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healthy. According to a receiver operating characteristic (ROC) curve analysis, sensitivity and specificity for cut-off values of each score of the CHCW domain of overall and its four subscales were determined in terms of health status such as fairly good, ordinarily and worse. *Discussion:* The results support the reliability, validity, and standardization of the 25-items CHCW questionnaire based on a biopsychosocial-existential model, which seems to be a useful tool to recognize work stress-related unorganized diseases in the general population by using cut off-values. It may be considered as promising tool for future research and practice.

Keywords: *Comprehensive Health Check for Workers (CHCW) questionnaire; Reliability, validity, and standardization; work stress-related unorganized diseases; bio-psycho-socio-existential models, altered state prior to the symptoms of diseases.*

HOME AS A PERSONAL SPACE AND A SOURCE OF WELL-BEING: HORIZONS OF DESCRIPTION

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Abstract

Home is a part of everyday personal experience, a rarely realized source of personal well-being, self-support, or exhaustion. Constructs of place attachment, place dependence, and place identity (Altman & Low, 1992; Manzo, 2003) are not sufficient to detect all properties of home as a place for living. More purposeful constructs seem to be relevant for this task – e.g. such as controllability, potential, self-presentation, historicity etc. Our objective was to analyze the components of personal representation of home in a small pilot study. The participants, 15 adult women, wrote essays answering 9 questions about their homes, their ideas of home and possibilities of mutual alterations between home and the owner. The content-analysis of 328 units by 2 judges was conducted. The results allow supposing at least three horizons of home representation existing at the same time. 1 – Universal image of a home: safety and security; family and close relationships; space attachment and psychological rehabilitation; self-expression, self-presentation. 2 – Personal image of home: individual ideas toward comfort and aesthetics; development, self-regulation, and relationships regulation among home inhabitants. 3 – Desired home image: interaction of the objective criteria and subjective representations of comfort. From the clinical and psychotherapeutic perspective home studies allow to develop the tools for improvement of a house as a personal, valued, and safe space that may be used among the inhabitants for psychological resource renewal and risk prevention.

Keywords: *home, identity, well-being, personal space.*

THE MENTAL HEALTH STATE OF JAPANESE PARENTS DURING LIVING ABROAD: THE CASE OF NAIROBI JAPANESE SCHOOL

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Abstract

As the number of Japanese living abroad is increasing, mental health care for them has been becoming a very important concern. Different public services, cultural and legal requirements, and food items will impose challenges to the health and stability of the family, and it affects the state of their mental health. Especially to the family with a school-age child, education for the child is one of the biggest concerns because it is difficult to ensure the consistent education system or environment for them. Since Japan has peculiar language and culture, they have founded primary/secondary schools outside of Japan for expat Japanese children. The Japanese schools offering Japanese curriculum not only keep children's academic level, but also help their cultural transition. Moreover, the schools often have a role as a community for any Japanese residents in that country so that they can help each other. However, they are still exposed to new cultural environment and life-style. In our project, the authors are developing psychological support