



# Atomistic modeling of heat treatment processes for tuning the mechanical properties of disordered solids

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## ABSTRACT

We investigate the effect of a single heat treatment cycle on the potential energy states and mechanical properties of metallic glasses using molecular dynamics simulations. We consider the three-dimensional binary mixture, which was initially cooled with a computationally slow rate from the liquid state to the solid phase at a temperature well below the glass transition. It was found that a cycle of heating and cooling can relocate the glass to either rejuvenated or relaxed states, depending on the maximum temperature and the loading period. Thus, the lowest potential energy is attained after a cycle with the maximum temperature slightly below the glass transition temperature and the effective cooling rate slower than the initial annealing rate. In contrast, the degree of rejuvenation increases when the maximum temperature becomes greater than the glass transition temperature and the loading period is sufficiently small. It was further shown that the variation of the potential energy is inversely related to the dependence of the elastic modulus and the yield stress as functions of the maximum loading temperature. In addition, the heat treatment process causes subtle changes in the shape of the radial distribution function of small atoms. These results are important for optimization of thermal and mechanical processing of metallic glasses with predetermined properties.

## 1. Introduction

The development of novel fabrication techniques for amorphous materials, including metallic glasses and high entropy alloys, is important for various industrial and biomedical applications [1,2]. The processing routes often involve mechanical and thermal treatments of disordered alloys that lead to changes in microstructure as well as mechanical and physical properties [3,4]. It is well realized by now that metallic glasses relax to lower energy states during the aging process and become more brittle, while rejuvenation and improved plasticity can be achieved using a number of experimental techniques, such as shot peening [5], cold rolling [6], high pressure torsion [7,8], ion irradiation [9], and cryogenic thermal cycling [10,11]. In turn, recent atomistic simulations have shown that periodically loaded disordered materials evolve towards lower energy states at sufficiently small strain amplitudes, whereas the yielding transition and shear localization occur at large amplitudes after a number of transient cycles [12–27]. In addition, it was found that amorphous materials subjected to multiple thermal cycles might either relax or rejuvenate depending on the thermal amplitude, number of cycles, and processing history [28–30]. However, the combined effect of thermal treatment and mechanical

agitation on the potential energy, structure, and mechanical properties of amorphous alloys remains difficult to predict.

In the last few years, a number of studies have investigated the aging and rejuvenation processes in amorphous materials subjected to a heat treatment cycle using molecular dynamics simulations and experimental measurements [31–37]. Most notably, it was demonstrated that rejuvenated states can be attained by heating a sample above the glass transition temperature, followed by isothermal annealing, and then quenching with a rate higher than the initial cooling rate [31]. Moreover, the application of compressive hydrostatic pressure during the quenching process was found to promote thermal rejuvenation and improve plastic performance [32,36]. More recently, it was shown that the evolution of macroscopic state in disordered materials is determined by the interplay between activation and relaxation on the potential energy landscape, which helps to explain the thermal hysteresis in cyclic thermal scanning [33]. Using a combination of calorimetry measurements and atomistic simulations, a remarkable tenfold increase in stored energy was detected in rapidly heated (above the glass transition) and cooled metallic glasses [35]. Despite considerable efforts, however, the details of the heat treatment protocol, such as heating and cooling rates, pressure, annealing temperature, and its

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effect on the structure and properties of disordered solids remain not thoroughly explored.

In this paper, we investigate how processing conditions influence the potential energy states, structure, and mechanical properties of amorphous materials subjected to a single heat treatment cycle. We consider a well-annealed binary mixture, which is linearly heated to a maximum temperature in the neighborhood of the glass transition temperature and cooled back to the glassy state. The simulations are performed in a wide range of cycling periods and thermal amplitudes. It will be shown that thermal cycling below the glass transition relocates the system into states with lower potential energy, while rejuvenated states can be accessed at sufficiently high heating/cooling rates if the thermal amplitude is above the glass transition temperature.

The rest of the paper is organized as follows. The molecular dynamics simulation model and the thermal treatment protocol are described in the next section. The variation of the potential energy during thermal cycling and the resulted changes in the mechanical properties as well as the structural analysis are presented in Section 3. The brief summary is given in the last section.

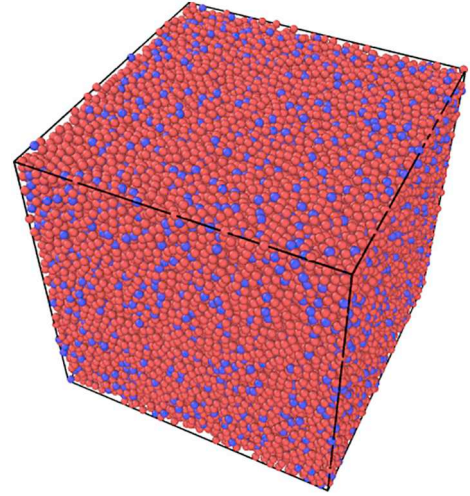
## 2. Details of molecular dynamics simulations

In the present work, we employed the binary mixture (80:20) model introduced by Kob and Andersen (KA), which is similar to the parametrization proposed by Weber and Stillinger to study the amorphous metal alloy  $\text{Ni}_{80}\text{P}_{20}$  [38,39]. In this model, the interaction between atoms of different types,  $A$  and  $B$ , is strongly non-additive, thus preventing crystallization upon cooling below the glass transition temperature. Any two atoms  $\alpha, \beta = A, B$  separated by a distance  $r$  interact via the Lennard-Jones (LJ) potential:

$$V_{\alpha\beta}(r) = 4\varepsilon_{\alpha\beta} \left[ \left( \frac{\sigma_{\alpha\beta}}{r} \right)^{12} - \left( \frac{\sigma_{\alpha\beta}}{r} \right)^6 \right], \quad (1)$$

with the interaction parameters:  $\varepsilon_{AA} = 1.0$ ,  $\varepsilon_{AB} = 1.5$ ,  $\varepsilon_{BB} = 0.5$ ,  $\sigma_{AA} = 1.0$ ,  $\sigma_{AB} = 0.8$ ,  $\sigma_{BB} = 0.88$ , and  $m_A = m_B$  [38]. The system consists of  $N = 60000$  atoms, and thus the cutoff radius of the LJ potential is set to  $r_c, \alpha\beta = 2.5\sigma_{\alpha\beta}$  to improve the computational efficiency. Throughout the study, the physical quantities are expressed in terms of the LJ units of length, mass, energy, and time:  $\sigma = \sigma_{AA}$ ,  $m = m_A$ ,  $\varepsilon = \varepsilon_{AA}$ , and  $\tau = \sigma\sqrt{m/\varepsilon}$ . The integration time step was fixed to  $\Delta t_{MD} = 0.005\tau$  in the LAMMPS software [40].

The binary mixture was first thoroughly equilibrated in the liquid state at the temperature  $T_{LJ} = 1.0\varepsilon/k_B$  and zero pressure. In what follows,  $k_B$  denotes the Boltzmann constant. The temperature was regulated via the Nosé-Hoover thermostat [41]. The simulations were carried out in the  $NPT$  ensemble, and the periodic boundary conditions were imposed along three dimensions [41]. After equilibration, the system was cooled with computationally slow rate of  $10^{-5}\varepsilon/k_B\tau$  at zero pressure to the temperature of  $0.01\varepsilon/k_B$ . Next, the glass was subjected to one cycle of heating to the maximum temperature and then cooling back to  $T_{LJ} = 0.01\varepsilon/k_B$  at  $P = 0$  during the time period  $T$ . To avoid confusion, we denote the maximum temperature during the thermal cycle by  $T_{LJ}^M$ , temperature of the system by  $T_{LJ}$ , and the oscillation period by  $T$ . During the production runs, the potential energy, temperature, system dimensions, stresses and atomic configurations were saved for post-processing and visualization. In order to examine the changes in mechanical properties, the binary glass was strained before and after the thermal cycle along the  $\hat{x}$  direction with the strain rate  $\dot{\varepsilon}_{xx} = 10^{-5}\tau^{-1}$  at  $T_{LJ} = 0.01\varepsilon/k_B$  and  $P = 0$ . The stress-strain curves were used to estimate the elastic modulus and the peak value of the stress overshoot for different values of the parameters  $T_{LJ}^M$  and  $T$ . The data were averaged over ten independent realizations of disorder. The MD simulations of the thermal loading process with large periods required about 2000 processors (Fig. 1).



**Fig. 1.** The configuration of atoms ( $N = 60000$ ) in the binary glass after slow annealing at zero pressure to the temperature  $T_{LJ} = 0.01\varepsilon/k_B$  with the cooling rate of  $10^{-5}\varepsilon/k_B\tau$ . The atoms of types  $A$  and  $B$  are denoted by red and blue spheres. The atoms are not depicted to scale. The periodic boundary conditions are applied in three dimensions. (For interpretation of the references to color in the figure legend of figures 1, 2, 3, 4, 5, 6, 7, 8 and 9, the reader is referred to the web version of this article.)

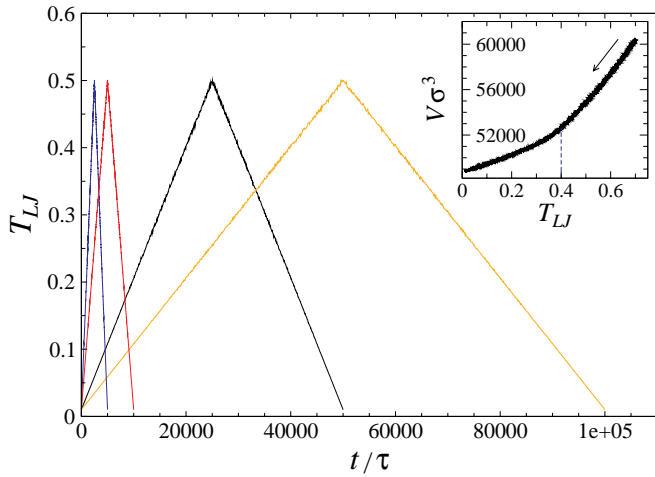
## 3. Results

Upon cooling a glass-former from the liquid state to the solid phase, its structure remains amorphous but the molecular motion dramatically slows down [42]. Moreover, with decreasing cooling rate, the glass transition temperature is reduced and the potential energy of the disordered solid becomes lower, as the system has more time to explore different configurations and find a deeper minimum [42]. It is also well known that slowly cooled and/or aged glasses exhibit higher yield stress, followed by the formation of sharply localized shear bands [3]. By contrast, mechanically or thermally rejuvenated glasses can undergo a more homogeneous plastic deformation and thus they are generally less brittle [3]. It was recently shown that the level of rejuvenation can be controlled by applying thermal treatment, where the glass is first heated into the liquid state, annealed during a certain time interval, and then rapidly quenched to the solid phase [31].

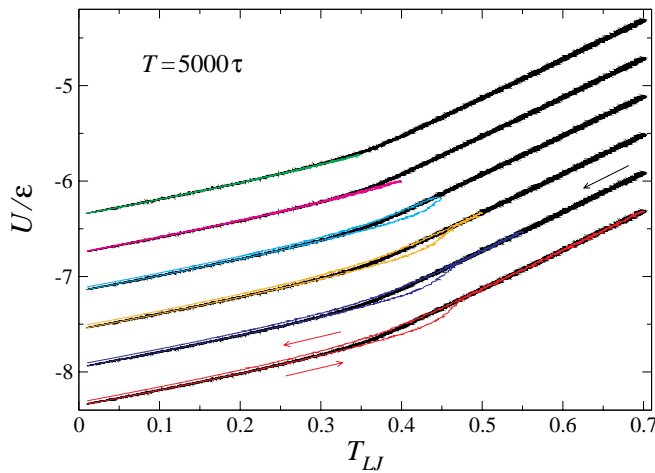
In our study, the disordered solids were initially prepared by cooling with the rate of  $10^{-5}\varepsilon/k_B\tau$  to the temperature  $T_{LJ} = 0.01\varepsilon/k_B$  at zero pressure. As an example, the dependence of volume as a function of temperature for one sample is presented in the inset to Fig. 2. The intersection of linearly extrapolated low (glass phase) and high (liquid phase) temperature regions provides an estimate of the glass transition temperature of about  $0.40\varepsilon/k_B$ . Correspondingly, the average glass density at this temperature is  $\rho \approx 1.14\sigma^{-3}$ . Note that the glass transition temperature at zero pressure is lower than the mode-coupling critical temperature  $T_c = 0.435\varepsilon/k_B$  at the density  $\rho = 1.2\sigma^{-3}$ , which was determined numerically by fitting the diffusion coefficient to the power-law function of temperature at constant volume [38].

The examples of temperature profiles measured in MD simulations during one cycle of heating and cooling are presented in Fig. 2 for the periods  $T = 5000\tau$ ,  $10000\tau$ ,  $50000\tau$  and  $100000\tau$ . Note that the effective heating and cooling rates are the same and equal to approximately  $2T_{LJ}^M/T$ . Thus, the rate varies from  $0.8 \times 10^{-4}\varepsilon/k_B\tau$  at  $T_{LJ}^M = 0.20\varepsilon/k_B$  to  $2.8 \times 10^{-4}\varepsilon/k_B\tau$  at  $T_{LJ}^M = 0.70\varepsilon/k_B$  for the smallest period  $T = 5000\tau$ , while it ranges from  $0.8 \times 10^{-6}\varepsilon/k_B\tau$  at  $T_{LJ}^M = 0.20\varepsilon/k_B$  to  $2.8 \times 10^{-6}\varepsilon/k_B\tau$  at  $T_{LJ}^M = 0.70\varepsilon/k_B$  for the largest period  $T = 500000\tau$ . In the following analysis, the change in the potential energy due to thermal cycling will be correlated with the relative difference between these rates and the initial cooling rate of  $10^{-5}\varepsilon/k_B\tau$ .

The variation of the potential energy per atom during the heating



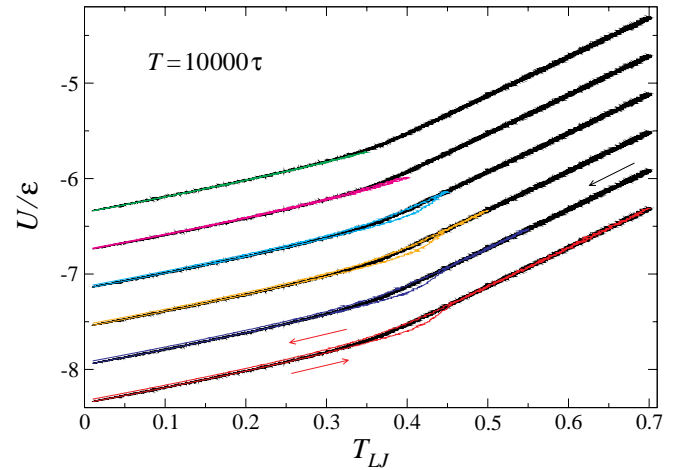
**Fig. 2.** The temperature profiles  $T_{LJ}$  (in units of  $\epsilon/k_B$ ) measured during one cycle of heating and cooling with the periods  $T = 5000\tau$  (red),  $T = 10000\tau$  (blue),  $T = 50000\tau$  (black), and  $T = 100000\tau$  (orange). The inset shows the variation of volume as a function of temperature during initial cooling with the rate of  $10^{-5}\epsilon/k_B\tau$  to the temperature  $T_{LJ} = 0.01\epsilon/k_B$ . The vertical dashed line indicates the glass transition temperature of about  $0.40\epsilon/k_B$  at the density  $\rho \approx 1.14\sigma^{-3}$ .



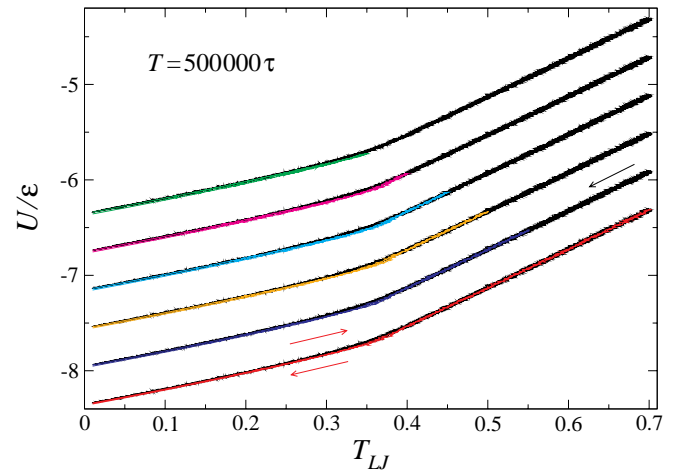
**Fig. 3.** The variation of the potential energy during one cycle with the period  $T = 5000\tau$  and the maximum temperature  $T_{LJ}^M = 0.35\epsilon/k_B$  (green),  $0.40\epsilon/k_B$  (magenta),  $0.45\epsilon/k_B$  (cyan),  $0.50\epsilon/k_B$  (orange), and  $0.55\epsilon/k_B$  (blue), and  $0.70\epsilon/k_B$  (red). The black curves indicate the potential energy during cooling with the rate  $10^{-5}\epsilon/k_B\tau$ . The data for  $0.35\epsilon/k_B \leq T_{LJ}^M \leq 0.55\epsilon/k_B$  and the corresponding black curves are displaced vertically for clarity.

and cooling cycle is presented in Figs. 3–5 for cycling periods  $T = 5000\tau$ ,  $10000\tau$ , and  $500000\tau$  for selected values of the maximum temperature. For reference, the potential energy upon cooling from  $T_{LJ} = 0.7\epsilon/k_B$  to  $T_{LJ} = 0.01\epsilon/k_B$  with the rate  $10^{-5}\epsilon/k_B\tau$  is shown by the black curves. The data denoted by the black curves are the same, and, except for the lowest one, the curves are displaced vertically for clarity. The directions of the temperature variation in each case are indicated by the corresponding arrows. We also comment that extrapolation of  $U(T_{LJ})$  from the glass and liquid regions provides an estimate of the glass transition temperature  $T_g \approx 0.35\epsilon/k_B$ , which is lower than the value of  $0.40\epsilon/k_B$  obtained from the data  $V(T_{LJ})$  shown in the inset to Fig. 2.

As shown in Fig. 3, the potential energy during thermal loading with the smallest period  $T = 5000\tau$  and  $T_{LJ}^M = 0.35\epsilon/k_B$  essentially coincides with the data obtained during initial cooling with the rate  $10^{-5}\epsilon/k_B\tau$ , and thus the potential energy before and after the thermal cycle remains nearly the same. Note that in the case  $T_{LJ}^M = 0.45\epsilon/k_B$ , the heating rate  $1.8 \times 10^{-4}\epsilon/k_B\tau$  is greater than  $10^{-5}\epsilon/k_B\tau$ , and the system enters the region above the glass transition with the potential energy smaller than  $U$  during the initial cooling (denoted by the black curve). When  $T_{LJ} \geq 0.37\epsilon/k_B$ , the system is first rejuvenated and then cooled down with the rate of  $1.8 \times 10^{-4}\epsilon/k_B\tau$  (greater than  $10^{-5}\epsilon/k_B\tau$ ), resulting in higher energy states (see the cyan curve in Fig. 3). Finally, during the thermal treatment with the maximum temperatures  $T_{LJ}^M \geq 0.50\epsilon/k_B$ , the potential energy follows the black curve up to  $T_{LJ} \approx 0.35\epsilon/k_B$  and above  $T_{LJ} \approx 0.47\epsilon/k_B$  (see Fig. 3). In these cases, the change in the potential energy due to thermal loading is simply determined by the effective cooling rate  $2T_{LJ}^M/T$ ; i.e., the potential energy at the end of the cycle becomes higher with increasing  $T_{LJ}^M$ .

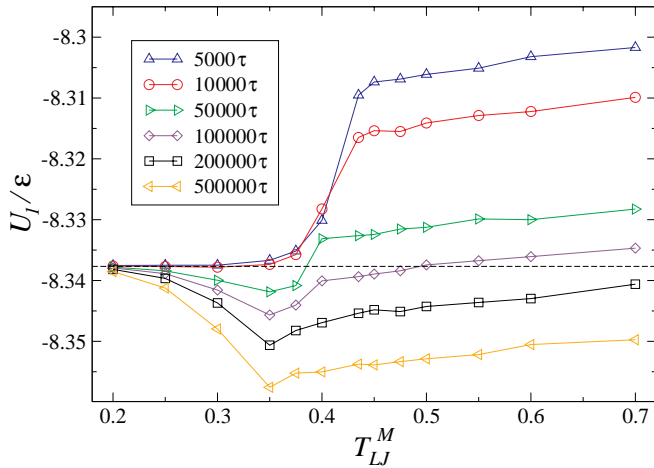


**Fig. 4.** The potential energy during heating and cooling with the period  $T = 10000\tau$  and the maximum temperature  $T_{LJ}^M = 0.35\epsilon/k_B$  (green),  $0.40\epsilon/k_B$  (magenta),  $0.45\epsilon/k_B$  (cyan),  $0.50\epsilon/k_B$  (orange), and  $0.55\epsilon/k_B$  (blue), and  $0.70\epsilon/k_B$  (red). The black curves denote the potential energy during initial cooling with the rate  $10^{-5}\epsilon/k_B\tau$ . All data, except for the two lowest curves (black and red), are displaced upwards for clarity.



**Fig. 5.** The dependence of the potential energy during the thermal cycle with the period  $T = 500000\tau$  and the maximum temperature  $T_{LJ}^M = 0.35\epsilon/k_B$  (green),  $0.40\epsilon/k_B$  (magenta),  $0.45\epsilon/k_B$  (cyan),  $0.50\epsilon/k_B$  (orange), and  $0.55\epsilon/k_B$  (blue), and  $0.70\epsilon/k_B$  (red). The potential energy during cooling with the rate  $10^{-5}\epsilon/k_B\tau$  is indicated by the black curves. Note that the data for  $0.35\epsilon/k_B \leq T_{LJ}^M \leq 0.55\epsilon/k_B$  are displaced for clarity.

The same trends can be observed in Fig. 4 for thermal cycling with the larger period  $T = 10000\tau$ , except that the area of the hysteresis loops near  $T_g$  becomes smaller and the potential energy difference after



**Fig. 6.** The potential energy after the thermal cycle,  $U_1/\epsilon$ , as a function of the thermal amplitude  $T_{LJ}^M$  (in units of  $\epsilon/k_B$ ) for the oscillation periods  $T = 5000\tau$  ( $\Delta$ ),  $10000\tau$  ( $\circ$ ),  $50000\tau$  ( $\triangleright$ ),  $100000\tau$  ( $\diamond$ ),  $200000\tau$  ( $\square$ ), and  $500000\tau$  ( $\triangleleft$ ). The horizontal dashed line denotes the potential energy level at the beginning of the thermal cycle.

a full cycle is reduced due to the lower cooling rate  $2T_{LJ}^M/T$ . By contrast, a qualitatively different behavior occurs for the largest period  $T = 500000\tau$ , as shown in Fig. 5. In this case, the heating and cooling rates  $2T_{LJ}^M/T$  are smaller than the initial cooling rate  $10^{-5}\epsilon/k_B\tau$ . During the thermal loading with  $T_{LJ}^M = 0.35\epsilon/k_B$ , the system remains in the glass phase, and the aging is accelerated when the temperature is close to  $T_g$ , resulting in a noticeable decrease of the potential energy at the end of the cycle (see Fig. 5). Furthermore, when  $T_{LJ}^M > T_g$ , the system enters the liquid phase and then cooled with the rates  $2T_{LJ}^M/T$  slower than  $10^{-5}\epsilon/k_B\tau$ , and thus the potential energy after the thermal cycle is also reduced. This behavior is consistent with the simulation results of thermal processing of Cu–Zr amorphous alloys [31,33].

The summary of the data for the potential energy after the thermal cycle,  $U_1/\epsilon$ , is presented in Fig. 6 for the indicated loading periods. For comparison, the potential energy level after the initial cooling with the rate of  $10^{-5}\epsilon/k_B\tau$ , but before the thermal treatment, is denoted by the horizontal dashed line. Several features are noteworthy. It can be seen in Fig. 6 that the potential energy after the thermal cycle with the maximum temperature  $T_{LJ}^M \lesssim 0.35\epsilon/k_B$  remains nearly unchanged for small periods,  $T = 5000\tau$  and  $T = 10000\tau$ , while  $U_1$  is reduced for larger periods. With increasing loading period, the energy difference increases, and the lowest value  $U_1 \approx -8.358\epsilon$  is attained at  $T_{LJ}^M = 0.35\epsilon/k_B$  when  $T = 500000\tau$ . Interestingly, it was recently found that approximately the same value of the potential energy  $U \approx -8.356\epsilon$  was obtained after 100 thermal cycles with the period  $T = 5000\tau$  and maximum temperature  $T_{LJ}^M = 0.35\epsilon/k_B$  for the glass prepared with the cooling rate  $10^{-5}\epsilon/k_B\tau$  [29]. These results suggest that the aging process, which is accelerated in the vicinity of  $T_g$ , leads to the same energy decrease regardless whether the waiting time interval is continuous or discrete.

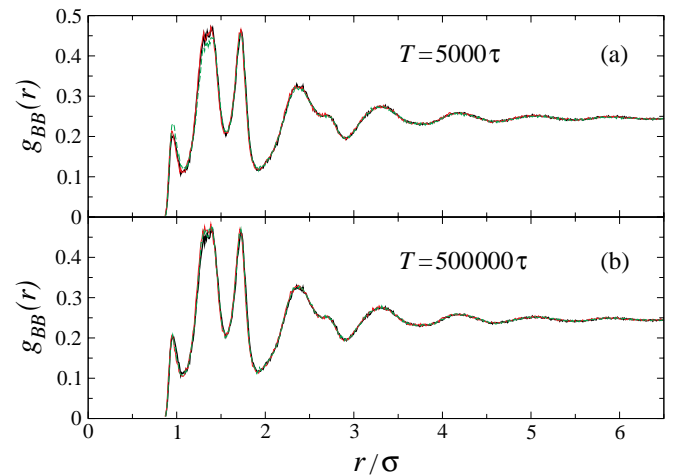
It should also be commented that the possibility of attaining higher energy states upon cryogenic thermal cycling (well below  $T_g$ ) was recently discussed by Shang et al. [37]. In particular, it was concluded that internal stresses due to heterogeneity in the local thermal expansion can induce local shear transformations, provided that the system size is sufficiently large [37]. The efficiency of thermal rejuvenation generally increases with the number of thermal cycles and becomes relatively large when the system dimensions exceed about 10 nm [37]. In the present study, however, the appearance of rejuvenated states in Fig. 6 for small periods  $T = 5000\tau$  and  $10000\tau$  when  $0.35\epsilon/k_B \leq T_{LJ}^M \leq 0.40\epsilon/k_B$  is related to the small hysteresis near  $T_g$ , as shown in Figs. 3 and 4. In other words, the aging effects are negligible when

$T \lesssim 10000\tau$ , and the system approaches the glass transition temperature, becomes slightly rejuvenated, and then quenched with a high rate into the glass phase, resulting in higher potential energy states.

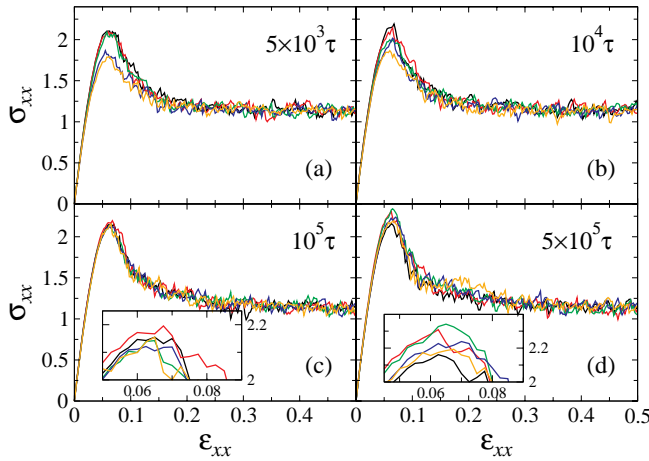
As illustrated in Fig. 6, the thermal loading process with the maximum temperature  $T_{LJ}^M \gtrsim 0.4\epsilon/k_B$  can lead to either rejuvenated or relaxed states depending on the effective cooling rate  $2T_{LJ}^M/T$ . Thus, the energy difference is positive when  $T \gtrsim 100000\tau$ , and it is mainly determined by the time interval when  $T_{LJ}$  is above the glass transition temperature,  $T(T_{LJ}^M - T_g)/T_{LJ}^M$ , as well as the ratio between the rates  $2T_{LJ}^M/T$  and  $10^{-5}\epsilon/k_B\tau$ . Note that the potential energy before and after thermal loading with  $T_{LJ}^M = 0.50\epsilon/k_B$  and  $T = 100000\tau$  is nearly the same, since the cooling rate is essentially equal to the initial cooling rate  $10^{-5}\epsilon/k_B\tau$ . As is evident from Fig. 6,  $U_1$  reaches a quasi-plateau for all cycling periods when  $T_{LJ}^M \gtrsim 0.45\epsilon/k_B$ , and its slope is directly related to the increase in the cooling rate  $2T_{LJ}^M/T$ .

Although the atomic structure before and after the thermal loading remains amorphous, some subtle differences can be detected by examining the radial distribution function. In the previous MD study of the KA binary mixture, it was shown that one of the most sensitive measures of structural changes upon temperature variation is the distribution function of small atoms of type B [43]. In Fig. 7, we plot the averaged distribution function of B–B atoms  $g_{BB}(r)$  for the smallest  $T = 5000\tau$  and largest  $T = 500000\tau$  periods. Two values of the maximum temperature were chosen,  $T_{LJ}^M = 0.35\epsilon/k_B$  and  $0.70\epsilon/k_B$ , at which the aging and rejuvenation effects are most pronounced. For reference, the data before the thermal loading are also included in Fig. 7. It can be seen in Fig. 7(a) that the most rejuvenated state at  $T = 5000\tau$  and  $T_{LJ}^M = 0.70\epsilon/k_B$  is characterized by a slightly higher value of the peak height at  $r \approx 1.0\sigma$ , while the second peak becomes lower. In contrast, the structure of the aged glass loaded during  $T = 500000\tau$  at  $T_{LJ}^M = 0.35\epsilon/k_B$  has a slightly higher second peak, as shown in Fig. 7(b). It should be also mentioned that we did not detect a pronounced icosahedral order either before or after thermal loading, and, therefore, it is not reported here. It was found, however, that aging increases and rejuvenation decreases the icosahedral short-range order in Zr-based metallic glasses [31].

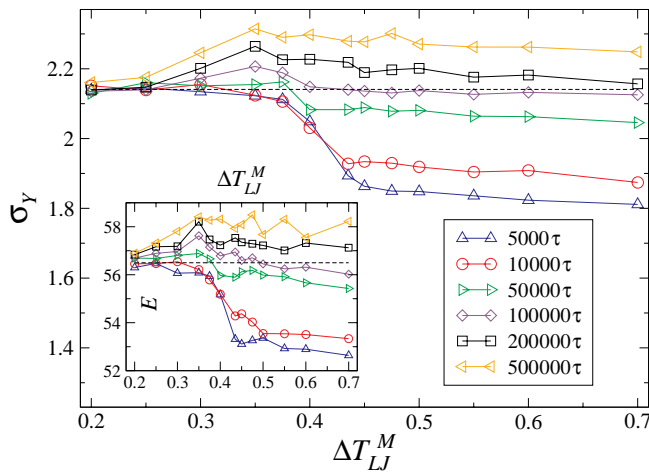
The representative stress-strain curves after the thermal loading process are presented in Fig. 8 for different cycling periods. The samples were uniaxially strained with a constant rate  $\dot{\epsilon}_{\text{ax}} = 10^{-5}\tau^{-1}$  at  $T_{LJ} = 0.01\epsilon/k_B$  and  $P = 0$ . In all cases, the tensile stress exhibits a



**Fig. 7.** The radial distribution function,  $g_{BB}(r)$ , for binary glasses at  $T_{LJ} = 0.01\epsilon/k_B$  after thermal loading with periods (a)  $T = 5000\tau$  and (b)  $T = 500000\tau$ . The maximum temperatures of the thermal treatment are  $T_{LJ}^M = 0.35\epsilon/k_B$  (solid red) and  $T_{LJ}^M = 0.70\epsilon/k_B$  (dashed green). The data after the initial cooling with the rate  $10^{-5}\epsilon/k_B\tau$  are denoted by the solid black curves.



**Fig. 8.** The tensile stress  $\sigma_{xx}$  (in units of  $\epsilon\sigma^{-3}$ ) as a function of strain,  $\epsilon_{xx}$ , for binary glasses after one thermal cycle with the period (a)  $T = 5000\tau$ , (b)  $T = 10000\tau$ , (c)  $T = 100000\tau$ , and (d)  $T = 500000\tau$ . The maximum temperature is  $T_{LJ}^M = 0.20\epsilon/k_B$  (black),  $0.375\epsilon/k_B$  (red),  $0.40\epsilon/k_B$  (green),  $0.435\epsilon/k_B$  (blue), and  $0.7\epsilon/k_B$  (orange). The insets show the enlarged view of the same data. The rate of strain is  $\dot{\epsilon}_{xx} = 10^{-5}\tau^{-1}$  and the temperature is  $T_{LJ} = 0.01\epsilon/k_B$ .



**Fig. 9.** The peak value of the stress overshoot  $\sigma_y$  (in units of  $\epsilon\sigma^{-3}$ ) as a function of the maximum temperature of the loading cycle. The inset shows the elastic modulus  $E$  (in units of  $\epsilon\sigma^{-3}$ ) versus  $T_{LJ}^M$  (in units of  $\epsilon/k_B$ ). The mechanical properties were probed after the thermal cycle with periods  $T = 5000\tau$  ( $\Delta$ ),  $10000\tau$  ( $\circ$ ),  $50000\tau$  ( $\triangleright$ ),  $100000\tau$  ( $\diamond$ ),  $200000\tau$  ( $\square$ ), and  $500000\tau$  ( $\blacktriangleleft$ ). The data before the loading cycle are denoted by the horizontal dashed lines.

distinct peak, followed by a steady flow at higher strain. It can be observed in Fig. 8 (a) that the largest decrease in the peak height occurs after loading with the period  $T = 5000\tau$  when the maximum temperature varies from  $T_{LJ}^M = 0.2\epsilon/k_B$  to  $0.7\epsilon/k_B$ . This trend is inversely correlated with the behavior of  $U_1(T_{LJ})$  for  $T = 5000\tau$  shown in Fig. 6. On the other hand, as  $T_{LJ}^M$  increases, the stress overshoot becomes larger than its value for  $T_{LJ}^M = 0.2\epsilon/k_B$  for the largest period  $T = 500000\tau$ , see Fig. 8 (d). Next, the elastic modulus was computed from the linear fit of the stress-strain curves for  $\epsilon_{xx} \leq 0.01$  and then averaged over 10 samples for each  $T_{LJ}^M$  and  $T$ . The data for the stress overshoot,  $\sigma_y$ , and the elastic modulus,  $E$ , are plotted in Fig. 9. Overall, the variation of mechanical properties of thermally loaded samples, compared to untreated glasses, correlates well with the change in the potential energy reported in Fig. 6. In other words, rejuvenated glasses are characterized by reduced values of  $\sigma_y$  and  $E$ , while the opposite trend is observed for aged samples. The maximum decrease in  $\sigma_y$  and  $E$

of about 10% is detected for the smallest period  $T = 5000\tau$  and  $T_{LJ}^M \gtrsim 0.45\epsilon/k_B \approx 1.3T_g$ .

#### 4. Conclusions

In summary, the effect of thermal loading on mechanical and structural properties of binary glasses was examined using molecular dynamics simulations. The amorphous material was represented by the binary Lennard-Jones mixture, which was initially annealed with a computationally slow cooling rate from the liquid state to a temperature well below the glass transition point. It was shown that a single cycle of heating and cooling leads to either rejuvenated or relaxed states depending on the maximum temperature and loading period. More specifically, the higher energy states were obtained when the maximum temperature is above the glass transition and the loading period is relatively small, so that the effective heating/cooling rates are higher than the initial cooling rate. In contrast, thermal loading during longer periods resulted in lower energy states due to either aging below  $T_g$  or slower cooling from the liquid state. The structural changes due to thermal loading are reflected in the height of the first two peaks in the radial distribution function of small atoms. Moreover, the dependence of the elastic modulus and the stress overshoot on the maximum loading temperature is inversely related to the change in the potential energy for a given loading period. Thus, the simulation results indicate that a significant decrease in the yield stress is obtained in binary glasses rapidly heated and cooled above the glass transition temperature at constant pressure conditions.

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