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**HOPELESSNESS. IS THERE ANY REASON FOR MEETING YOUR THERAPIST? AN ANSWER IN THE NOTION OF ENCOUNTER (BEGEGNUNG)**

KEY TERM

When we talk about hope without facing hopelessness, all as therapists may ask themselves what we care for the growing plant when the soil under some bomb will soon destroy your garden. Why do we always plant an apple tree? Why do we meet our therapists? What can we offer as citizens to be faced and accepted as citizens? What is about the character of an encounter, with Martin Buber, Daniel Stern and Slavoj Zizek. About the encounter and its refusal. About significant personal contact. About a relevant relationship between the partners of a dialogue. About the struggle for hopelessness. A definition of encounter (Begegnung) will be given.



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HERMENEUTICS OF LOVE

ONTOLOGY

HUMAN DIGNITY

UNDERSTANDING

ETHICS

**LECT 45**

**HERMENEUTICS OF LOVE AND HUMAN DIGNITY: ONTO-ETHICAL DIMENSION OF THE CCT**

While the values of the CCT per se are well discussed, the basic groundings underlying CCT as well as other humanistic and existential approaches are discussed less thorough. Developing hermeneutics - philosophical approach, that implies the necessity of interpretation and pre-understanding for real understanding of a person/text, developed by F. Schleiermacher and H-G. Gadamer, P. Ricoeur hypothesized that every 'school of thought' is somewhat rooted in hermeneutics of its kind. He offered hermeneutics of suspicion in which accordingly Marxism and Psychoanalysis were rooted. An opposite dimension offered was hermeneutics of trust.

B. Robbins, developing ideas of some literature-studies as well as religious-studies offered hermeneutics of love as the third dimension in which humanistic and person-centered approaches are rooted. The type of hermeneutics implies specific ontological view on a person and specific axiology which leads to a specific type of ethics applied to an object/subject in every approach. The main difference between hermeneutics of love and other forms of hermeneutics is an extraordinary role of human dignity for the former one.

During the lecture the 4 main ideas will be discussed:

- 1) All psychotherapies are somewhat a form of an applied ethics.
- 2) All psychotherapies are a specific form of understanding and interpretation (that in turn somewhat predisposes understanding), in other words, a form of hermeneutics.
- 3) Ontology and axiology predispose ethics, thus predisposes the 'type' of hermeneutics and thus predisposes the kind of relationships that are offered by each specific approach in psychotherapy.
- 4) CCT is rooted in the hermeneutics of love. As an examples of which several CCT/PCE projects such as social projects by S. Keys or R. Crisp could be provided.