581)	(254 to 361)	(–15·2 to –6·0)	(241 660 to 265 695)	(532 to 586)	(–12·9 to –9·2)
Greenland	161	321	–19·0	281	525	–14·6
	(133 to 197)	(267 to 389)	(–21·3 to –16·5)	(269 to 296)	(502 to 553)	(–15·9 to –13·2)
USA	1 110 578	333	-3·3	2 349 017	605	-5·7
	(927 814 to 1 340 515)	(280 to 396)	(-8·2 to 2·5)	(2 244 955 to 2 461 041)	(577 to 635)	(-7·5 to -3·9)
Australasia	78 554	276	-13·0	178 663	528	-14·1
	(65 710 to 93 741)	(231 to 327)	(-18·6 to -7·3)	(170 767 to 187 588)	(503 to 556)	(-15·6 to -12·2)
Australia	66 020	275	–12·1	150 213	527	-13·3
	(55 309 to 78 895)	(230 to 327)	(–17·8 to –6·3)	(143 534 to 157 799)	(503 to 555)	(-14·9 to -11·3)
New Zealand	12 535	279	-17·1	28 450	534	-18·1
	(10 560 to 14 974)	(236 to 330)	(-23·2 to -11·1)	(27 152 to 29 828)	(508 to 561)	(-20·3 to -16·1)
High-income Asia Pacific	563 538	276	-16·9	1256353	489	-14·8
	(471 687 to 681 672)	(231 to 330)	(-20·6 to -13·1)	(1203704 to 1308375)	(467 to 511)	(-16·1 to -13·5)
Brunei	1535	384	–20·7	2708	673	-21·3
	(1306 to 1819)	(325 to 456)	(–24·6 to –16·6)	(2564 to 2857)	(640 to 708)	(-22·7 to -19·9)
Japan	382 954	263	–15·5	891 110	474	-14·2
	(317 505 to 467 002)	(220 to 314)	(–19·9 to –11·2)	(854 680 to 928 073)	(452 to 496)	(-15·8 to -12·4)
Singapore	11 193	285	-4·4	24309	516	-0·8
	(9348 to 13 379)	(238 to 340)	(-10·0 to 0·6)	(23165 to 25421)	(491 to 540)	(-3·0 to 1·5)
South Korea	167 856	316	-19·4	338 225	535	-18·4
	(141 874 to 199 972)	(267 to 377)	(-23·8 to -14·7)	(323 467 to 352 938)	(510 to 559)	(-20·1 to -17·0)
Western Europe	1262700	292	-13·4	3021435	546	-12·8
	(1042418 to 1546907)	(244 to 351)	(-17·2 to -9·7)	(2880245 to 3154517)	(519 to 572)	(-13·8 to -11·7)
Andorra	236	300	4·1	583	565	6·2
	(194 to 292)	(249 to 361)	(0·8 to 7·5)	(554 to 611)	(536 to 594)	(4·7 to 7·7)
Austria	28 255	322	-19·9	66 670	589	–17·7
	(23 166 to 35 170)	(266 to 388)	(-24·5 to -14·8)	(63 606 to 69 564)	(561 to 616)	(–19·4 to –16·2)
Belgium	41 126	344	-6·8	90 487	621	-10·1
	(33 848 to 51 024)	(287 to 416)	(-13·6 to -0·6)	(86 268 to 94 639)	(590 to 652)	(-11·7 to -8·1)
Cyprus	2959	323	–10·0	6605	618	-9∙0
	(2503 to 3516)	(273 to 381)	(–14·2 to –5·6)	(6280 to 6947)	(588 to 650)	(-10∙3 to -7∙6)
Denmark	17 302	301	–14·9	39 756	556	–12·5
	(14 208 to 21 444)	(249 to 366)	(–19·7 to –10·0)	(37 914 to 41 590)	(529 to 584)	(−14·0 to −11·0)
					(Tabl	e 1 continues on next page)

	Incidence			Prevalence		
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates 1990-2016
(Continued from previous pa	age)					
Finland	20009	344	-5.5	44056	609 (570 to (27)	-4·5
France	(16 226 to 25 470)	(284 to 420)	(-10·4 to -0·8)	(42 012 to 46 103)	(5/9 to 63/)	(-6·3 to -2·8)
	209 986	307	-19·9	466 018	564	-19·8
	(170 948 to 261 143)	(255 to 372)	(-24·6 to -15·3)	(442 758 to 488 496)	(535 to 593)	(-21·4 to -18·1)
Germany	236 043	288	-12·8	592 273	535	-12·6
	(192 862 to 295 657)	(239 to 346)	(-18·4 to -7·7)	(564 640 to 619 584)	(508 to 562)	(-14·2 to -11·1)
Greece	33 094	321	-9·7	89 972	627	-7·9
	(27 874 to 39 411)	(271 to 382)	(-14·8 to -4·8)	(85 526 to 94 453)	(594 to 660)	(-9·2 to -6·4)
Iceland	926	282	-7·5	2021	532	-7·1
	(766 to 1120)	(233 to 339)	(-11·9 to -2·8)	(1925 to 2110)	(506 to 557)	(-8·8 to -5·3)
Ireland	13 298	297	-6·0	28 873	550	-6·5
	(10 956 to 16 111)	(246 to 356)	(-11·1 to -0·6)	(27 464 to 30 268)	(523 to 578)	(-8·1 to -4·9)
Israel	22 803	278	-4·5	45734	556	4·0
	(18 980 to 27 302)	(232 to 332)	(-11·5 to 1·3)	(42 915 to 49 699)	(521 to 605)	(1·0 to 8·4)
Italy	191527	315	-11·7	491141	596	-10·2
	(158858 to 231854)	(263 to 377)	(-15·7 to -7·3)	(468037 to 514611)	(566 to 626)	(-11·7 to -8·7)
Luxembourg	1771	303	-26·5	3980	563	–25·7
	(1461 to 2157)	(252 to 367)	(-31·5 to -21·9)	(3783 to 4168)	(535 to 591)	(–27·1 to –24·3)
Malta	1170	289	-8·9	2870	539	-5·7
	(965 to 1445)	(240 to 352)	(-12·4 to -5·1)	(2741 to 3000)	(514 to 566)	(-7·1 to -4·4)
Netherlands	46 656	275	0·0	112 886	523	1·2
	(38 792 to 56 158)	(233 to 327)	(-5·4 to 5·8)	(107 893 to 118 007)	(499 to 549)	(-0·8 to 3·1)
Norway	15 956	298	-5·5	34 915	547	-4·3
	(13 059 to 19 836)	(246 to 363)	(-10·5 to -0·9)	(33 251 to 36 587)	(519 to 574)	(-5·8 to -2·5)
Portugal	28 0/8	267	–29·3	/0982	504	-28·5
	(23 484 to 33 755)	(226 to 316)	(–34·6 to –24·6)	(67792 to 74142)	(480 to 527)	(-30·3 to -26·6)
Spain	128 447	284	-16·4	328 217	543	-16·5
	(107 057 to 155 547)	(237 to 339)	(-21·3 to -11·4)	(312 784 to 343 173)	(515 to 569)	(-18·0 to -14·6)
Sweden	28 106	282	-4·6	63 463	512	-5·9
	(22 808 to 34 819)	(233 to 342)	(-9·1 to -0·1)	(60 718 to 66 262)	(488 to 536)	(-7·6 to -4·2)
Switzerland	25 123	284	-29·1	54 812	499	-29·4
	(20 227 to 31 494)	(233 to 343)	(-33·8 to -24·9)	(52 351 to 57 096)	(476 to 520)	(-30·9 to -27·9)
UK	168 579	260	–5·9	382 133	478	–6·5
	(137 783 to 208 313)	(215 to 316)	(–9·9 to –2·0)	(364 581 to 399 049)	(454 to 499)	(−7·5 to −5·3)
Southern Latin America	148 473	225	11·7	270 239	392	15·1
	(124 980 to 179 016)	(190 to 271)	(8·7 to 14·8)	(259 242 to 281 576)	(376 to 409)	(13·9 to 16·5)
Argentina	100 117	228	14·0	179 575	401	18·0
	(84 470 to 120 244)	(192 to 273)	(9·8 to 18·2)	(172 271 to 187 296)	(384 to 418)	(16·4 to 19·7)
Chile	39 688	214	4·4	74 082	368	8·0
	(32 980 to 47 814)	(178 to 257)	(1·1 to 7·7)	(71 084 to 77 306)	(352 to 384)	(6·3 to 9·5)
Uruguay	8662	244	13·8	16 567	424	17·0
	(7243 to 10 453)	(205 to 294)	(9·4 to 18·3)	(15 878 to 17 280)	(406 to 443)	(15·2 to 19·0)
Central Europe, eastern Europe, and central Asia	3174 597 (2 813 645 to 3 622 489)	740 (657 to 844)	-4·2 (-6·3 to -2·2)	7 505 017 (7 139 954 to 7 872 426)	1539 (1464 to 1614)	-0·6 (-1·5 to 0·6)
Eastern Europe	1679786	772	-2·4	3 987 022	1546	-1·5
	(1495412 to 1908308)	(688 to 876)	(-5·2 to 0·3)	(3 796 684 to 4 175 331)	(1472 to 1623)	(-3·0 to 0·2)
Belarus	85 268	853	15·8	203 206	1724	15·2
	(74 665 to 98 805)	(749 to 979)	(11·5 to 20·3)	(192 572 to 213 647)	(1632 to 1815)	(12·9 to 17·9)
Estonia	9843	722	–20·2	25 698	1529	-14·1
	(8618 to 11372)	(635 to 827)	(–24·0 to –16·0)	(24 398 to 27 131)	(1445 to 1622)	(-16·2 to -11·8)
Latvia	15 511	743	–22·6	38 996	1519	–18·4
	(13 648 to 17 822)	(654 to 851)	(–26·0 to –18·8)	(37 015 to 40 989)	(1436 to 1601)	(–20·2 to –16·6)
Lithuania	26 381	845	-5·5	64738	1709	-3·8
	(23 106 to 30 541)	(743 to 972)	(-9·4 to -1·3)	(61519 to 68 064)	(1618 to 1800)	(-5·7 to -1·9)

	Incidence			Prevalence	Prevalence				
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardis rates (per 100 000)	ed Percentage change in age-standardised rates, 1990–2016			
(Continued from previous page)									
Moldova	25099	609 (527 to 606)	-17·6	58867	1251 (1181 to 1227)	-14.2			
Russia	(22 243 to 28 072) 1202 502 (1074 273 to 1364 131)	799 (715 to 905)	-1.5 (-4.9 to 2.2)	2 810 261 (2 678 210 to 2 939 902)	(1181 to 1327) 1589 (1512 to 1668)	-0.6 (-2.5 to 1.6)			
Ukraine	315 182	683	-6·5	785 255	1390	-6·1			
	(278 598 to 360 233)	(605 to 779)	(−10·0 to −2·8)	(745 321 to 824 796)	(1317 to 1464)	(-8·1 to -4·1)			
Central Europe	1 055 830	857	-3·0	2 649 259	1797	4·4			
	(916 104 to 1 233 304)	(750 to 988)	(-5·9 to -0·4)	(2 512 485 to 2 792 424)	(1699 to 1895)	(3·3 to 5·5)			
Albania	19366	662	10·1	48 963	1490	12·6			
	(17024 to 22180)	(583 to 761)	(6·5 to 13·9)	(46 227 to 51 786)	(1405 to 1577)	(9·7 to 16·1)			
Bosnia and Herzegovina	25 864	688	42·4	76 617	1600	53·9			
	(22 525 to 29 894)	(599 to 793)	(37·9 to 46·7)	(71 724 to 82 170)	(1493 to 1714)	(47·9 to 62·5)			
Bulgaria	57 125	776	-5·3	157 661	1663	-1.8			
	(49 635 to 66 125)	(683 to 897)	(-9·4 to -1·3)	(149 402 to 165 850)	(1572 to 1756)	(-3.8 to 0.6)			
Croatia	39 226	801	-3·1	92 177	1627	0·1			
	(33 726 to 46 071)	(704 to 914)	(-8·3 to 2·5)	(87 994 to 96 575)	(1553 to 1703)	(-2·8 to 3·3)			
Czech Republic	115 120	1022	-5·3	297221	2174	9·1			
	(98 857 to 135 307)	(885 to 1191)	(-9·8 to -0·3)	(281750 to 314241)	(2051 to 2309)	(6·7 to 11·5)			
Hungary	96761	865	–19·0	221 514	1707	-8·8			
	(82 027 to 115 438)	(744 to 1018)	(–23·5 to –14·7)	(209 001 to 234 108)	(1606 to 1810)	(-11·2 to -6·4)			
Macedonia	14795	714	16·0	37 193	1526	18·3			
	(12 858 to 17014)	(621 to 821)	(11·9 to 20·0)	(35 009 to 39 447)	(1434 to 1621)	(15·2 to 21·3)			
Montenegro	4976	785	8·5	12 611	1712	11·5			
	(4367 to 5690)	(688 to 897)	(5·3 to 11·7)	(11 930 to 13 318)	(1615 to 1810)	(9·3 to 13·9)			
Poland	370 019	893	1.0	908 548	1856	9·1			
	(319 509 to 432 391)	(782 to 1038)	(-3.6 to 5.2)	(860 062 to 960 247)	(1753 to 1964)	(6·7 to 11·3)			
Romania	169 215	834	–7·9	434 844	1751	-5·0			
	(146 358 to 196 891)	(729 to 966)	(–12·5 to –3·4)	(411 374 to 458 018)	(1653 to 1847)	(-6·9 to -3·1)			
Serbia	65 967	733	13·4	174 644	1604	17·9			
	(57 683 to 75 848)	(642 to 840)	(10·0 to 16·7)	(164 893 to 184 515)	(1511 to 1705)	(14·9 to 21·6)			
Slovakia	51 215	889	-9·9	123 805	1831	-2·0			
	(44 217 to 60 241)	(775 to 1031)	(-13·3 to -6·0)	(117 261 to 130 731)	(1730 to 1936)	(-3·9 to 0·4)			
Slovenia	26 182	1092	-3·8	63 460	2255	3·2			
	(22 098 to 31 703)	(938 to 1294)	(-9·3 to 3·1)	(60 084 to 67 002)	(2133 to 2384)	(1·3 to 5·5)			
Central Asia	438 981	495	0·1	868 736	1054	1·9			
	(389 647 to 498 547)	(439 to 563)	(-2·3 to 2·4)	(823 691 to 916 878)	(1002 to 1109)	(0·7 to 3·2)			
Armenia	14 329	474	-12·4	39865	1171	-13·3			
	(12 636 to 16 274)	(417 to 539)	(-16·1 to -8·6)	(36019 to 45144)	(1057 to 1325)	(-17·4 to -9·4)			
Azerbaijan	45 533	465	-3·4	101481	1008	1.6			
	(40 390 to 51 890)	(410 to 530)	(-6·9 to 0·1)	(95966 to 107296)	(954 to 1065)	(-0.9 to 4.5)			
Georgia	20 209	496	-4·6	48 707	1046	−3·0			
	(17 948 to 22 994)	(440 to 563)	(-8·2 to -1·3)	(46 371 to 51 143)	(994 to 1100)	(−5·6 to −0·1)			
Kazakhstan	108 784	609	9·8	217 996	1251	11·3			
	(96 745 to 122 858)	(541 to 689)	(5·7 to 14·2)	(206 528 to 229 023)	(1187 to 1313)	(8·8 to 13·9)			
Kyrgyzstan	28 144	470	-13·1	51 346	989	-9·6			
	(24 869 to 31 895)	(417 to 532)	(-16·7 to -9·6)	(48 550 to 54 313)	(940 to 1043)	(-12·0 to -7·2)			
Mongolia	19 388	634	51·3	34544	1258	52·1			
	(17 259 to 22 037)	(563 to 723)	(43·5 to 58·0)	(32803 to 36466)	(1197 to 1325)	(47·4 to 56·6)			
Tajikistan	35 891	417	–13·3	62 285	918	-6·9			
	(31 281 to 41 437)	(364 to 482)	(–16·9 to –9·8)	(58 266 to 66 604)	(861 to 978)	(-10·1 to -2·7)			
Turkmenistan	24 881	448	-0·2	46 815	945	3·6			
	(22 055 to 28 455)	(398 to 512)	(-3·7 to 3·6)	(44 152 to 49 691)	(894 to 999)	(1·0 to 5·9)			
Uzbekistan	141 821	459	4·0	265 697	963	5·4			
	(125 591 to 160 782)	(405 to 521)	(0·1 to 7·5)	(251 467 to 282 482)	(913 to 1019)	(3·0 to 7·9)			
					(7	Table 1 continues on next pag			

	Incidence			Prevalence			
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	
(Continued from previous pa	age)						
Latin America and Caribbean	1 845 785 (1 656 712 to 2 074 570)	330 (296 to 372)	1·1 (-0·9 to 3·3)	3721363 (3549097to 3887453)	681 (650 to 710)	3·6 (2·2 to 4·9)	
Central Latin America	716 600	293	-9·5	1412146	609	–5·0	
	(642 948 to 806 959)	(263 to 330)	(-11·6 to -7·6)	(1349779 to 1474463)	(584 to 635)	(–5·9 to –3·9)	
Colombia	139 297	294	-8·7	300 952	632	-1·7	
	(124 785 to 157 283)	(263 to 331)	(-12·1 to -5·1)	(287 367 to 315 562)	(605 to 663)	(-4·0 to 0·3)	
Costa Rica	15 073	316	18·3	33 681	677	24·8	
	(13 458 to 17 031)	(281 to 357)	(13·8 to 23·1)	(31 961 to 35 326)	(643 to 710)	(21·5 to 28·3)	
El Salvador	19 120	317	1·0	37724	660	5·5	
	(16 989 to 21 613)	(282 to 359)	(-7·3 to 7·0)	(35 524 to 40 291)	(622 to 705)	(−0·5 to 9·6)	
Guatemala	45 833	301	14·2	73 308	593	19·1	
	(40 822 to 51 724)	(269 to 341)	(6·5 to 19·9)	(69 788 to 77 152)	(568 to 620)	(15·0 to 22·4)	
Honduras	20 923	279	30·4	37 596	567	33·1	
	(18 552 to 23 757)	(246 to 317)	(25·3 to 36·2)	(34 937 to 40 813)	(532 to 610)	(26·4 to 42·1)	
Mexico	341 669	279	-19·7	658 215	565	–16∙9	
	(306 552 to 384 904)	(249 to 315)	(-21·8 to -17·7)	(628 280 to 687 951)	(540 to 589)	(–18∙0 to –15∙6)	
Nicaragua	15 254	263	4·8	29 229	564	-0·0	
	(13 573 to 17 337)	(233 to 299)	(1·1 to 8·7)	(27 333 to 31 642)	(531 to 609)	(-5·3 to 4·5)	
Panama	12 357	315	19·1	25 833	683	24·0	
	(11 042 to 13 915)	(281 to 354)	(15·2 to 23·4)	(24 514 to 27 043)	(649 to 715)	(20·8 to 27·1)	
Venezuela	107 073	348	14·0	215 609	742	19·6	
	(96 052 to 119 963)	(313 to 390)	(9·4 to 18·7)	(205 565 to 225 532)	(709 to 775)	(16·8 to 22·5)	
Andean Latin America	175 372	303	7·9	338 065	640	12·1	
	(157 046 to 195 338)	(271 to 340)	(4·7 to 11·2)	(320 850 to 354 351)	(610 to 670)	(10·2 to 14·0)	
Bolivia	31 106	294	–4·0	55 875	608	2·6	
	(27 863 to 34 867)	(262 to 329)	(−7·0 to −1·2)	(53 030 to 58 747)	(579 to 638)	(0·2 to 5·1)	
Ecuador	55753	350	16·5	101 553	696	11·8	
	(49 257 to 63 120)	(310 to 398)	(9·0 to 26·0)	(96 588 to 106 302)	(663 to 728)	(9·3 to 14·3)	
Peru	88 513	282	6·8	180 637	622	15·1	
	(78 933 to 98 960)	(252 to 316)	(2·3 to 11·4)	(170 825 to 189 957)	(590 to 652)	(11·8 to 18·3)	
Caribbean	145 899	320	21·1	322 291	706	29·9	
	(130 066 to 163 629)	(285 to 360)	(17·9 to 24·5)	(292 210 to 359 914)	(640 to 788)	(20·2 to 44·6)	
Antigua and Barbuda	263	291	15·4	596	640	18·5	
	(235 to 295)	(259 to 326)	(12·3 to 18·8)	(566 to 625)	(607 to 671)	(15·6 to 21·4)	
The Bahamas	1222	314	6·3	2720	660	11·2	
	(1097 to 1368)	(281 to 352)	(2·9 to 9·8)	(2591 to 2843)	(629 to 690)	(8·6 to 14·5)	
Barbados	782	275	19·2	1995	600	23·1	
	(697 to 875)	(246 to 309)	(16·2 to 22·5)	(1899 to 2084)	(569 to 628)	(19·9 to 26·3)	
Belize	1148	321	32·3	1969	659	31·7	
	(1029 to 1282)	(289 to 358)	(26·4 to 37·1)	(1873 to 2056)	(629 to 685)	(28·6 to 35·3)	
Bermuda	226	322	-4·0	515	719	5·0	
	(201 to 253)	(286 to 361)	(-7·5 to -0·2)	(490 to 539)	(684 to 752)	(2·4 to 7·7)	
Cuba	41 964	338	12·5	96 307	683	10·6	
	(36 486 to 48 735)	(296 to 387)	(8·0 to 17·7)	(91 245 to 101 339)	(646 to 719)	(7·6 to 13·9)	
Dominica	210	284	32·7	458	610	35∙5	
	(188 to 236)	(254 to 319)	(29·1 to 36·5)	(434 to 481)	(578 to 641)	(31∙6 to 40∙0)	
Dominican Republic	32 270	308	31·7	65 016	678	34·1	
	(28 928 to 36 034)	(277 to 343)	(27·7 to 36·2)	(61 686 to 68 195)	(645 to 709)	(30·7 to 37·7)	
Grenada	333	317	29·8	643	645	31·5	
	(296 to 373)	(283 to 356)	(26·2 to 33·5)	(609 to 674)	(612 to 674)	(28·5 to 34·6)	
Guyana	2297	307	15·4	4176	589	19·1	
	(2055 to 2582)	(276 to 344)	(11·7 to 19·3)	(3972 to 4380)	(561 to 616)	(16·5 to 22·0)	
Haiti	31 804	289	20·1	71 467	748	69·6	
	(27 952 to 36 334)	(255 to 327)	(12·3 to 31·0)	(48 284 to 108 152)	(530 to 1087)	(20·6 to 144·6)	
					(Table	e 1 continues on next page)	

	Incidence			Prevalence		
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates 1990–2016
(Continued from previous pag	e)					
Jamaica	7721	268	38·9	16 275	580	38-2
Puerto Rico	13213 (11 678 to 15 024)	(239 to 299) 346 (307 to 391)	(35.5 to 42.7) 21.8 (17.1 to 27.0)	(15 350 to 17 055) 31 248 (29 568 to 32 767)	731 (690 to 766)	23·4 (19·7 to 27·1)
Saint Lucia	526	291	20·1	1199	632	25·2
	(469 to 592)	(260 to 328)	(16·8 to 23·4)	(1141 to 1258)	(602 to 663)	(21·9 to 28·7)
Saint Vincent and the	342	312	29·1	698	639	30·9
Grenadines	(305 to 387)	(279 to 352)	(25·3 to 32·8)	(661 to 731)	(606 to 668)	(27·2 to 34·7)
Suriname	1684	313	26·1	3444	652	27·0
	(1511 to 1885)	(281 to 351)	(22·2 to 30·2)	(3284 to 3595)	(623 to 680)	(23·5 to 30·3)
Trinidad and Tobago	4111	312	24·9	9781	661	33.0
	(3684 to 4589)	(280 to 348)	(19·7 to 29·9)	(9298 to 10211)	(628 to 691)	(29.5 to 36.5)
Virgin Islands	343	309	15·2	834	640	16·4
	(306 to 389)	(276 to 348)	(11·6 to 18·8)	(792 to 874)	(607 to 672)	(13·9 to 19·8)
Iropical Latin America	807 914	382	6·2	1648860	763	5·4
	(720 908 to 913 966)	(340 to 432)	(3·0 to 9·8)	(1572072 to 1728016)	(728 to 798)	(3·0 to 7·5)
Brazil	786433 (701498 to 889704)	383 (341 to 434)	5.6 (2.4 to 9.2)	1608456 (1533394 to 1684669)	764 (729 to 801)	4·9 (2·4 to 7·0)
Paraguay	21 481	330	36·9	40 404	692	33·7
	(18 974 to 24 600)	(293 to 376)	(32·6 to 41·7)	(38 084 to 42 978)	(655 to 731)	(29·4 to 38·3)
Southeast Asia, east Asia, and Oceania	6 356 051 (5 736 733 to 7 010 413)	302 (273 to 332)	31·1 (26·8 to 35·5)	16 424 025 (15 779 923 to 17 082 254)	714 (687 to 743)	43·0 (41·0 to 45·4)
East Asia	4 481 454 (4 033 188 to 4 949 337)	312 (282 to 344)	33·3 (28·5 to 38·3)	12 301 082 (11 843 999 to 12 776 357)	739 (712 to 768)	43·5 (41·4 to 45·7)
China	4339 654 (3 905 674 to 4790 917)	313 (283 to 345)	33·1 (28·3 to 38·1)	11 931 974 (11 487 676 to 12 391 509)	742 (715 to 771)	43·6 (41·4 to 45·8)
North Korea	71712	267	56·4	163 389	590	54·1
	(64835 to 79836)	(241 to 297)	(49·9 to 63·1)	(156 812 to 170 561)	(566 to 616)	(50·3 to 57·6)
Taiwan (province of China)	70 088	296	26·2	205719	708	31·1
	(63 129 to 77 594)	(267 to 328)	(21·3 to 31·9)	(197291 to 213773)	(679 to 737)	(28·2 to 34·1)
Southeast Asia	1 843 182	283	27·1	4 070 463	649	42·8
	(1 667 459 to 2 039 489)	(256 to 312)	(20·9 to 32·0)	(3 880 114 to 4 273 779)	(620 to 680)	(40·1 to 46·0)
Cambodia	41142	263	25·3	80 281	615	24·4
	(37163 to 45610)	(238 to 291)	(6·8 to 38·0)	(73 748 to 91 402)	(560 to 713)	(5·0 to 41·4)
Indonesia	672 105	264	25·2	1 453 365	595	35·8
	(606 726 to 743 145)	(238 to 292)	(21·4 to 29·1)	(1 384 542 to 1 525 952)	(569 to 624)	(32·6 to 39·5)
Laos	17757	241	17·7	29 003	523	53∙6
	(16 038 to 19 746)	(218 to 268)	(-7·8 to 35·4)	(27 652 to 30 510)	(500 to 546)	(49∙8 to 57∙0)
Malaysia	100 399	324	36·5	219 095	746	42·9
	(90 368 to 111 622)	(292 to 358)	(32·2 to 41·5)	(209 068 to 229 686)	(715 to 781)	(40·1 to 45·4)
Maldives	772	211	7·2	1638	505	20·5
	(699 to 859)	(192 to 233)	(3·6 to 10·5)	(1558 to 1716)	(483 to 528)	(18·3 to 23·3)
Mauritius	3375	269	43·8	8810	619	52·3
	(3049 to 3722)	(244 to 297)	(39·1 to 48·6)	(8434 to 9178)	(592 to 646)	(48·8 to 55·6)
Myanmar	133 998	250	43·3	309 036	598	72·3
	(120 772 to 148 898)	(225 to 278)	(38·4 to 48·5)	(282 463 to 348 950)	(549 to 670)	(60·5 to 88·9)
Philippines	285 035	275	29·7	525 214	589	42·4
	(256 711 to 318 916)	(249 to 307)	(21·0 to 38·3)	(499 001 to 554 225)	(562 to 621)	(38·2 to 45·9)
Sri Lanka	63 643	309	-23·4	172 628	794	37·5
	(57 818 to 70 087)	(281 to 340)	(-49·2 to 0·2)	(158 213 to 195 277)	(727 to 897)	(29·7 to 48·6)
Seychelles	306	312	37·7	694	692	45·6
	(278 to 339)	(283 to 345)	(33·4 to 42·4)	(665 to 723)	(663 to 720)	(43·1 to 48·5)
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	Incidence			Prevalence			
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	
(Continued from previous page	ge)						
Thailand	244221	352	28.2	652 995	812	35.6	
Timor-Leste	(218 841 to 2/1818)	(317 to 391)	(23·8 to 32·7)	(624 934 to 682 082)	(//6 to 848)	(32·8 to 38·2)	
	2689	235	-26·3	5952	711	39·3	
	(2426 to 2970)	(213 to 260)	(-56·8 to 8·5)	(5049 to 7666)	(593 to 930)	(28·2 to 49·8)	
Vietnam	275 305	291	50·4	605 688	644	59·2	
	(247 741 to 307 255)	(262 to 323)	(46·0 to 55·0)	(577 863 to 632 572)	(616 to 672)	(55·8 to 62·5)	
Oceania	31 414	282	29·1	52 480	565	39·8	
	(28 426 to 34 833)	(256 to 312)	(24·1 to 33·7)	(49 980 to 55 147)	(540 to 591)	(37·6 to 42·4)	
American Samoa	227	290	13·2	444	644	17·6	
	(206 to 250)	(264 to 320)	(10·1 to 16·6)	(422 to 466)	(616 to 674)	(14·9 to 20·2)	
Federated States of	273	267	28·0	464	545	31·4	
Micronesia	(247 to 302)	(242 to 295)	(24·2 to 32·1)	(442 to 489)	(521 to 571)	(28·6 to 34·2)	
Fiji	2181	256	40·0	4599	538	43·5	
	(1982 to 2409)	(234 to 282)	(35·7 to 44·4)	(4402 to 4812)	(516 to 562)	(40·8 to 45·9)	
Guam	566	326	34·0	1273	726	34·7	
	(514 to 624)	(296 to 359)	(29·6 to 38·6)	(1219 to 1330)	(695 to 758)	(32·6 to 37·1)	
Kiribati	283	243	42·2	467	481	48·2	
	(255 to 316)	(219 to 271)	(38·0 to 46·9)	(444 to 491)	(459 to 503)	(45·6 to 51·2)	
Marshall Islands	197	263	31·4	322	528	31·1	
	(179 to 218)	(239 to 289)	(27·2 to 35·8)	(307 to 338)	(505 to 552)	(28·4 to 33·7)	
Northern Mariana Islands	405	307	10·4	758	702	11·9	
	(365 to 451)	(279 to 338)	(7·4 to 13·6)	(720 to 798)	(673 to 734)	(9·8 to 13·9)	
Papua New Guinea	22356	288	27.0	35 154	566	41·4	
	(20209 to 24797)	(260 to 320)	(21.0 to 32.2)	(33 432 to 36 990)	(540 to 592)	(38·6 to 44·3)	
Samoa	518	261	2/·3	944	583	36.5	
	(469 to 571)	(237 to 287)	(23·7 to 31·1)	(899 to 996)	(558 to 612)	(33.2 to 40.5)	
Solomon Islands	(1443 to 1765)	269 (245 to 298)	33·4 (29·3 to 37·6)	(2360 to 2611)	538 (515 to 563)	38.5 (36.2 to 41.0)	
Tonga	288	268	18·4	499	565	25·4	
	(261 to 320)	(244 to 296)	(14·2 to 22·7)	(477 to 523)	(542 to 589)	(23·1 to 27·8)	
Vanuatu	/25 (655 to 803)	259 (235 to 287)	40·4 (35·7 to 45·1)	(1148 to 1273)	539 (514 to 566)	46·/ (43·5 to 49·7)	
North Africa and Middle East	2434103 (1986710 to 3189781)	412 (340 to 528)	14·5 (-1·1 to 43·0)	3 966 247 (3 679 371 to 4 400 997)	782 (730 to 864)	1·3 (-0·8 to 3·7)	
Afghanistan	207 438	564	63·3	219778	953	-10·5	
	(117 298 to 397 313)	(331 to 1 046)	(-0·4 to 166·9)	(163909 to 318642)	(670 to 1 458)	(-22·8 to 11·3)	
Algeria	124287	310	-7·5	259395	710	-1·6	
	(111 642 to 137 587)	(278 to 343)	(-10·0 to -4·8)	(246483 to 272456)	(677 to 743)	(-3·6 to 0·7)	
Bahrain	4748	339	-8·4	10 818	796	-2·1	
	(4278 to 5231)	(305 to 374)	(-11·6 to -5·1)	(10 262 to 11 427)	(759 to 835)	(-4·8 to 0·8)	
Egypt	262 264	281	24·6	484935	601	23·2	
	(236 586 to 292 139)	(254 to 312)	(21·1 to 28·6)	(461177 to 509082)	(574 to 628)	(20·3 to 26·4)	
Iran	302 610	372	-32·7	701 593	921	-7·8	
	(272 173 to 335 983)	(335 to 411)	(-49·9 to -12·2)	(652 604 to 773 884)	(858 to 1013)	(-12·8 to -3·5)	
Iraq	267248	633	67·2	314 391	1134	-4·2	
	(165709 to 466 109)	(407 to 1 097)	(8·7 to 181·8)	(253 102 to 440 165)	(908 to 1581)	(-12·8 to 5·1)	
Jordan	27 961	343	4·3	40 959	646	-11·4	
	(22 479 to 37 776)	(278 to 457)	(-12·2 to 41·3)	(38 745 to 43 436)	(616 to 679)	(-13·8 to -8·5)	
Kuwait	14802	376	-32·3	33 516	902	-6·4	
	(13329 to 16386)	(339 to 415)	(-53·5 to -10·7)	(31 700 to 35 329)	(861 to 943)	(-9·7 to -4·0)	
Lebanon	18765	329	-44·6	63 264	1099	-21·9	
	(16061 to 22592)	(282 to 395)	(-62·5 to -26·6)	(49 117 to 92 756)	(849 to 1623)	(-30·4 to -12·0)	
Libya	26 136	420	29·1	47 418	814	6·8	
	(19 639 to 38 381)	(318 to 617)	(0·5 to 90·0)	(41 783 to 57 143)	(723 to 970)	(-3·4 to 25·2)	

	Incidence				Prevalence			
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990-2016		
(Continued from previous pag	e)							
Morocco	95064	284 (255 to 216)	0.5	212 653	647 (618 to 680)	5·9		
Oman	20 498 (18 259 to 22 719)	(255 to 316) 427 (383 to 475)	-5·5 (-9·0 to -2·0)	(203 045 to 224 043) 41 920 (39 721 to 43 961)	991 (945 to 1036)	-1·1 (-3·0 to 0·9)		
Palestine	16 165	284	–2·8	25 590	714	-1·2		
	(14 415 to 18 200)	(256 to 318)	(–18·9 to 9·5)	(22 870 to 30 171)	(629 to 875)	(-10·3 to 7·7)		
Qatar	11778	484	-2·3	24779	1155	0·0		
	(10504 to 13139)	(436 to 535)	(-5·5 to 0·8)	(23 437 to 26 188)	(1102 to 1210)	(-2·2 to 1·9)		
Saudi Arabia	119 832	380	–13·5	243 943	855	-11·1		
	(107 918 to 132 057)	(341 to 419)	(–15·3 to –11·5)	(233 302 to 255 668)	(821 to 892)	(-12·5 to -10·0)		
Sudan	126030	306	6·7	199309	639	12·9		
	(109808 to 146687)	(268 to 352)	(-0·6 to 14·5)	(187481 to 215246)	(605 to 686)	(10·4 to 15·8)		
Syria	262 602	1322	424·8	149 597	917	60·3		
	(93 725 to 553 607)	(481 to 2 779)	(90·8 to 1 029·7)	(109 414 to 218 593)	(696 to 1288)	(26·7 to 117·7)		
Tunisia	34 436	314	4·4	80306	699	7·1		
	(30 908 to 38 256)	(281 to 349)	(1·4 to 8·2)	(76207 to 84356)	(664 to 734)	(4·2 to 10·7)		
Turkey	248 553	316	-15·7	557 595	708	-13·2		
	(222 612 to 277 292)	(283 to 352)	(-19·3 to -10·7)	(531 362 to 584 590)	(676 to 742)	(-16·3 to -10·2)		
United Arab Emirates	46 220	464	-6·8	102 902	1074	-4·1		
	(41 326 to 51 437)	(417 to 513)	(-9·2 to -4·4)	(97 674 to 108 666)	(1028 to 1125)	(-6·3 to -2·1)		
Yemen	194241	626	99·0	147 165	708	7·8		
	(130687 to 327977)	(427 to 1051)	(35·8 to 234·4)	(134 214 to 168 397)	(659 to 783)	(3·0 to 15·6)		
South Asia	7 039 830 (6 292 303 to 7 812 364)	439 (393 to 488)	4·4 (2·4 to 6·6)	12 366 812 (11 871 688 to 12 866 592)	828 (794 to 860)	16·7 (15·7 to 17·8)		
Bangladesh	540 467	343	12·9	980717	698	29·5		
	(485 923 to 599 958)	(309 to 383)	(9·6 to 16·3)	(935 604 to 1031234)	(666 to 732)	(26·4 to 33·2)		
Bhutan	3214	426	2·1	5489	811	7·6		
	(2872 to 3589)	(379 to 477)	(-0·5 to 4·7)	(5233 to 5756)	(777 to 847)	(5·2 to 10·0)		
India	5 6 4 1 6 9 7 (5 0 3 9 0 2 9 to 6 2 6 2 0 1 5)	455 (406 to 505)	2·3 (0·1 to 4·6)	9 965 355 (9 558 481 to 10 358 885)	846 (811 to 879)	14·7 (13·8 to 15·7)		
Nepal	108 610	382	3·9	181 820	751	20·3		
	(96 933 to 121 246)	(340 to 427)	(0·9 to 7·1)	(173 484 to 191 290)	(717 to 788)	(17·3 to 23·7)		
Pakistan	745 843	401	19·9	1 233 430	803	26·5		
	(669 513 to 830 822)	(361 to 446)	(16·5 to 23·2)	(1 174 231 to 1 291 274)	(769 to 837)	(23·7 to 30·0)		
Sub-Saharan Africa	2 956 908 (2 659 347 to 3 286 997)	326 (293 to 363)	-11·8 (-20·3 to -6·7)	4 182 169 (3 987 073 to 4 395 220)	621 (594 to 649)	0·7 (-0·3 to 1·8)		
Southern sub-Saharan	251795	332	-14·4	420 050	640	-15·2		
Africa	(227 351 to 279 669)	(300 to 368)	(-18·0 to -12·0)	(401 203 to 441 118)	(614 to 670)	(-16·2 to -14·3)		
Botswana	7864	351	17·1	12 941	675	16·0		
	(7032 to 8785)	(316 to 391)	(14·2 to 20·1)	(12 262 to 13 600)	(643 to 706)	(14·2 to 18·0)		
eSwatini	4735	365	17·0	6370	646	8·3		
	(4232 to 5305)	(326 to 407)	(13·3 to 20·8)	(6051 to 6696)	(617 to 675)	(6·5 to 10·2)		
Lesotho	7016	336	25·7	9080	529	9∙0		
	(6310 to 7810)	(304 to 372)	(22·4 to 29·2)	(8651 to 9546)	(507 to 555)	(7∙0 to 11∙2)		
Namibia	7400	296	-0·2	11 413	578	2·1		
	(6646 to 8200)	(266 to 326)	(-2·8 to 2·4)	(10 830 to 11 979)	(551 to 603)	(0·7 to 3·6)		
South Africa	185 015	352	–18·8	327 583	680	–19·3		
	(167 062 to 205 569)	(318 to 390)	(–22·9 to –15·9)	(313 064 to 344 174)	(652 to 712)	(–20·3 to –18·3)		
Zimbabwe	39766	271	2·9	52 663	471	0·7		
	(35598 to 44047)	(245 to 300)	(0·9 to 5·0)	(50 084 to 55 611)	(452 to 492)	(-1·1 to 2·5)		
Western sub-Saharan Africa	1 158 340	316	-2·6	1614512	597	3·1		
	(1 040 158 to 1 293 825)	(284 to 353)	(-4·9 to -0·7)	(1537783 to 1696546)	(572 to 622)	(1·9 to 4·4)		

	2016 counts					
		2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates 1990–2016
Continued from previous page	e)					
Benin Burkina Faso	33 501 (30 129 to 37 297) 53 214	327 (293 to 364) 312	4.6 (1.7 to 7.6) -0.6	47 011 (44 631 to 49 362) 69 252	613 (585 to 638) 567	7.7 (5.2 to 10.1) 6.3
Cameroon	(4/530 to 59 321)	(2/8 to 349)	(-3·2 to 2·1)	(65 694 to 72 704)	(542 to 592)	(4·3 to 8·6)
	70 982	320	3·0	95 352	572	0·5
Cape Verde	(63/88 to /9 440) 1654 (1405 to 1828)	(286 to 359) 304 (275 to 227)	(0.0 to 6.2) 12.2 (0.7 to 14.8)	(90299 to 1005/8) 2810 (2672 to 2044)	(546 to 598) 626	(-1.4 to 2.7) 16.0 (12 5 to 18 6)
Chad	42 615 (38 197 to 47 636)	(275 to 357) 315 (282 to 351)	(-7.6)	(2073 to 2944) 54599 (51 499 to 58150)	595 (564 to 631)	5.1 (2.0 to 7.7)
Côte d'Ivoire	71655 (64.027 to 80.338)	344 (307 to 385)	(-22.9 to 2.7) -5.3 (-7.9 to -2.6)	99313 9367 to 104562)	617 (589 to 644)	-3.0
The Gambia	5471	291	-9·8	7266	552	-9·4
	(4879 to 6116)	(261 to 325)	(-11·7 to -8·0)	(6889 to 7683)	(528 to 578)	(-11·5 to -7·4)
Ghana	84 274	329	12.5	125 387	614	15·9
	(75 885 to 93 620)	(295 to 367)	(10.0 to 15.1)	(119 141 to 131 582)	(587 to 640)	(13·5 to 18·4)
Guinea	35 050	297	-5·1	48739	539	-4·7
	(31 420 to 39 047)	(267 to 331)	(-7·2 to -2·8)	(46352 to 51196)	(516 to 562)	(-6·9 to -2·2)
Guinea-Bissau	5715	328	-7·8	7776	567	-4·7
	(5146 to 6362)	(295 to 365)	(-9·5 to -6·1)	(7400 to 8173)	(544 to 591)	(-6·7 to -2·7)
Liberia	11 400	270	-61∙6	17 961	558	-4·3
	(10 217 to 12 762)	(242 to 302)	(-77∙5 to -41∙0)	(16 439 to 20 466)	(512 to 634)	(-11·0 to 4·7)
Mali	49 132	292	-5∙0	64365	557	6·6
	(43 999 to 54 775)	(263 to 325)	(-8∙6 to -2∙3)	(61076 to 68253)	(532 to 586)	(3·5 to 11·1)
Mauritania	12 094	321	-11·3	19 189	642	5·7
	(10 836 to 13 462)	(288 to 358)	(-22·4 to -3·5)	(18 276 to 20 120)	(614 to 670)	(3·6 to 7·9)
Niger	52 541	281	-11·2	66 915	521	-5·6
	(47 077 to 58 407)	(253 to 314)	(-14·2 to -8·7)	(63 772 to 70 348)	(498 to 543)	(-7·8 to -3·6)
Nigeria	546 313	319	-0.6	772 539	619	3·8
	(488 793 to 609 609)	(286 to 358)	(-3.3 to 2.6)	(731 537 to 814 574)	(591 to 648)	(1·7 to 6·0)
São Tomé and Príncipe	670	360	5·9	945	705	6·3
	(603 to 748)	(324 to 402)	(3·0 to 8·7)	(897 to 992)	(673 to 737)	(3·8 to 8·7)
Senegal	44 145	314	-0·4	61 131	586	2·4
	(39 611 to 48 997)	(280 to 350)	(-3·1 to 2·5)	(58 199 to 64 314)	(560 to 612)	(−0·1 to 4·6)
Sierra Leone	17 879	299	-5·1	25 965	573	0.9
	(16 024 to 19 972)	(268 to 334)	(-7·3 to -3·0)	(24 414 to 28 059)	(541 to 620)	(-3.5 to 8.5)
Тодо	20 024	296	-1·9	27 967	536	-1·9
	(17 885 to 22 273)	(265 to 330)	(-4·4 to 0·8)	(26 541 to 29 459)	(513 to 559)	(-3·9 to 0·4)
Eastern sub-Saharan Africa	1181878	337	-19·1	1 649 534	640	5·3
	(1055453 to 1317176)	(302 to 377)	(-33·5 to -9·4)	(1564 002 to 1748 871)	(608 to 680)	(3·4 to 7·0)
Burundi	37 392	363	3·0	51 646	689	24·3
	(33 413 to 41 982)	(324 to 408)	(0·5 to 5·6)	(48 379 to 56 131)	(646 to 748)	(18·8 to 34·5)
Comoros	2436	339	-22·2	3746	661	–16·8
	(2192 to 2719)	(304 to 377)	(-24·0 to -20·1)	(3554 to 3940)	(632 to 690)	(–18·6 to –14·8)
Djibouti	3282	364	-9·1	5163	708	-1·2
	(2949 to 3671)	(326 to 408)	(-16·4 to -4·4)	(4902 to 5411)	(676 to 738)	(-3·1 to 1·0)
Eritrea	16 867	357	-1·4	24312	679	15·2
	(15 110 to 18 875)	(319 to 400)	(-4·3 to 1·4)	(22780 to 26223)	(640 to 728)	(10·5 to 22·6)
Ethiopia	314 622	343	-43·4	456 884	659	2·4
	(281 760 to 350 817)	(307 to 382)	(-62·2 to -25·4)	(430 726 to 485 886)	(624 to 703)	(-2·7 to 6·0)
Kenya	148 509	349	8·8	216 411	669	12·9
	(133 090 to 166 370)	(313 to 391)	(7·7 to 9·8)	(206 413 to 226 979)	(642 to 696)	(12·1 to 13·9)
Madagascar	70 496	305	-5·6	98 994	567	-2·6
	(63 093 to 78 880)	(272 to 342)	(-8·3 to -2·8)	(93 993 to 104 236)	(540 to 593)	(-4·8 to -0·3)

	Incidence			Prevalence		
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016
(Continued from previous pag	e)					
Malawi	45 111	273	–13·1	56 744	478	-9·8
	(40 282 to 50 765)	(244 to 307)	(–15·3 to –10·8)	(53 648 to 60 217)	(455 to 502)	(-12·3 to -7·7)
Mozambique	86 051	333	1.5	116 779	629	4·2
	(77 161 to 95 938)	(298 to 371)	(-11.2 to 9.5)	(109 146 to 126 995)	(584 to 697)	(−5·1 to 11·2)
Rwanda	33 114	297	–35·1	63 878	782	27·0
	(29 559 to 37 120)	(265 to 334)	(–50·5 to –24·7)	(52 403 to 85 437)	(633 to 1065)	(4·1 to 73·2)
Somalia	38 718	402	–11∙6	45 828	645	1·2
	(32 227 to 50 226)	(339 to 505)	(–17∙6 to –6∙7)	(42 334 to 51 096)	(598 to 719)	(-2·3 to 6·6)
South Sudan	46 491	383	–29·0	63 707	723	1·1
	(41 340 to 52 564)	(341 to 434)	(–49·5 to –9·0)	(59 090 to 70 275)	(674 to 797)	(-3·0 to 7·3)
Tanzania	166 283	332	-3·1	225 251	615	1·7
	(148 670 to 186 579)	(298 to 371)	(-5·3 to -0·8)	(213 622 to 237 194)	(588 to 643)	(-0·5 to 4·0)
Uganda	116 067	316	0·3	149 404	609	9·2
	(103 532 to 129 901)	(283 to 354)	(-4·1 to 3·8)	(139 610 to 161 903)	(568 to 674)	(-0·6 to 16·7)
Zambia	55 681	381	7·1	69 654	647	4·6
	(49 801 to 62 201)	(341 to 424)	(4·3 to 10·0)	(66 142 to 73 339)	(619 to 675)	(2·6 to 6·8)
Central sub-Saharan Africa	364 894	331	-7·4	498 074	637	2·5
	(327 646 to 405 768)	(296 to 369)	(-11·7 to -4·5)	(473 461 to 526 322)	(607 to 673)	(0·8 to 4·7)
Angola	89 553	378	-12·8	123 421	772	6·4
	(80 374 to 99 729)	(338 to 424)	(-27·2 to -3·2)	(115 993 to 132 673)	(726 to 841)	(1·5 to 10·2)
Central African Republic	14 436	299	5·7	18 918	487	5·7
	(12 954 to 16 183)	(268 to 335)	(1·6 to 11·2)	(17 855 to 20 081)	(464 to 513)	(2·6 to 9·9)
Congo (Brazzaville)	15 810	356	-2·4	23 976	711	15·3
	(14 211 to 17 546)	(318 to 397)	(-4·4 to -0·2)	(22 503 to 25 886)	(669 to 769)	(10·3 to 24·3)
Democratic Republic of the	235 694	315	-6·6	316 583	599	-0·5
Congo	(211 454 to 262 391)	(283 to 351)	(-8·6 to -4·6)	(300 808 to 333 679)	(571 to 627)	(-3·1 to 3·0)
Equatorial Guinea	3144	402	16·1	5148	799	39·4
	(2808 to 3501)	(359 to 452)	(12·5 to 20·0)	(4920 to 5371)	(765 to 831)	(36·4 to 42·4)
Gabon	6257	370	-12·0	10 028	732	-4·0
	(5600 to 6956)	(331 to 411)	(-14·1 to -9·8)	(9590 to 10 472)	(701 to 761)	(-5·7 to -2·4)
95% uncertainty intervals are in p	arentheses. SDI=Socio-demog	raphic Index.				

Table 1: Incidence and prevalence of traumatic brain injury in 2016, and percentage change in age-standardised rates by location, 1990-2016

collaboration that quantifies the effects of hundreds of diseases, injuries, and risk factors around the world, producing annual estimates of all-cause mortality, causes of death, non-fatal health outcomes, and risk factors. Within the GBD framework, estimates for TBI and SCI burden have not previously been available as reported results. Instead, these nature-of-injury codes were incorporated as part of the analytic process that computed disability and results were ultimately provided only by cause (eg, falls) rather than by nature of injury (eg, TBI). Here, we describe an approach for estimation of naturespecific non-fatal burden estimates for all injuries, and report the incidence, prevalence, and years of life lived with disability (YLDs) for TBI and SCI, as well as the proportion of TBI and SCI caused by different injuries by region.

study, standardised analytic methods were used to estimate incidence, prevalence, and YLDs by age, sex, cause, year, and location. The study was an attempt to use all accessible information about disease and injury occurrence, clinical course, and severity that passed a set of inclusion criteria. The comparability of data was optimised by adjusting for different case definitions, enforcing consistency between data for prevalence, incidence, and cause of death estimates, and predicting estimates for locations with sparse data by borrowing information from other locations and covariates. These methods, data, and criteria are described in more detail in other GBD 2016 reports.^{3,14-17}

Detailed elements of the GBD methods for measurement of TBI and SCI (including case definitions and severity definitions), a flowchart for our TBI and SCI estimation, and overall GBD study methods are in appendix 1. The measurement of TBI and SCI burden had two key deviations from the standard GBD framework. First, the GBD cause hierarchy categorised both TBI and SCI as being a nature of injury as opposed to a cause of

See Online for appendix 1 Methods

Overview

Our approach to measuring TBI and SCI was developed within the GBD 2016 study framework. In the GBD 2016

	Incidence			Prevalence			
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardise rates (per 100 000)	d Percentage change in age-standardised rates, 1990–2016	
Global	934 951 (780 963 to 1 155 187)	13 (11 to 16)	-3·6 (-7·4 to 4·0)	27 042 505 (24 976 608 to 30 148 230)	368 (340 to 409)	-0·2 (-2·1 to 2·7)	
High SDI	276 308 (216 293 to 355 713)	25 (20 to 31)	-3·6 (-6·9 to -0·5)	9 247 664 (8 524 049 to 9 989 539)	760 (698 to 827)	-1·5 (-3·1 to -0·1)	
High-middle SDI	155 063	13	–13·7	5 394 307	420	-4·8	
	(128 957 to 184 025)	(11 to 16)	(–18·7 to –10·0)	(4 994 153 to 6 042 158)	(389 to 469)	(-6·4 to -3·3)	
Middle SDI	176 312	8	5·8	5 576 932	231	25·6	
	(149 499 to 209 614)	(7 to 9)	(-0·9 to 11·7)	(5 244 937 to 5 941 725)	(217 to 246)	(23·4 to 28·0)	
Low-middle SDI	242 480	12	17·9	5 141 936	260	22·6	
	(189 305 to 340 476)	(9 to 16)	(4·2 to 54·0)	(4 571 709 to 6 349 080)	(233 to 319)	(19·5 to 28·1)	
Low SDI	89 536	12	–20·0	1795 869	304	14·2	
	(65 824 to 142 240)	(9 to 18)	(–33·2 to –10·1)	(1327 167 to 2 961 901)	(220 to 519)	(8·1 to 25·5)	
High income	287 206 (223 675 to 372 032)	25 (20 to 32)	-4·3 (-7·7 to -1·1)	9 699 029 (8 946 042 to 10 481 324)	776 (713 to 846)	-2·0 (-3·6 to -0·6)	
High-income North America	101 259	26	2·9	2 959 275	709	-6·5	
	(79 044 to 129 722)	(20 to 33)	(−3·2 to 9·0)	(2 725 268 to 3 165 768)	(650 to 761)	(-9·9 to -2·6)	
Canada	9654	25	-2·5	324689	752	0·5	
	(7533 to 12 401)	(20 to 31)	(-7·3 to 1·9)	(298545 to 349527)	(685 to 811)	(-2·7 to 3·8)	
Greenland	15	31	–16·5	388	704	-2·1	
	(12 to 19)	(24 to 39)	(–19·0 to –14·0)	(357 to 416)	(644 to 759)	(-5·5 to 1·5)	
USA	91 556	26	3·7	2 633 160	704	-7·3	
	(71 406 to 117 479)	(20 to 33)	(-2·7 to 10·5)	(2 427 190 to 2 818 818)	(646 to 756)	(-11·1 to -3·0)	
Australasia	6612	23	-2·2	240 093	745	3·3	
	(5191 to 8442)	(18 to 29)	(-8·0 to 2·9)	(220 533 to 259 720)	(682 to 811)	(-0·3 to 6·9)	
Australia	5556	23	-1·3	201 658	742	3·9	
	(4366 to 7090)	(18 to 28)	(-7·1 to 4·1)	(185 041 to 218 197)	(679 to 809)	(-0·1 to 7·9)	
New Zealand	1057	23	-6·4	38 436	759	0·3	
	(830 to 1351)	(18 to 29)	(-12·3 to -0·9)	(35 415 to 41 681)	(695 to 828)	(-3·5 to 5·4)	
High-income Asia Pacific	51 251	25	-9·6	1831823	821	1·1	
	(40 229 to 65 487)	(20 to 32)	(-13·6 to -5·7)	(1686204 to 1996895)	(747 to 907)	(-1·3 to 3·9)	
Brunei	124	32	–13·8	4018	922	–6·9	
	(98 to 154)	(25 to 40)	(–17·7 to –9·9)	(3641 to 4463)	(840 to 1021)	(–9·8 to –3·9)	
Japan	36218	25	-5·1	1 306 337	824	5·0	
	(28255 to 46493)	(20 to 31)	(-10·0 to -1·0)	(1 202 409 to 1 424 185)	(749 to 913)	(2·1 to 8·8)	
Singapore	1000	26	2·0	39 555	875	15·6	
	(786 to 1269)	(21 to 33)	(-2·5 to 6·5)	(36 218 to 43 598)	(797 to 969)	(10·5 to 21·3)	
South Korea	13 909	27	–17·2	481 913	811	-8·1	
	(10 890 to 17 539)	(21 to 34)	(–21·3 to –12·3)	(440 648 to 527 192)	(738 to 894)	(-11·6 to -4·4)	
Western Europe	115 958	26	-6·8	4 297 097	854	0·3	
	(88 458 to 151 615)	(20 to 33)	(-10·8 to -3·5)	(3 965 806 to 4 706 288)	(780 to 945)	(-1·6 to 2·5)	
Andorra	21	26	4·0	834	886	7·0	
	(16 to 28)	(20 to 33)	(1·4 to 6·9)	(763 to 915)	(805 to 985)	(3·3 to 10·8)	
Austria	2614	29	–14·8	97310	937	-5·7	
	(1982 to 3459)	(22 to 37)	(–19·0 to –10·3)	(88649 to 107961)	(853 to 1051)	(-8·9 to -1·3)	
Belgium	3784	30	3·7	121148	908	3·7	
	(2863 to 5077)	(23 to 39)	(-3·3 to 10·2)	(110 972 to 133 190)	(827 to 1008)	(0·0 to 7·8)	
Cyprus	239	27	-2·4	9060	887	5·0	
	(186 to 303)	(21 to 34)	(-7·0 to 1·8)	(8244 to 9999)	(803 to 984)	(1·6 to 8·7)	
Denmark	1582	27	–10·9	57 680	876	5·1	
	(1199 to 2081)	(21 to 35)	(–15·6 to –6·0)	(52 720 to 63 666)	(793 to 979)	(0·6 to 9·2)	
Finland	1963	32	0·5	64 375	977	11·3	
	(1476 to 2638)	(25 to 42)	(-4·3 to 5·4)	(58 841 to 70 664)	(884 to 1084)	(7·5 to 15·7)	
France	19 918	27	-12·4	643 671	855	-5·5	
	(14 899 to 26 506)	(21 to 35)	(-17·1 to -7·7)	(592 262 to 702 838)	(781 to 943)	(-8·8 to -1·7)	
					(Table	e 2 continues on next page)	

	Incidence			Provalence		
	2016 counts	2016 age-standardised rates	Percentage change	2016 counts	2016 age-standardised	Percentage change in
		(per 100 000)	rates, 1990–2016		fates (per 100 000)	1990–2016
(Continued from previous page)						
Germany	22 047	26	–5·6	837 659	842	3·0
	(16 728 to 28 901)	(20 to 33)	(–10·7 to –0·9)	(768 281 to 921 948)	(765 to 939)	(-1·0 to 7·3)
Greece	2627	25	-9·7	111 122	860	-3·7
	(2036 to 3381)	(20 to 32)	(-13·7 to -5·8)	(102 610 to 121 509)	(787 to 949)	(-7·0 to -0·5)
Iceland	84	25	-1·2	3138	864	7·6
	(65 to 108)	(20 to 32)	(-5·6 to 3·2)	(2868 to 3465)	(786 to 959)	(3·3 to 12·4)
Ireland	1250	28	5·4	48 263	961	13·3
	(964 to 1625)	(21 to 35)	(-0·8 to 10·7)	(43 550 to 53 544)	(862 to 1073)	(8·7 to 18·4)
Israel	1969	24	0·2	73 637	913	18·9
	(1532 to 2513)	(18 to 30)	(-9·9 to 6·3)	(63 187 to 94 545)	(782 to 1179)	(10·6 to 32·3)
Italy	16 889	27	-6·0	657779	893	0·9
	(13 033 to 21 903)	(21 to 34)	(-9·9 to -1·8)	(602 165 to 725 620)	(810 to 999)	(-2·9 to 4·8)
Luxembourg	158	27	-21·0	5725	854	-13·6
	(121 to 206)	(20 to 34)	(-25·3 to -16·9)	(5240 to 6266)	(778 to 941)	(-16·8 to -10·1)
Malta	109	26	-7·8	4474	905	-0·1
	(84 to 141)	(21 to 34)	(-11·0 to -4·5)	(4088 to 4920)	(820 to 1003)	(-4·0 to 3·3)
Netherlands	4019	23	3·0	152583	/b4	ŏ·∕
	(3104 to 5168)	(18 to 29)	(-2·5 to 9·1)	(141164 to 164905)	(702 to 833)	(4·1 to 13·7)
Norway	1498	27	-0·5	52 434	876	9.7
	(1139 to 1981)	(21 to 35)	(-4·8 to 4·2)	(47 800 to 58 063)	(795 to 982)	(5.5 to 14.3)
Portugal	2425	22	-23·3	92650	/30	-18·2
	(1888 to 3137)	(18 to 28)	(-28·1 to -18·8)	(85596 to 100266)	(671 to 797)	(-22·0 to -14·4)
Spain	11 33/	24	-6·4	464 843	841	1.0
	(8741 to 14 624)	(19 to 31)	(-11·9 to -1·0)	(427 508 to 508 351)	(768 to 931)	(-2.9 to 5.8)
Sweden	(2083 to 3556)	20 (20 to 34)	2·9 (-1·8 to 7·0)	(92 140 to 113 327)	903 (811 to 1017)	7.2 (2.8 to 11.4)
Switzenanu	(1793 to 3115)	25 (20 to 33)	-20·3 (-34·0 to -23·3)	(73587 to 85786)	(718 to 847)	-23.9 (-28.0 to -19.9)
UK	(12 431 to 21182)	(19 to 32)	-0.4 (-4.5 to 2.8)	(561180 to 677 232)	(754 to 929)	(0·2 to 4·8)
Southern Latin America	12 125	18	9·6	370 741	548	19·3
	(9601 to 15 163)	(15 to 23)	(6·1 to 12·6)	(343 020 to 399 059)	(507 to 591)	(15·6 to 23·5)
Argentina	8086	18	10·3	246 246	556	20·5
	(6429 to 10010)	(15 to 23)	(5·5 to 14·5)	(227 798 to 265 490)	(514 to 600)	(15·8 to 26·0)
Chile	3362	18	4·9	104731	534	15·2
	(2662 to 4286)	(14 to 23)	(1·5 to 8·1)	(96 919 to 112 518)	(493 to 575)	(11·2 to 19·2)
Uruguay	677	19	14·6	19745	534	20·9
	(533 to 851)	(15 to 23)	(11·1 to 18·3)	(18265 to 21341)	(492 to 578)	(16·5 to 26·4)
Central Europe, eastern Europe, and central Asia	77852 (63 320 to 94 211)	18 (15 to 22)	-5·2 (-7·3 to -3·1)	2 371 936 (2 210 605 to 2 553 070)	513 (477 to 554)	2·5 (-0·1 to 7·0)
Eastern Europe	41 674	19	-4·2	1222360	510	-1·0
	(34 038 to 50 176)	(16 to 23)	(-7·1 to -1·4)	(1141216 to 1306976)	(474 to 547)	(-3·9 to 2·7)
Belarus	2111	22	14·2	62 524	568	13·8
	(1719 to 2578)	(18 to 26)	(10·3 to 18·3)	(58 133 to 66 705)	(527 to 609)	(10·1 to 17·6)
Estonia	249	19	–18·0	8391	549	-4·0
	(201 to 304)	(15 to 23)	(–22·1 to –13·6)	(7794 to 9006)	(507 to 592)	(-7·6 to -0·4)
Latvia	383	19	–20·4	11 905	516	-9·5
	(310 to 470)	(15 to 23)	(–24·1 to –16·4)	(11 114 to 12 653)	(480 to 552)	(-12·1 to -6·6)
Lithuania	653	21	-3·8	19 428	570	1·8
	(527 to 798)	(18 to 26)	(-7·6 to 0·4)	(18 014 to 20 800)	(526 to 614)	(-2·1 to 5·5)
Moldova	652	16	–15·7	20 939	458	–5·0
	(537 to 776)	(13 to 19)	(–19·2 to –11·8)	(19 342 to 22 699)	(422 to 497)	(–9·0 to 0·3)
Russia	29 681	20	-4·1	847799	514	-1·3
	(24 253 to 35 758)	(16 to 24)	(-7·8 to -0·7)	(789586 to 907826)	(478 to 552)	(-4·7 to 3·1)
					(Table 2	continues on next page

	Incidence			Prevalence			
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990-2016	
(Continued from previous page)							
Ukraine	7945	18	-6·3	251374	484	-2·6	
	(6532 to 9573)	(15 to 21)	(-9·7 to -2·8)	(235107 to 268367)	(451 to 519)	(-6·3 to 1·7)	
Central Europe	24 512	20	-3·3	812 242	597	12·1	
	(19 365 to 30 562)	(16 to 25)	(-6·4 to -0·6)	(750 130 to 881 919)	(549 to 653)	(8·8 to 17·9)	
Albania	463	16	10·4	17 030	537	20·0	
	(369 to 567)	(13 to 20)	(5·3 to 15·3)	(15 238 to 19 542)	(480 to 622)	(11·8 to 36·8)	
Bosnia and Herzegovina	621	17	32·5	33 351	739	91.8	
	(497 to 772)	(14 to 21)	(27·6 to 38·0)	(25 724 to 49 144)	(568 to 1097)	(50.9 to 184.2)	
Bulgaria	1331	19	-6·1	47 216	553	0·0	
	(1055 to 1664)	(15 to 23)	(-10·4 to -1·8)	(43 288 to 50 931)	(503 to 598)	(-3·7 to 3·5)	
Croatia	874	18	-3·7	27754	545	13·6	
	(687 to 1101)	(15 to 22)	(-9·7 to 2·2)	(24164 to 34570)	(472 to 684)	(-0·4 to 46·6)	
Czech Republic	2691	24	-4·5	91860	728	19·1	
	(2131 to 3348)	(20 to 30)	(-10·0 to 1·1)	(84086 to 99449)	(662 to 791)	(14·6 to 24·6)	
Hungary	2256	21	-17·4	64731	554	4·1	
	(1759 to 2863)	(16 to 26)	(-22·5 to -12·8)	(59 089 to 69 980)	(504 to 603)	(−0·6 to 8·5)	
Macedonia	350	17	17·5	12 171	518	21·7	
	(276 to 430)	(14 to 21)	(12·9 to 21·9)	(11 089 to 13 251)	(470 to 567)	(16·7 to 27·2)	
Montenegro	117	19	8·0	3952	564	11·6	
	(94 to 144)	(15 to 23)	(4·8 to 11·4)	(3633 to 4262)	(515 to 612)	(8·2 to 15·7)	
Poland	8501	21	0·9	267715	589	15·1	
	(6733 to 10 627)	(17 to 26)	(-3·6 to 5·0)	(247729 to 289 959)	(543 to 641)	(11·2 to 19·5)	
Romania	3972	20	–10·3	129 774	571	-5·5	
	(3142 to 4942)	(16 to 25)	(–15·0 to –5·9)	(119 600 to 139 154)	(525 to 617)	(-9·3 to -2·0)	
Serbia	1542	18	13·7	60 445	604	36·8	
	(1220 to 1916)	(14 to 22)	(10·3 to 17·4)	(52 192 to 75 281)	(518 to 761)	(20·9 to 72·7)	
Slovakia	1189	21	-9·4	37 606	588	5·7	
	(937 to 1487)	(17 to 26)	(-13·1 to -5·5)	(34 645 to 40 508)	(538 to 637)	(2·1 to 9·4)	
Slovenia	605	26	-0·8	18 638	732	14·5	
	(465 to 778)	(20 to 33)	(-6·9 to 7·3)	(17 160 to 19 922)	(670 to 785)	(10·3 to 18·8)	
Central Asia	11 666	13	-0·9	337 334	391	5·4	
	(9682 to 13 817)	(11 to 16)	(-3·1 to 1·4)	(311 213 to 368 474)	(361 to 425)	(1·8 to 12·0)	
Armenia	381	13	–12·5	17 219	518	–15·9	
	(312 to 456)	(11 to 15)	(–16·5 to –8·6)	(13 820 to 22 659)	(418 to 678)	(–23·6 to –7·2)	
Azerbaijan	1233	13	-3·0	41 913	407	14·1	
	(1023 to 1470)	(10 to 15)	(-6·3 to 0·4)	(37 773 to 48 658)	(368 to 469)	(5·8 to 30·9)	
Georgia	514	13	–5·6	17 389	395	4·3	
	(422 to 615)	(11 to 15)	(−9·2 to −2·0)	(15 704 to 20 381)	(355 to 464)	(-4·5 to 22·4)	
Kazakhstan	2777	15	5·8	74 482	419	7·5	
	(2306 to 3283)	(13 to 18)	(1·7 to 10·0)	(69 375 to 79 913)	(391 to 450)	(4·5 to 10·9)	
Kyrgyzstan	751	12	–14·3	19731	354	-6·7	
	(625 to 891)	(10 to 15)	(–17·8 to –10·9)	(18264 to 21228)	(329 to 379)	(-11·4 to -2·0)	
Mongolia	496	16	34·1	12 043	405	39·1	
	(410 to 592)	(13 to 19)	(19·4 to 44·4)	(11 144 to 12 943)	(377 to 434)	(34·1 to 44·5)	
Tajikistan	1012	11	-11·5	31 335	416	20·8	
	(836 to 1206)	(9 to 14)	(-15·0 to -8·1)	(25 925 to 43 192)	(346 to 568)	(2·2 to 63·7)	
Turkmenistan	671	12	0·2	18 298	344	8·0	
	(558 to 792)	(10 to 14)	(-3·4 to 3·8)	(16 869 to 19 720)	(319 to 369)	(4·7 to 11·4)	
Uzbekistan	3831	12	3·7	104 924	355	8.0	
	(3173 to 4538)	(10 to 15)	(0·3 to 6·9)	(97 144 to 113 211)	(330 to 383)	(5.2 to 11.0)	
Latin America and Caribbean	44 612	8	-4·4	1257730	222	1·2	
	(36 971 to 53 003)	(7 to 10)	(-8·6 to -1·1)	(1167571 to 1358261)	(206 to 239)	(-1·1 to 4·3)	
Central Latin America	16 957	7	-14·8	481 048	197	-5·2	
	(14 048 to 20 273)	(6 to 8)	(-19·8 to -11·6)	(439 582 to 529 653)	(181 to 216)	(-7·4 to -2·9)	
					(Table 2	continues on next page)	

	Incidence			Prevalence			
	2016 counts	2016 age-standardised rates	Percentage change in age-standardised	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates,	
(Continued from provious page)		(per 100 000)	rates, 1990–2016			1990–2016	
Colombia	3224	7	-12·6	102 906	210	4·6	
	(2631 to 3876)	(6 to 8)	(-19·0 to -7·7)	(93 911 to 113 136)	(192 to 230)	(0·4 to 10·4)	
Costa Rica	348	7	16·2	10 475	209	25·0	
	(285 to 421)	(6 to 9)	(12·2 to 20·2)	(9631 to 11 355)	(192 to 226)	(21·9 to 28·1)	
El Salvador	437	7	-22·1	16 404	282	-10·6	
	(358 to 528)	(6 to 9)	(-49·3 to -0·6)	(11 867 to 27 532)	(202 to 481)	(-22·4 to 4·8)	
Guatemala	1134	7	-3·5	28 342	209	6·4	
	(937 to 1355)	(6 to 9)	(-30·6 to 12·3)	(24 201 to 36 840)	(177 to 279)	(-6·7 to 17·6)	
Honduras	511	7	29·8	14181	193	48·5	
	(420 to 615)	(6 to 8)	(23·4 to 36·7)	(12288 to 16888)	(168 to 227)	(33·4 to 73·7)	
Mexico	8221	7	–23·8	218 025	177	–17·0	
	(6810 to 9858)	(6 to 8)	(–26·6 to –20·9)	(202 252 to 234 802)	(165 to 190)	(–19·5 to –14·2)	
Nicaragua	374	6	0·9	14 630	260	-11·3	
	(309 to 449)	(5 to 8)	(-4·9 to 5·7)	(10 612 to 23 865)	(190 to 421)	(-23·4 to 3·2)	
Panama	285	7	14·9	8224	212	21·8	
	(234 to 345)	(6 to 9)	(10·7 to 18·7)	(7588 to 8872)	(196 to 228)	(18·5 to 24·9)	
Venezuela	2424	8	11·0	67 861	223	20·8	
	(1985 to 2928)	(7 to 10)	(6·5 to 16·1)	(62 472 to 73 699)	(207 to 242)	(16·5 to 27·3)	
Andean Latin America	4900	8	-2·1	134761	241	10·6	
	(4107 to 5740)	(7 to 10)	(-12·2 to 5·5)	(124709 to 147122)	(224 to 262)	(7·7 to 14·3)	
Bolivia	858	8	-9·7	21669	218	6·5	
	(719 to 1002)	(7 to 9)	(-12·8 to -6·6)	(19934 to 23636)	(202 to 236)	(3·8 to 9·4)	
Ecuador	1553	10	23·9	36 335	236	11·6	
	(1249 to 1947)	(8 to 12)	(8·7 to 53·4)	(33 747 to 39 419)	(220 to 255)	(8·2 to 14·4)	
Peru	2489	8	-11·5	76757	251	11·3	
	(2075 to 2913)	(7 to 9)	(-25·3 to -1·5)	(70427 to 84881)	(231 to 277)	(7·1 to 16·6)	
Caribbean	3748	8	22·1	120 881	263	49·7	
	(3111 to 4449)	(7 to 10)	(16·4 to 30·7)	(99 280 to 156 635)	(216 to 341)	(24·2 to 94·0)	
Antigua and Barbuda	7	8	11.6	220	232	15·6	
	(6 to 8)	(6 to 9)	(8.5 to 15.0)	(203 to 237)	(215 to 250)	(12·0 to 19·6)	
The Bahamas	30	8	6·6	906	220	15·7	
	(25 to 36)	(7 to 9)	(3·2 to 10·0)	(842 to 972)	(204 to 236)	(12·2 to 19·3)	
Barbados	20 (16 to 23)	/ (6 to 8)	16.7 (14.1 to 19.7)	(616 to 709)	(197 to 228)	20·4 (16·9 to 25·3)	
Belize	28	8	1/-2	/11	212	23.6	
	(24 to 34)	(7 to 9)	(-0-7 to 27-1)	(657 to 770)	(198 to 228)	(19.2 to 29.8)	
Bermuda	5	8	-2·5	1/4	241	15·/	
	(4 to 6)	(6 to 9)	(-5·7 to 0·9)	(161 to 186)	(223 to 258)	(12·3 to 19·4)	
Cupa	(853 to 1310)	9 (7 to 10)	15·2 (9·3 to 21·0)	(28 803 to 33 423)	230 (218 to 255) 208	1/·8 (13·7 to 23·3)	
Dominican Republic	5 (4 to 6) 770	/ (6 to 8)	(24·2 to 31·1)	(145 to 170)	200 (192 to 224)	(26·0 to 38·3)	
Gronada	(636 to 920)	/ (6 to 9) 8	(22·2 to 30·4)	(20 428 to 23 753)	(204 to 236)	(29·5 to 40·6)	
Guerra	o (7 to 10)	o (7 to 10)	(20.8 to 28.5)	230 (212 to 248)	(204 to 237)	24·9 (20·9 to 29·5)	
GUYANA	59 (49 to 70)	o (7 to 10)	9.5 (5.7 to 13.4)	1433 (1336 to 1527)	191 (179 to 203)	(13·2 to 19·9)	
	930 (747 to 1180)	9 (7 to 11)	31·2 (10·5 to 65·2)	37 949 (18897 to 72 460)	301 (188 to 718) 202	1//·3 (38·9 to 419·8)	
Jaillaica	(161 to 230)	/ (6 to 8) 8	(27·0 to 35·2)	5755 (5309 to 6147)	(187 to 216)	(26·0 to 35·4)	
FUELLO KILO	(260 to 386)	o (7 to 10)	22.4 (17.3 to 27.8)	(9034 to 10384)	239 (222 to 256)	20.9 (25.2 to 33.2)	
Saint Lucia	13 (11 to 15)	/ (6 to 9)	10.0 (13.3 to 19.8)	406 (378 to 436)	(198 to 228)	24·3 (21·1 to 28·1)	
					(Table 2	continues on next page)	

	Incidence			Prevalence		
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardis rates (per 100 000)	ed Percentage change in age-standardised rates, 1990–2016
(Continued from previous page)						
Saint Vincent and the Grenadines	9	8	20·4	242	216	22·0
	(7 to 10)	(7 to 9)	(15·8 to 25·1)	(224 to 259)	(201 to 231)	(18·6 to 27·7)
Suriname	41	8	20·2	1180	216	21·8
	(35 to 49)	(7 to 9)	(16·6 to 24·3)	(1092 to 1273)	(201 to 233)	(15·8 to 26·5)
Trinidad and Tobago	98	8	12·9	3186	219	31·9
	(81 to 118)	(6 to 9)	(-1·8 to 21·8)	(2963 to 3403)	(203 to 234)	(28·2 to 37·7)
Virgin Islands	9	8	13·3	254	217	16·7
	(7 to 10)	(6 to 9)	(10·2 to 16·7)	(236 to 273)	(200 to 233)	(13·3 to 20·7)
Tropical Latin America	19 006	9	0·4	521 040	235	-2·4
	(15 547 to 22 905)	(7 to 11)	(−4·0 to 5·0)	(484 365 to 556 898)	(218 to 251)	(-4·9 to -0·0)
Brazil	18 503	9	-0·1	507 588	235	-2·9
	(15 141 to 22 303)	(7 to 11)	(-4·6 to 4·5)	(472 136 to 542 766)	(219 to 252)	(-5·3 to -0·4)
Paraguay	503	8	28·4	13 452	216	20·0
	(413 to 606)	(6 to 9)	(24·0 to 33·4)	(12 233 to 14 741)	(198 to 235)	(15·6 to 24·0)
Southeast Asia, east Asia, and Oceania	147 786 (123 214 to 177 266)	7 (6 to 9)	8·9 (-0·1 to 17·5)	5 355 950 (5 008 161 to 5 755 826)	234 (219 to 251)	32·3 (28·6 to 36·2)
East Asia	101 644	7	10·0	3 851 775	236	30·7
	(84 599 to 122 719)	(6 to 9)	(0·2 to 18·6)	(3 621 176 to 4 082 414)	(222 to 250)	(27·4 to 34·0)
China	98 226	7	9·3	3739 610	237	30·6
	(81 769 to 118 651)	(6 to 9)	(-0·5 to 18·1)	(3515 973 to 3963 481)	(223 to 251)	(27·3 to 33·9)
North Korea	1767	7	44·4	49 176	179	35·0
	(1466 to 2124)	(5 to 8)	(33·1 to 59·7)	(46 203 to 52 190)	(168 to 190)	(31·8 to 38·6)
Taiwan (province of China)	1650	7	21·6	62 989	227	29·3
	(1368 to 1999)	(6 to 9)	(14·7 to 29·9)	(59 405 to 66 948)	(213 to 242)	(25·6 to 33·7)
Southeast Asia	45 349	7	6·4	1 486 699	228	37·3
	(38 407 to 54 280)	(6 to 8)	(-11·2 to 18·2)	(1 324 441 to 1 766 643)	(204 to 271)	(26·7 to 47·9)
Cambodia	1020	7	-13·9	49783	377	–15∙9
	(860 to 1206)	(6 to 8)	(-47·8 to 17·1)	(29731 to 102 600)	(212 to 820)	(–29∙5 to 17∙0)
Indonesia	16 383	7	14·1	525 421	205	33·2
	(13 827 to 19 498)	(6 to 8)	(8·9 to 19·3)	(479 338 to 584 463)	(188 to 229)	(21·5 to 44·5)
Laos	444	6	–26·8	10 096	164	48·7
	(377 to 528)	(5 to 7)	(–60·8 to 11·5)	(9319 to 10 871)	(153 to 177)	(42·8 to 53·3)
Malaysia	2304	8	23·2	70 211	229	33·2
	(1920 to 2798)	(6 to 9)	(18·0 to 29·5)	(66 032 to 74 696)	(216 to 243)	(30·6 to 35·7)
Maldives	20	6	-0·8	632	184	30·9
	(17 to 23)	(5 to 6)	(-4·6 to 3·1)	(585 to 678)	(171 to 196)	(27·0 to 35·4)
Mauritius	81	7	30·3	2866	206	41·9
	(68 to 96)	(6 to 8)	(25·0 to 36·4)	(2698 to 3052)	(194 to 220)	(38·7 to 46·3)
Myanmar	3367	6	25·6	137785	256	69·4
	(2848 to 3916)	(5 to 7)	(14·7 to 34·3)	(109122 to 183939)	(203 to 343)	(31·5 to 124·7)
Philippines	7921	8	7·5	204 930	219	28·6
	(6314 to 10 612)	(6 to 10)	(−10·6 to 24·8)	(178 886 to 256 102)	(190 to 279)	(12·3 to 39·8)
Sri Lanka	1593	8	-63·7	94 402	435	93∙5
	(1350 to 1885)	(7 to 9)	(-84·1 to -23·6)	(61 940 to 170 102)	(286 to 783)	(48∙8 to 161∙0)
Seychelles	8	8	24·9	225	223	35·5
	(6 to 9)	(7 to 9)	(20·1 to 31·0)	(211 to 240)	(209 to 237)	(28·2 to 40·3)
Thailand	5507	8	16·5	186 063	239	29·4
	(4550 to 6744)	(7 to 10)	(11·1 to 22·3)	(175 707 to 197 225)	(226 to 254)	(26·3 to 33·2)
Timor-Leste	69	6	–70·0	5688	677	41·3
	(59 to 81)	(5 to 7)	(–88·0 to –25·0)	(2514 to 13 572)	(280 to 1658)	(21·3 to 65·7)
Vietnam	6571	7	36·7	196 504	204	52·0
	(5510 to 7844)	(6 to 8)	(30·7 to 43·2)	(184 525 to 208 822)	(192 to 217)	(48·1 to 55·7)
					(Tab	le 2 continues on next page)

	Incidence			Prevalence		
	2016 counts	2016	Percentage change	2016 counts	2016 age-standardised	Percentage change in
		age-standardised rates (per 100 000)	in age-standardised rates, 1990–2016		rates (per 100 000)	age-standardised rate 1990–2016
(Continued from previous page)						
Oceania	793	7	12·5	17 477	172	39·6
	(672 to 941)	(6 to 9)	(-1·5 to 21·8)	(16 227 to 18 776)	(160 to 184)	(35·0 to 46·2)
American Samoa	6 (5 to 7)	8 (7 to 9)	6.2 (2.5 to 10.0)	172 (159 to 186)	229	19·9 (14.8 to 28.4)
Federated States of Micronesia	(5 to 7) 7 (6 to 8)	(7 to 3) 7 (6 to 8)	19·2	(159 to 100) 161 (150 to 172)	170 (160 to 181)	27.6
Fiji	56	(0100) 7 (6 to 8)	(13.2 to 24.0) 29.3 (24.6 to 25.0)	1533 (1421 to 1641)	174 (162 to 186)	36·8
Guam	(4/ 10 00) 14 (12 to 17)	(0108) 8 (7to 10)	(24.0 to 35.0) 24.7 (20.1 to 20.0)	(1431 to 1041) 409	233 (210 to 248)	(34·1 to 39·5) 27·8
Kiribati	(12 to 1/)	(7 to 10)	(20-1 to 29-9)	(384 to 434)	(219 to 248)	(23·9 to 33·0)
	7	6	32-5	160	152	50·0
Marshall Islands	(6 to 9)	(5 to 8)	(27·6 to 37·7)	(148 to 174)	(141 to 167)	(43·8 to 63·0)
	5	7	21·3	108	160	20·7
Northern Mariana Islands	(4 to 6)	(6 to 8)	(16·8 to 26·6)	(101 to 116)	(150 to 170)	(18·0 to 23·3)
	10	8	6·8	288	237	8·5
Papua New Guinea	(8 to 12)	(7 to 10)	(3·9 to 10·1)	(268 to 309)	(224 to 253)	(6·1 to 11·9)
	562	7	8·1	11718	168	44·9
Samoa	(476 to 669)	(6 to 9)	(−9·5 to 19·7)	(10 834 to 12 664)	(156 to 181)	(38·9 to 54·0)
	14	7	18·4	344	199	36·1
Solomon Islands	(11 to 16)	(6 to 8)	(14·3 to 23·1)	(318 to 377) 856	(185 to 217)	(30·0 to 45·9)
-	(34 to 48)	(6 to 8)	(17·7 to 28·0)	(794 to 919)	(153 to 175)	(27·7 to 34·0)
longa	/	/	14·1	1/5	184	24·5
	(6 to 9)	(6 to 8)	(8·8 to 19·7)	(163 to 186)	(173 to 195)	(22·0 to 27·1)
Vanuatu	19	7	27·2	406	166	38·2
	(16 to 22)	(6 to 8)	(22·1 to 33·1)	(374 to 444)	(153 to 182)	(34·0 to 43·7)
North Africa and Middle East	114 545 (60 192 to 250 395)	19 (10 to 40)	69·6 (1·2 to 219·0)	2 419 341 (1 598 927 to 4 560 625)	447 (298 to 843)	4·1 (-3·2 to 13·1)
Afghanistan	14 304	37	167·8	313721	1367	-15·7
	(4044 to 38 406)	(11 to 101)	(-1·1 to 410·1)	(101 502 to 865 339)	(392 to 3875)	(-26·0 to 35·3)
Algeria	3284	8	-5·4	106 241	276	12·5
	(2785 to 3845)	(7 to 10)	(-7·9 to -2·7)	(96 415 to 124 577)	(252 to 319)	(5·3 to 28·7)
Bahrain	122	9	-3·9	4500	309	13·1
	(104 to 145)	(8 to 11)	(-8·5 to -0·1)	(4186 to 4828)	(289 to 331)	(9·8 to 16·9)
Egypt	7493	8	24·4	201767	234	24·0
	(6276 to 9128)	(7 to 10)	(16·5 to 43·7)	(184848 to 225697)	(215 to 263)	(19·9 to 29·4)
Iran	7332	9	-56∙2	388 904	482	-17·4
	(6167 to 8763)	(8 to 11)	(-76∙0 to -21∙2)	(258 799 to 723 827)	(322 to 896)	(-26·8 to -3·6)
Iraq	16 663	37	236·9	388 270	1331	-7·7
	(5613 to 47 047)	(13 to 105)	(25·5 to 701·4)	(147 340 to 1 027 960)	(498 to 3581)	(-19·3 to 14·3)
Jordan	1204	14	68·3	16 977	247	-2.5
	(663 to 2460)	(8 to 30)	(-2·7 to 246·7)	(15 689 to 18 348)	(230 to 265)	(-6.0 to 2.6)
Kuwait	365	10	-64·1	13897	342	5.9
	(308 to 429)	(8 to 11)	(-86·5 to -18·1)	(12640 to 16107)	(314 to 386)	(2.0 to 13.5)
Lebanon	669	12 (8 to 21)	-67.9	91954	1590 (567 to 4262)	(-26.3)
Libya	(445 10 1195) 1269 (585 to 2221)	20 (10 to 51)	(-02.0 10 -39.3) 146.1	36616	(307 to 4303) 571	(-51-5-0) 89-7 (14.6 to 227.8)
Morocco	(585 to 3231) 2466 (208 4 to 2800)	(10 to 51) 7 (6 to 0)	(19·9 to 512·5) -1·6 (7.0 to 1.0)	(193/0 to /0295) 82368	(313 to 1208) 242 (226 to 261)	(14·0 to 23/·8) 9·8
Oman	(2084 to 2896)	(6 to 9)	(-/·0 to 1·9)	(/6645to88686)	(226 to 261)	(5·9 to 13·2)
	461	10	-3·3	14520	312	5·3
Palestine	(381 to 559)	(8 to 12)	(-7·0 to 0·1)	(13596 to 15636)	(293 to 335)	(2·6 to 8·2)
	504	9	-24·3	21989	613	-13·0
	(400 to 668)	(7 to 11)	(−53·6 to 7·5)	(11 872 to 48 698)	(304 to 1432)	(-22.5 to 8.9)

	Incidence			Prevalence			
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	
(Continued from previous page)							
Qatar	265	11	-3·5	8857	375	3·3	
	(219 to 320)	(10 to 14)	(-6·1 to -0·8)	(8206 to 9463)	(351 to 399)	(0·9 to 5·8)	
Saudi Arabia	2948	9	–13·6	89 085	291	-8·2	
	(2498 to 3469)	(8 to 11)	(–16·2 to –10·9)	(83 584 to 94 849)	(274 to 308)	(-10·2 to -5·7)	
Sudan	4274	10	8·0	103 888	298	27·4	
	(3005 to 6775)	(7 to 16)	(-13·6 to 31·9)	(78 840 to 166 051)	(227 to 477)	(20·2 to 39·1)	
Syria	27 672	136	1878·0	159 497	839	228·8	
	(5097 to 90 873)	(25 to 441)	(264·0 to 6479·8)	(64 351 to 401 256)	(367 to 2049)	(71·6 to 485·6)	
Tunisia	966	9	9·1	31 176	268	13·7	
	(809 to 1173)	(7 to 11)	(2·4 to 25·4)	(28 902 to 33 771)	(249 to 290)	(10·0 to 17·9)	
Turkey	7321	9	-6·6	231 112	288	-1·8	
	(5931 to 9464)	(8 to 12)	(-16·3 to 15·1)	(212 709 to 258 146)	(265 to 321)	(-7·6 to 9·1)	
United Arab Emirates	1051	11	–6·8	35 473	337	-3·1	
	(870 to 1261)	(9 to 13)	(−8·9 to −4·6)	(33 003 to 37 961)	(315 to 360)	(-5·8 to -0·3)	
Yemen	13 802	42	408·7	75 800	314	20·1	
	(4761 to 37 003)	(15 to 111)	(84·9 to 1 265·1)	(55 113 to 129 308)	(235 to 509)	(8·0 to 38·6)	
South Asia	180 120 (151 167 to 213 759)	11 (10 to 13)	-2·1 (-5·9 to 1·5)	4127359 (3895776 to 4387308)	256 (242 to 272)	20·3 (18·3 to 22·7)	
Bangladesh	14525	9	5·9	368 288	244	35·7	
	(12236 to 17308)	(8 to 11)	(1·6 to 10·5)	(340 422 to 405 978)	(226 to 270)	(29·9 to 44·2)	
Bhutan	81	11	0·3	2043	276	26·6	
	(68 to 96)	(9 to 13)	(-2·4 to 3·0)	(1913 to 2192)	(259 to 295)	(23·0 to 31·1)	
India	143743	12	-4·2	3 252 768	257	17·5	
	(120 391 to 170 991)	(10 to 14)	(-8·4 to -0·4)	(3 074 402 to 3 448 115)	(243 to 272)	(16·0 to 19·0)	
Nepal	2870	10	0·1	69 217	260	38·9	
	(2421 to 3380)	(8 to 12)	(-3·0 to 3·6)	(62 575 to 78 982)	(236 to 293)	(29·9 to 56·2)	
Pakistan	18 902	10	14·1	435 044	255	30·0	
	(16 015 to 22 050)	(9 to 12)	(10·3 to 18·3)	(402 203 to 472 539)	(237 to 274)	(24·4 to 38·7)	
Sub-Saharan Africa	82 830	9	-30·4	1 811 159	232	12·6	
	(70 088 to 98 128)	(7 to 10)	(-52·9 to -12·0)	(1 537 081 to 2 405 237)	(194 to 319)	(6·2 to 24·2)	
Southern sub-Saharan Africa	6185	8	-21·0	140 222	191	-13·5	
	(5194 to 7421)	(7 to 10)	(-36·3 to -12·2)	(130 205 to 151 679)	(178 to 209)	(-15·7 to -11·1)	
Botswana	190	9	12·6	4289	195	8·7	
	(158 to 227)	(7 to 10)	(9·2 to 16·6)	(4000 to 4585)	(183 to 206)	(6·7 to 10·8)	
eSwatini	113	9	13·2	1963	163	-6·5	
	(94 to 135)	(7 to 10)	(9·9 to 16·6)	(1826 to 2104)	(153 to 173)	(-8·3 to -4·6)	
Lesotho	171	8	18·4	2796	132	–10·6	
	(143 to 203)	(7 to 10)	(13·9 to 22·6)	(2594 to 2995)	(125 to 141)	(–12·9 to –7·8)	
Namibia	185	7	0·4	3987	175	5·5	
	(155 to 219)	(6 to 9)	(-1·8 to 2·5)	(3697 to 4282)	(163 to 186)	(3·2 to 8·0)	
South Africa	4444	9	–26·5	107 631	206	-16·4	
	(3702 to 5367)	(7 to 10)	(–42·9 to –16·0)	(99 619 to 118 234)	(191 to 228)	(-18·9 to -13·6)	
Zimbabwe	1084	7	2·9	19 556	140	0·4	
	(920 to 1267)	(6 to 8)	(-0·4 to 5·7)	(18 025 to 21 070)	(131 to 149)	(-1·2 to 2·0)	
Western sub-Saharan Africa	33 433	9	-6·7	648 235	202	10·1	
	(28 312 to 39 509)	(7 to 10)	(-14·1 to -2·5)	(588 267 to 723 553)	(186 to 226)	(6·0 to 19·1)	
Benin	906	9	1·8	17 000	187	5·4	
	(768 to 1067)	(7 to 10)	(-0·9 to 4·6)	(15 734 to 18 325)	(175 to 200)	(3·1 to 7·6)	
Burkina Faso	1512	9	-2·6	26 537	179	11·1	
	(1275 to 1779)	(7 to 10)	(-5·6 to 1·3)	(24 449 to 28 527)	(167 to 190)	(8·6 to 13·2)	
Cameroon	2059	9	6·1	36 183	179	-1·5	
	(1721 to 2448)	(7 to 11)	(0·9 to 17·1)	(33 240 to 39 021)	(166 to 192)	(-4·2 to 1·9)	
Cape Verde	45	8	9·4	1109	225	16·6	
	(38 to 52)	(7 to 10)	(6·1 to 12·8)	(1029 to 1189)	(210 to 239)	(14·2 to 19·1)	
					(Table 2	continues on next page)	

	Incidence			Prevalence		
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016
(Continued from previous page)						
Chad	1227	9	-32·0	25 952	247	1·3
	(1038 to 1437)	(7 to 10)	(-61·0 to -2·6)	(21 330 to 35 887)	(194 to 368)	(-5·7 to 7·2)
Côte d'Ivoire	1968	9	-4·6	36366	186	1.7
	(1668 to 2297)	(8 to 11)	(-7·1 to -1·9)	(33388 to 39550)	(173 to 201)	(-1.2 to 6.8)
The Gambia	157	8	-8·2	3081	196	-6·7
	(132 to 184)	(7 to 9)	(-10·1 to -6·3)	(2800 to 3417)	(179 to 226)	(-11·9 to -3·2)
Ghana	2301	9	10·5	46 645	196	19·4
	(1953 to 2690)	(7 to 10)	(8·0 to 13·0)	(43 313 to 50 073)	(183 to 209)	(15·9 to 23·3)
Guinea	973	8	-6·8	18 154	170	-5·5
	(822 to 1 133)	(7 to 9)	(-9·1 to -4·4)	(16 817 to 19 621)	(159 to 183)	(-8·5 to −1·0)
Guinea-Bissau	157	9	-8·5	2896	177	4·0
	(132 to 183)	(7 to 10)	(-10·4 to -6·7)	(2629 to 3280)	(162 to 202)	(−2·2 to 18·3)
Liberia	324	7	-85·7	12 285	339	77·5
	(275 to 379)	(6 to 9)	(-94·6 to -59·7)	(7581 to 24 974)	(203 to 698)	(15·8 to 189·6)
Mali	1427	8	-12·4	28 992	211	29·0
	(1206 to 1699)	(7 to 10)	(-23·3 to -5·9)	(24 231 to 39 739)	(176 to 292)	(10·1 to 77·9)
Mauritania	326	9	-31·1	7511	220	14·2
	(275 to 382)	(7 to 10)	(-59·6 to -7·6)	(6963 to 8060)	(205 to 235)	(12·0 to 16·6)
Niger	1545	8	-15·3	25726	169	-2·5
	(1308 to 1825)	(7 to 9)	(-24·7 to -9·5)	(23640 to 27889)	(157 to 182)	(-5·1 to 1·0)
Nigeria	16 220	9	3·0	311 002	210	11·0
	(13 543 to 19 530)	(8 to 11)	(-2·7 to 16·5)	(284 603 to 338 096)	(194 to 227)	(7·2 to 17·3)
São Tomé and Príncipe	18	9	4·0	363	231	7·7
	(15 to 21)	(8 to 11)	(1·4 to 6·5)	(336 to 389)	(216 to 246)	(5·4 to 10·1)
Senegal	1215	8	-3·2	23 803	191	5·4
	(1027 to 1417)	(7 to 10)	(-8·5 to 0·4)	(21 961 to 25 655)	(178 to 205)	(2·3 to 9·7)
Sierra Leone	498	8	-5·2	13 960	263	51·0
	(421 to 582)	(7 to 10)	(-7·4 to -2·9)	(10 075 to 23 417)	(188 to 451)	(7·2 to 154·5)
Тодо	555	8	-2·3	10 662	170	-1·6
	(468 to 649)	(7 to 9)	(-4·9 to 0·2)	(9872 to 11 516)	(159 to 182)	(-4·1 to 1·9)
Eastern sub-Saharan Africa	33 178	9	-48·2	804 687	274	20·4
	(27 991 to 39 389)	(8 to 11)	(-71·0 to -20·4)	(624 381 to 1 220 333)	(206 to 441)	(13·0 to 33·0)
Burundi	1045	10	3·1	27 356	311	108·2
	(878 to 1240)	(8 to 11)	(-0·6 to 10·1)	(19 445 to 46 950)	(216 to 553)	(43·3 to 268·0)
Comoros	63	9	–20·3	1394	212	10·7
	(53 to 75)	(7 to 10)	(–22·5 to –18·1)	(1295 to 1495)	(199 to 226)	(7·7 to 14·9)
Djibouti	87	9	-24·4	1908	230	2·8
	(73 to 102)	(8 to 11)	(-47·3 to -8·7)	(1754 to 2107)	(212 to 255)	(-1·9 to 12·1)
Eritrea	454	9	-3·4	13 098	301	80·4
	(383 to 532)	(8 to 11)	(-6·2 to -0·4)	(9461 to 21 689)	(217 to 506)	(29·8 to 197·0)
Ethiopia	8607	9	–75·0	223 360	287	13·0
	(7299 to 10 139)	(8 to 11)	(–88·9 to –44·2)	(172 265 to 347 531)	(213 to 474)	(6·0 to 19·5)
Kenya	3977	9	7·3	83 265	215	17·2
	(3363 to 4640)	(8 to 11)	(5·9 to 8·7)	(77 387 to 89 234)	(201 to 228)	(15·4 to 19·8)
Madagascar	1943	8	–5·0	36 761	178	2·4
	(1630 to 2280)	(7 to 10)	(–7·7 to –2·0)	(33 937 to 39 548)	(166 to 190)	(−0·3 to 5·5)
Malawi	1280	7	-13·4	21 452	146	-4·7
	(1080 to 1504)	(6 to 9)	(-15·8 to -10·9)	(19 639 to 23 177)	(136 to 156)	(-7·5 to -1·7)
Mozambique	2341	9	–24·0	60 152	308	–18·8
	(1972 to 2747)	(7 to 10)	(–53·9 to 0·4)	(41 299 to 106 716)	(188 to 595)	(–29·7 to 0·3)
Rwanda	908	8	-58·4	85 439	931	453∙5
	(761 to 1067)	(7 to 9)	(-79·8 to -30·3)	(32 287 to 224 253)	(346 to 2464)	(106∙2 to 1 244∙1)
Somalia	1709	16	-21·3	27 548	329	33·3
	(985 to 3437)	(10 to 31)	(-28·7 to -11·7)	(17 750 to 53 134)	(209 to 637)	(6·7 to 71·9)
					(Table 2	continues on next page

	Incidence			Prevalence		
	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990-2016	2016 counts	2016 age-standardised rates (per 100 000)	Percentage change in age-standardised rates, 1990–2016
(Continued from previous page)						
South Sudan	1455	11	-59·4	36 330	358	35·6
	(1158 to 1935)	(9 to 14)	(-79·6 to -21·2)	(23 858 to 66 348)	(230 to 667)	(2·6 to 87·0)
Tanzania	4584	9	-4·2	84 663	192	6·8
	(3883 to 5363)	(7 to 10)	(-6·3 to -2·1)	(78 171 to 91 074)	(179 to 205)	(4·5 to 9·2)
Uganda	3215	8	-11·7	76 806	292	-7·5
	(2700 to 3747)	(7 to 10)	(-29·0 to -1·6)	(57 559 to 123 332)	(192 to 540)	(-24·3 to 23·6)
Zambia	1487	10	2·5	24612	180	2·7
	(1252 to 1747)	(8 to 11)	(-2·1 to 5·9)	(22713 to 26463)	(168 to 192)	(0·3 to 4·8)
Central sub-Saharan Africa	10 034	9	-14·3	218 015	243	22·1
	(8473 to 11 871)	(8 to 11)	(-29·1 to -5·7)	(177 254 to 313 214)	(194 to 357)	(11·0 to 42·6)
Angola	2361	10	-38·2	59 309	339	5·2
	(1989 to 2757)	(8 to 11)	(-66·2 to -9·8)	(44 235 to 95 957)	(234 to 593)	(-9·3 to 23·8)
Central African Republic	434	9	14·8	8061	171	32·9
	(348 to 551)	(7 to 11)	(3·2 to 42·3)	(6335 to 12 014)	(137 to 247)	(7·6 to 93·0)
Congo (Brazzaville)	426	9	–0·5	11542	302	81·9
	(360 to 508)	(8 to 11)	(–3·8 to 5·8)	(8420 to 19317)	(218 to 516)	(31·0 to 207·4)
Democratic Republic of the	6569	9	-4·5	133 941	216	27·6
Congo	(5542 to 7777)	(7 to 10)	(-7·3 to -0·3)	(112 213 to 181 770)	(181 to 296)	(8·5 to 74·1)
Equatorial Guinea	81	10	11·8	1697	234	53·4
	(68 to 94)	(9 to 12)	(6·6 to 16·5)	(1584 to 1805)	(219 to 247)	(49·7 to 57·2)
Gabon	163	10	-10·9	3464	225	3·6
	(138 to 191)	(8 to 11)	(-12·9 to -8·9)	(3219 to 3720)	(211 to 240)	(1·6 to 5·7)
95% uncertainty intervals are in parent	theses. SDI=Socio-demograph	nic Index.				

Table 2: Incidence and prevalence of spinal cord injury in 2016, and percentage change in age-standardised rates by location, 1990–2016

injury-ie, these conditions previously had been measured as consequences of causes of injury. For example, a cause, such as a fall, could lead to SCI. Historically falls have been measured and reported but the actual nature of injury (eg, TBI, ankle fracture) that occurred because of the fall has not been directly reported. This aspect of the GBD study design was consistent across other natures of injuries. Second, estimation of TBI and SCI deviated from the GBD study framework in terms of the measures that were reported for the conditions, because we do not estimate death from TBI or SCI. Although TBI and SCI can lead to death, they were not considered causes of death in the GBD 2016 framework. Instead, the cause of injury (eg. falls) that led to a nature of injury such as TBI was considered the cause of death. For example, an individual who had a fall, sustained a TBI, and then died while in hospital after the injury would be considered to have had a death caused by a fall and an incident TBI. In this study, we estimated the non-fatal burden and therefore report incidence, prevalence, and YLDs, but not cause-specific mortality or years of life lost.

Cause-of-injury estimation

The process for estimation of incidence, prevalence, and YLDs was as follows. First, the incidence of 29 different causes of injury (appendix 1) were modelled with DisMod-MR 2.1, a meta-regression tool that was used extensively throughout the GBD study.³ These

cause-of-injury models measured the incidence of each cause of injury that required medical care, which included patients who were admitted or seen in an outpatient clinic and received a diagnosis code for a given cause of injury. Receiving an injury diagnosis code did not preclude the possibility of death in the hospital or after discharge. Each of these cause models used an array of data types, including surveillance studies, literature studies, hospital discharge records, and emergency department records. The details of these models have previously been described in more detail.3 Although we do not estimate death from TBI or SCI in this study, our modelling strategy also included cause-specific mortality rates from the cause of death ensemble model to inform incidence estimates for causeof-injury models such as road injuries in data-sparse areas using estimates from data-rich areas.18 The outputs from these models were estimates of inpatient (admitted) and outpatient incidence rates of causes of injury and were specific for location, sex, age, and year. The outpatient incidence of each cause was derived from the inpatient incidence on the basis of a regression coefficient for outpatient incidence that was extracted from DisMod-MR 2.1 incidence models in locations that had both inpatient and outpatient data.

Nature-of-injury estimation

Clinical record data that coded for both cause and nature of injury were used to estimate the proportion of each cause



Figure 1: Age-standardised incidence of traumatic brain injury per 100 000 population by location for both sexes, 2016 ATG=Antigua and Barbuda. FSM=Federated States of Micronesia. IsI=Islands. LCA=Saint Lucia. TLS=Timor-Leste. TTO=Trinidad and Tobago. VCT=Saint Vincent and the Grenadines.

> that resulted in each nature of injury. If an injury cause resulted in more than one nature of injury, the most severe was chosen on the basis of a mixed-effects regression model that estimated the disability experienced by an injured individual adjusted for age, sex, and never-injured status, with country and individual random effects. Because SCI was associated with higher disability than TBI (appendix 1), SCI was chosen if both conditions occurred as a result of the same injury. We used this method after finding in a previous GBD study19 that statistically assigning multiple injury categories to a single individual was difficult because of a sparsity of data. This process and the severity rankings are described in more detail in appendix 1. These proportions were calculated for each external cause-of-injury-nature-of-injury (causenature) combination, such that the proportions of all natures of injury for a given cause of injury sum to 1 because of a Dirichlet regression. The output from this step was incidence for each cause-nature combination.

Derivation of incidence, prevalence, and YLDs

From the incidence estimates for each cause-nature combination, we separately modelled short-term and long-term estimates using proportions of individuals expected to experience short-term versus long-term disability (the cutoff for long-term disability was 1 year). The proportions

estimated to experience permanent health loss generally increased with age and were different for TBI and SCI (appendix 1). The short-term prevalence estimates were then calculated on the basis of average duration of a shortterm case, whereas the long-term estimates were considered to be permanent and underwent comorbidity adjustment as described previously.3 Cause-nature incidence rates were converted to prevalence with the differential equation solver used in DisMod-MR 2.1. This solver reconciled the incidence rates from the previous steps with standardised mortality ratios derived from literature studies to estimate prevalence, because people with long-term disability due to TBI and SCI die at a higher rate than the background mortality in the population.²⁰ The final output from this step was prevalence of each causenature combination for each location, year, age, and sex combination.

YLDs were then calculated by multiplying the prevalence by the disability weight. Measurement has been described in more detail previously, but in summary, disability weights were measured through population and internet surveys on the basis of lay descriptions of disabling conditions.²¹ For example, the disability weight for short-term mild TBI and for short-term moderate or severe TBI were 0.110 (95% uncertainty interval [UI] 0.074–0.158) and 0.214 (0.141–0.297), respectively,



Figure 2: Age-standardised incidence of spinal cord injury per 100 000 population by location for both sexes, 2016 ATG=Antigua and Barbuda. FSM=Federated States of Micronesia. IsI=Islands. LCA=Saint Lucia. TLS=Timor-Leste. TTO=Trinidad and Tobago. VCT=Saint Vincent and the Grenadines.

meaning that the affected people experienced health losses of 11.0% and 21.4%, respectively, compared with a person in full health. All disability weights for different severities of TBI and SCI are provided in appendix 1.

After estimation of YLDs, the prevalence, incidence, and YLDs for TBI and SCI were then summed across all causes to estimate the all-injury prevalence, incidence, and YLDs for TBI and SCI separately. Uncertainty was propagated throughout this process by maintaining distributions of 1000 draws for each estimation stage (including percentage change over time). We use the 25th and 975th sorted values in the draw distributions as the upper and lower UIs for mean estimates and for percentage change, whereby change was judged to be significant if the lower and upper UIs did not overlap zero. This process is consistent with management of uncertainty throughout the GBD study framework.³

Statistical analysis

We grouped countries into quintiles on the basis of their 2016 Socio-demographic Index (SDI) value, which is a composite measure of development derived from income per person, educational attainment, and total fertility rate.^v Additionally, we measured the most common causes of TBI and SCI separately in terms of the original cause of injury that led to the disability. Finally, we measured the

proportion of TBI that was mild versus the proportion that was moderate or severe and the proportion of SCI that occurred at the neck versus below the neck and present these values at the global level. Analyses were done in Python (version 2.7), Stata (version 13.1), and R (version 3.3). Statistical code used for this study will be made available upon publication of this Article via the Institute for Health Metrics and Evaluation. This study complies with the Guidelines for Accurate and Transparent Health Estimates Report (GATHER) recommendations (appendix 1).

Role of the funding source

The funder of the study had no role in study design, data collection, data analysis, data interpretation, or the writing of the report. All authors had full access to the data in the study and had final responsibility for the decision to submit for publication.

Results

We used incidence data for every cause of injury and every GBD region. The number of sources by injury and by region are in appendix 1. Incidence, prevalence, and YLD estimates for every cause of injury by age, sex, and location for 1990–2016 are available through an online results tool.

For the **statistical code** used for this study see http://healthdata.

For the **online results tool** see http://ghdx.healthdata.org/gbdresults-tool



Figure 3: Global incidence of minor (A) and moderate or severe (B) traumatic brain injury, and of spinal cord injury at neck level (C) and below neck level (D), by age and sex, 2016 Shaded regions represent 95% uncertainty intervals.

See Online for appendix 2

Table 1 shows the incidence and prevalence of TBI in terms of all-age counts, age-standardised rates (per 100 000 population), and percentage change in agestandardised rates between 1990 and 2016. Table 2 shows the same information for SCI. YLDs from TBI and SCI in terms of all-age counts, age-standardised rates, and total percentage change are in appendix 2, which also includes these estimates by age and sex, and for 1990. Between 1990 and 2016, age-standardised incidence rates significantly increased by $3 \cdot 6\%$ (95% UI $1 \cdot 8$ to $5 \cdot 5$) for TBI and decreased non-significantly by $-3 \cdot 6\%$ ($-7 \cdot 4$ to $4 \cdot 0$) for SCI, leading to age-standardised incidence rates of 369 (331 to 412) per 100000 for TBI and 13 (11 to 16) per 100 000 for SCI (tables 1, 2).

Figures 1 and 2 show the age-standardised incidence by country for 2016 for TBI and SCI, respectively. Central Europe, eastern Europe, and central Asia had substantially higher incidence rates of TBI than the rest of the world; at the regional level, the age-standardised incidence rate was highest in central Europe, at 857 (95% UI 750–988) per 100000 (table 1). Syria had the highest age-standardised incidence rate of TBI of any country, with 1322 (95% UI 481–2779) cases per 100 000. Slovenia (1092 [938–1294] per 100 000) and the Czech Republic (1022 [885–1191] per 100 000) had the next highest age-standardised incidence

rates. The incidence rates for SCI were highest in the high SDI regions high-income North America (26 [20–33] per 100 000) and Western Europe (26 [20–33] per 100 000; table 2). However, at a country level, Syria had the highest age-standardised incidence rate of SCI (136 [25–441] per 100 000), followed by Yemen (42 [15–111] per 100 000), Iraq (37 [13–105] per 100 000), and Afghanistan (37 [11–101]; table 2).

In terms of individuals living with disability from these conditions in 2016, TBI had a global age-standardised prevalence of 759 (95% UI 731-788) per 100000 (table 1), and SCI had a global age-standardised prevalence of 368 (340-409) per 100000 (table 2). These estimates corresponded to 55 million (53-58) individuals with TBI and 27 million (25-30) with SCI (for unrounded estimates see table 1). From 1990 to 2016, the age-standardised prevalence of TBI increased by 8.4% (95% UI 7.7 to 9.2; table 1), whereas that of SCI decreased non-significantly by -0.2% (-2.1 to 2.7; table 2). Age-standardised prevalence of TBI was high in the super-region of cental Europe, eastern Europe, and central Asia at 1539 (1464-1614) per 100000, representing roughly 7.5 million prevalent cases (7·1-7·9). Age-standardised prevalence for SCI was highest in high SDI regions-specifically western Europe (854 [780–945 per 100000) and high-income Asia Pacific (821 [747-907] per 100 000; table 2).

TBI and SCI caused 8.1 million (95% UI 6.0-10.4) and 9.5 million (6.7–12.4) YLDs, respectively, in 2016. The agestandardised YLD rates were 111 (82-141) per 100000 for TBI and 130 (90-170) per 100 000 for SCI (appendix 2). The global age-standardised YLD rates per 100000 population for TBI increased by 8.5% (7.6-9.3) from 1990 to 2016 and those for SCI decreased by 10.0% (7.0-13.3) from 1990 to 2016. At the country level, for TBI, the distribution of YLDs was similar to those of incidence and prevalence. Specifically, countries in central Europe, eastern Europe, and central Asia had the highest age-standardised YLD rates, with country-specific rates ranging from 135 (99-175) per 100000 in Tajikistan to 335 (241-421) per 100000 in Slovenia. For SCI, the high-income super-region had the highest age-standardised YLD rates (229 [159-303] per 100 000). Within these locations, Finland (287 [197-381] per 100 000), Ireland (283 [192-373] per 100 000), and Israel (282 [181-396] per 100000) had the highest age-standardised YLD rates.

Figure 3 shows the global age-specific and sex-specific incidence rates per 100 000 for minor TBI, moderate or severe TBI, spinal cord lesions at the neck, and spinal cord lesions below the neck for 2016. For TBI, these figures show divergent patterns between males and females that start in teenage years and extend to ages 50–60 years (figure 3). At older ages (ie, older than 60 years), the sex-specific incidence rates in males and females is similar (figure 3). The incidence is more similar between the sexes for both subtypes of SCI than for TBI, although men have higher incidences than women of spinal cord lesions at the neck level at ages 20–40 years (figure 3).

The proportion of causes leading to TBI and SCI by region are shown in figure 4. In general, falls were the main cause of TBI. In some regions, such as central Europe, more than 50% of the age-standardised incidence of TBI was caused by falls; in other regions, such as Oceania, falls were still the predominant cause but accounted for a smaller proportion of the age-standardised incidence (figure 4). In addition to having high agestandardised incidence, prevalence, and YLDs attributable to TBI, central and eastern Europe also had the highest incidence of TBI caused by falls. The second most common cause of TBI in most regions was motor vehicle road injuries (figure 4A). The main cause of SCI in most regions was also falls, which accounted for more than 50% of age-standardised incidence in nine different GBD regions (figure 4). Conflict and terrorism was the most common cause in North Africa and the Middle East in 2016 (figure 4B).

Discussion

This study, in which we used the GBD framework to estimate the non-fatal burden of TBI and SCI, is to our knowledge the first effort to quantify the burden of these conditions at global, regional, and national levels for all ages and sexes, and over time, from 1990 to 2016. Globally, these conditions cause non-fatal health loss that is distributed across various levels of income, geographies, and the lifespan, and represent a substantial proportion of global injury burden that could be averted through injury prevention and safety measures.

We identified an increase in global age-standardised incidence, prevalence, and YLDs of TBI between 1990 and 2016. This increase probably reflects the increasing rates of falls and road injuries over this period, which could in turn be due to increased use of motor vehicles, unsafe road conditions, and, in some areas, increased rates of alcohol consumption or unsafe infrastructure.²²⁻²⁴ By contrast, we noted no significant change in the agestandardised incidence or prevalence of SCI, although with global population growth, the absolute number of people living with the effects of SCI is expected to increase. The increasing global incidence of both TBI and SCI starting approximately at age 70 years also shows the importance of preventive measures for injuries through all years of life-particularly in the context of an ageing global population-and of adequate access to acute medical care resources such as emergency medical services and emergency department care.

Regional patterns differed between TBI and SCI. The highest incidence rates of TBI were in central Europe, eastern Europe, and central Asia, whereas the highest incidence rates of SCI were in high-income North

Figure 4: Cause composition of age-standardised incidence of traumatic brain injury (A) and spinal cord injury (B) by Global Burden of Disease region for both sexes, 2016



America, western Europe, and high-income Asia Pacific. Conflict-affected countries in the Middle East-ie, Syria, Yemen, and Iraq-and Afghanistan had the highest country-specific incidence of SCI, and Syria also had the highest incidence of TBI. Rates of TBI and SCI were lower in some low SDI countries in regions such as sub-Saharan Africa, which generally corresponded with the geographical patterns of falls and road injuries in those regions as reported in GBD 2016.3,14,16 These variations in the underlying causes of TBI and SCI probably explain much of the geographical variation in the incidence of TBI and SCI. Access to health-care resources could also explain some geographical variation. For example, the higher prevalence of SCI in North America and western Europe could be related to survival bias in high SDI areas, whereby medical services have led to successful resuscitation in injury victims who otherwise would have died without receiving a TBI or SCI diagnosis code. The high rates of TBI in central Europe, eastern Europe, and central Asia generally correspond with the high all-injury rate estimated in those regions in GBD 2016.34,16

Our findings show that, globally, falls and road injuries were the most important cause of non-fatal cases of both TBI and SCI, reflecting the findings for all 328 diseases and injuries from GBD 2016, in which falls were the tenth leading cause of age-standardised YLDs from 1990 to 2016.3 This burden of falls was particularly evident in our study for central Europe, eastern Europe, and central Asia, where falls were the second most common cause of disability in 1990 and the third most common cause in 2016.3 Although the context in which a fall occurred could not be established in this study because of a lack of International Classification of Diseases (ICD) coding detail, falls can be preventable irrespective of where they occur. Falls leading to SCI have been associated with alcohol use in countries such as Estonia, so risk factor profiles across countries could explain some geographical patterns in this study.22 Road injuries were also important causes of these conditions, suggesting that achievement of Sustainable Development Goal 3.6 ("By 2020, halve the number of global deaths and injuries from road traffic accidents") could reduce the burden of conditions such as TBI and SCI that can result from road injuries.25

Our estimates for TBI incidence diverged from estimates in other published literature. Our study relied on cause-of-injury models that by design estimate the incidence of injuries requiring medical care. A limitation of this approach is that some people with TBI, particularly mild TBI, might not seek medical attention after injury and are thus not captured in the analysis, which could lead to underestimation of the global burden of TBI.^{26,27} In a study²⁸ done in New Zealand, in which proactive screening methods were used to contact people after an accident to their upper body (including use of broad ICD-10 codes [S00–09] in addition to communitybased case-ascertainment sources to identify individuals not seeking medical treatment), the incidence of TBI was 790 per 100000 (substantially higher than that in our study), and approximately 30% of people with mild TBI did not seek medical attention soon after their TBI. However, this study was done in only one country, and the findings can probably not be generalised to the global population. However, the findings of that study²⁸ emphasise the need for other international studies to use a comprehensive community-based approach for case ascertainment to increase the accuracy of GBD estimates.

In general, our study had similar limitations to other GBD studies, but with the added complexity and uncertainty of measuring TBI and SCI within other injury estimates, which has not been done previously in the GBD framework. In terms of TBI-specific and SCI-specific limitations, we used medical record data extensively in our modelling process, which might not be representative of the entire population. This point is pertinent because most of the dual-coded clinical data that was used in the derivation of cause-nature proportions was from highincome countries. Additionally, the derivation of the incidence coefficient that adjusts for injuries receiving outpatient care was based on limited data. These factors could have introduced selection bias, which was addressed to some extent by incorporation of income and health-care access in our modelling process. However, by relying on medical care records, we potentially did not include people with mild TBI who did not seek medical care, which therefore could be a source of detection bias leading to underestimation, although we addressed this issue by using cause-of-injury incidence models for all injuries requiring medical care, followed by a Dirichlet-based modelling approach of cause-nature combinations.²⁶⁻²⁸ An additional limitation stems from the studies examining how TBI and SCI can occur together.29 A proportion of people can experience an SCI from a traumatic event and also experience TBI, and because of the disability-ranking approach that we used in our cause-nature proportion analysis, these patients would be assigned SCI as their nature of injury. Experiencing both SCI and TBI can also complicate recovery, and presence of non-brain injuries in people with TBI can affect survival,30 although estimates of the cumulative effect are outside the scope of this analysis. The ICD codes used to identify SCI cases also include some injuries that do not necessarily lead to paraplegia or tetraplegia, and some such injuries, such as spinal cord contusions, can improve over time. Additionally, emerging evidence about long-term deficits such as dementia, stroke, and increased risk of engagement in antisocial behaviour linked to TBI were not included in our disability computation.³¹⁻³⁴ The long-term neurological and psychological sequelae of TBI are poorly understood, and the epidemiological, neuropathological, and psychiatric analyses intended to understand the resultant disabilities will be important to incorporate in future assessments. Similarly, our analysis does not capture cohort effects over time, a limitation that can be addressed in future GBD

studies. Overall, the long-term sequelae due to TBI and SCI suggest that further work in terms of measurement of long-term disability is needed to measure the effect of these conditions more accurately, and to ensure that the disability weights accurately reflect the health loss observed in clinical practice and experienced by individuals; such further work could influence future research into disabilityweight measurement via health loss surveys. The limitations we describe also show how more research is needed, particularly in low-income areas of the world, to collect comprehensive injury data. Focusing of resources on injury epidemiology data could improve the accuracy of future epidemiological assessments of TBI and SCI.

In conclusion, the age-standardised incidence, prevalence, and YLD of TBI are increasing globally, whereas age-standardised rates of SCI have not changed (although the number of individuals with SCI is likely to be increasing globally). In view of the expense and complexity of managing patients with TBI and SCI, ministries of health, medical systems, and social support infrastructure should focus on development and improvement of injuryprevention strategies, although maintenance of shortterm and long-term care pathways to mitigate health loss and improve outcomes among patients with TBI and SCI is also crucial. Finally, measurement of the burden of these conditions could be improved with the establishment of registry systems for patients with TBI and SCI worldwide, which could help to facilitate further research and intervention efforts and improve the accuracy of future epidemiological assessments of these important conditions.

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